Woodgrove is certainly in full bloom and thriving with a number of exciting activities planned for May.

*How to Succeed in Business Without Really Trying* will be performed on our stage beginning Thursday, May 1. I urge you to attend as this will be an outstanding show! In addition, our celebration of the Arts will continue in May as we host our spring music concerts. Please take this opportunity to join us for these wonderful performances. Information pertaining to performance dates and times are included on our school calendar and in this newsletter.

Also, May brings with it Conference, Regional and State competitions for our athletic teams. Please be sure to check the school calendar and come out to Woodgrove to cheer on the teams. Also, thank you to the WWABC for hosting the Fore the Wolverines Charity Golf Classic on Monday, May 5, at the Stoneleigh Golf Course. Proceeds from this event provide scholarships for our students. There is still time to register and information may be found on our school’s website or by clicking on this link: [http://www.lcps.org/Page/110370](http://www.lcps.org/Page/110370).

I also am very pleased to share that our PTSO is in the midst of finalizing plans for our Seniors’ Graduation Night Party. This party is for graduating Seniors only and it will be held at Woodgrove on June 17, beginning at 9 PM and will last until 2 AM. Information pertaining to the Graduation Night party can be found on our school website or click on this link: [http://www.lcps.org/Page/120908](http://www.lcps.org/Page/120908).

Graduation is scheduled for Tuesday, June 17, at 8 AM. Seniors need to be at school by 6:30 AM. During May we also will honor the work our teachers have performed throughout the year. Much of our success can be attributed to the dedication and devotion our teachers give to our students daily. Woodgrove is fortunate to have such extraordinary adults guiding our students. We will begin our celebration with our Teacher Appreciation Week on May 5 - May 9. We encourage students, parents and the community to take time during this week to share an expression of gratitude to a teacher or some other member of the faculty.

Standards of Learning (SOL) tests and Advanced Placement (AP) tests will be administered in May. Included in this newsletter is information regarding our testing schedule and on-line testing. These tests are important and we have devoted many resources to ensure that all of our students are prepared to take these tests. Please be sure your son/daughter gets plenty of rest, eats breakfast and is on time to school during these testing sessions.

As spring certainly is upon us and everyone is enjoying the longer days and the outdoors, please be safe and take any necessary precautionary steps to avoid Lyme disease. Inside this newsletter is information pertaining to this and a website from the CDC which will provide important information regarding Lyme Disease.

With regards to spring, and the warm weather which will is here to stay, we have reminded students of our dress code. Please take time to discuss appropriate school attire with your son/daughter.

Best wishes to everyone and thank you for your support.

Sincerely,

William S. Shipp
Principal
The mission of Woodgrove High School is to enable all members of the school community to think critically and act responsibly, while preparing students for their futures.

**Woodgrove Beliefs:**

· We believe that critical thinking means using knowledge to make informed decisions and to solve problems, both independently and collaboratively.

· We believe that we must be responsible for achieving our own goals, for contributing to society, and for being effective global citizens of the world around us.

· In order to be successful, we all must work, honor, and strive.
<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
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<tr>
<td>SOL WH 1</td>
<td>SOL WH 1</td>
<td>SOL Reading 11</td>
<td>SOL Reading 11</td>
<td>SOL Makeups</td>
<td>AP English Language (8AM)</td>
<td>AP Statistics (12PM)</td>
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<tr>
<td>SOL BIO</td>
<td>SOL BIO</td>
<td>SOL Algebra 1</td>
<td>SOL Algebra 1</td>
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<tr>
<td>AP Chemistry (8AM)</td>
<td>AP Comp. Science (8AM)</td>
<td>AP Calc AB/BC (8AM)</td>
<td>AP English Literature (8AM)</td>
<td>AP Latin (12PM)</td>
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<td>AP Spanish (12AM)</td>
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<td>AP Latin (12PM)</td>
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<tr>
<td>SOL Geometry</td>
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<td>SOL Geometry/Alg. 2</td>
<td>SOL Algebra 2</td>
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<tr>
<td>AP Biology (8AM)</td>
<td>AP Gov (8AM)</td>
<td>AP German (8AM)</td>
<td>AP Macro Economics (8AM)</td>
<td>AP Comparative Gov (8AM)</td>
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<td>AP Physics (12PM)</td>
<td>AP Human Geography (12PM)</td>
<td>AP US History (8AM)</td>
<td>AP World History (8AM)</td>
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<td>AP French (12PM)</td>
<td>European History (12PM)</td>
<td>AP Micro Economics (12PM)</td>
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<td>SOL Makeups</td>
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<td>SOL WH 2</td>
<td>SOL WH 2</td>
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<td>SOL E.Science</td>
<td>SOL Chemistry</td>
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<td>SOL E. Science</td>
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<td><strong>HOLIDAY</strong></td>
<td>NO SCHOOL</td>
<td>Expedited Retakes Reading</td>
<td>Expedited Retakes Math</td>
<td>Expedited Retakes Science</td>
<td>Expedited Retakes History</td>
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**May 2014**

**SOL/AP Testing**
PBIS – HAVE YOU HEARD??

The 2013-2014 school year at Woodgrove High School marks our third year of Positive Behavioral Interventions and Supports (PBIS). PBIS is an approach for teaching students appropriate behavior and providing the supports necessary to sustain that behavior. The goal of PBIS is to reduce challenging student behavior through a proactive, positive, and consistent manner across all school settings while also improving academic achievement and social competence. PBIS is a nationwide program currently being implemented in 52 schools within Loudoun County.

PBIS provides a framework, but it is up to the schools to determine the focus and expectations. The three school-wide expectations for WHS are the following: Work with Integrity, Honor Others, and Strive for Success. These expectations have been broken down into specific behaviors. Posters displaying the expectations and specific behaviors are visible throughout the school.

When students are seen demonstrating the school expectations, they can earn Champion Tickets. The Champion Ticket drawings occur weekly and students whose tickets are drawn earn various recognitions. Some recognitions come in the form of donations, but in order to effectively continue this system of acknowledgement, we need more. If you are interested in donating something that could be used as a recognition for acknowledging students or faculty members who have exceeded expectations and help to create a positive environment, please contact Renée Dawson, WHS Assistant Principal. Donations could be in the form of tickets to sporting events, gift cards, etc.
Loudoun Valley Community Center’s Advisory Board is now qualified to certify and approve the President's Volunteer Service Award (PVSA) for our local students. Students who are eligible for this program include Blue Ridge and Harmony Middle School students who have completed at least 50 hours of community service and Loudoun Valley and Woodgrove High School students who have completed at least 75 hours of community service between May 1, 2013 and April 30, 2014.

All volunteer hours must be submitted online or the completed forms turned into Mrs. Sutphin in the Career Center no later than Wednesday, May 7th in order to be eligible for an award. Stop by the Career Center for the Instructions for Students Applying for the President’s Volunteer Service Award and The Volunteer Record of Service form or if you have any questions.

Upcoming Events

Self-Injury in Adolescents and Teens – Parent Presentation
Monday, May 5th, at 7:00 PM in the library. Parents are invited to learn the warning signs of self-injury. Self-injury can be a difficult conversation to have with adolescents and teens. We will give helpful tips on how to communicate with your child when and if the topic arises. We will also provide resources for getting help for students that self-harm.

12th grade Ready, Set, Launch – Parent Presentation
Monday, May 19th, at 7:00 PM in the library. Tips and strategies for a successful transition to college will be provided along with data and statistics on substance abuse and mental health trends that are seen on college campuses.

Counselor Coffees & Cafes

We have scheduled two exciting events for parents of 12th grade students:

Counselor Coffee (5/6/14 7:45-8:45am) – We will be hosting another open lab session for seniors and their parents. We will be available to help with Naviance/Family Connections and college applications.

Counselor Café (Mondays 4:00-7:00p) – The School Counseling Office will be open until 7:00pm on Monday nights (except on holidays and snow days). Counselors will be available to assist seniors and their families with any questions pertaining to the college application process. Please call for an appointment or just stop by.

Visit the Counseling webpage for more helpful resources.

Career Center Visits & Info
Visits this year will take place mainly during 6th Block Flex. Students must sign up for visits through Naviance. Those who are not on the list will not be permitted to attend. Attendees will receive a pass prior to the visit or can print their registration from Naviance to serve as a pass. Please visit Mrs. Sutphin in the Career Center with any questions.

*There are no scheduled visits at this time.

Virginia Governor’s School
In mid-April, students received letters concerning their status: invited or alternate/wait list.

For more information about the program click here.

Don't wait get connected! Learn more about this comprehensive program that will help navigate you and your student through the post-secondary process. Students' username and password should both be their 6-digit student ID number. Parent's login should be their email address that we have on record as the username and woodgrove (all lowercase) as the password. For more information, go to the WHS School Counseling page or contact Rachel Sutphin at rachel.sutphin@lcps.org

It’s Never Too Early to Start Thinking About Scholarships

Visit the LCPS School Counseling webpage for up-to-date county wide scholarship postings. For more
resources visit the WHS Career Center Scholarship Information.

**Interested in the Military?**

Take the ASVAB (Armed Services Vocational Aptitude Battery) a comprehensive career exploration and planning program that includes multiple aptitude tests, an interest inventory, and various career planning tools designed to help students explore the world of work.

Future test dates to be determined. If you would like more information, click here.

### Monthly Military Visit Schedule

<table>
<thead>
<tr>
<th>2nd Thursday</th>
<th>1st Thursday</th>
<th>4th Tuesday</th>
<th>2nd Tuesday</th>
<th>2nd Friday</th>
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<tr>
<td>10:30 AM</td>
<td>10:45 AM</td>
<td>10:45 AM</td>
<td>10:45 AM</td>
<td>12:00 PM</td>
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</table>

**2013-2014 SAT/ACT Test Dates**

<table>
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<tr>
<th>Test Date</th>
<th>Registration Deadline</th>
<th>Late Registration</th>
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<tr>
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<td>4/4</td>
<td>4/18</td>
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<tr>
<td>June 7</td>
<td>5/9</td>
<td>5/23</td>
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</tbody>
</table>

**Looking for SAT/ACT Prep Options?**

Khan Academy has partnered with College Board to offer helpful SAT practice questions and videos. Visit [www.khanacademy.org/sat](http://www.khanacademy.org/sat) today!

Kaplan Test Prep will be hosting FREE online SAT and ACT Cram Sessions™ for juniors to help prepare for the upcoming exams. Kaplan will also host a FREE PSAT Practice Test for sophomores and freshman on May 3, 2014. To sign up for an event today, please visit [kaptest.com/countdown](http://kaptest.com/countdown).

**Summer Programs**

Below is a list of summer programs, for more details and opportunities visit the Summer Program link on our Career Center website.

**Leadership in the Law Program**

The Thomas D. Horne Leadership in the Law Program is a unique opportunity for students to learn firsthand about the legal system. The program is designed to allow rising high school seniors to work with local judges, lawyers, law clerks and other professionals to learn about the law. The program runs from June 15-20, 2014. Applicants will be selected based on their application. Only 24 students will be chosen. Interested students must complete an application and postmark it by April 11th. Stop by the Career Center for an application today!

**NIAHD Pre-Collegiate Summer Program in Early American History**

A program for rising high school juniors and seniors, as well as graduating seniors. Students earn four hours of college credit for an exciting, in-depth summer study in this outstanding academic program. This summer there will be two three-week sessions: June 22–July 12, 2014 and July 13–August 2, 2014. The program will begin accepting students in February. Students are encouraged to apply as soon as possible as space in the program is limited. All final admission decisions will be made by June 5. Interested students can download an application and additional forms at [www.wm.edu/niahd](http://www.wm.edu/niahd).

**United States Naval Academy Summer 2014 STEM Program**

Engineering is all about creating, building, and making things better! So what does it take to be an engineer? If you like math and science, you are off to a great start. If you enjoy discovering new things, solving problems, and learning how things work - even better! Creativity, persistence, and the desire to make the world a better place are also important qualities. Becoming an engineer requires hard work and a good education. This summer program will be a great start to your career in science and engineering. Open to rising 9th-11th grade students. Applications are now open. They will close at 11:59 p.m. on April 15, 2014! Apply online at [http://www.usna.edu/Admissions/STEM/](http://www.usna.edu/Admissions/STEM/).
Summer at Georgetown
Be a Summer Hoya — to live on campus, attend classes side-by-side with undergraduate students and learn from distinguished faculty and prominent Washington area guest speakers. This year, you can lay the foundation for your future by joining our tradition of academic excellence and cultural diversity at Georgetown in Washington, D.C. The application is now open - priority application deadline is April 15, 2014. For more information stop by the Career Center or visit http://scs.georgetown.edu/departments/21/summer-programs-for-high-school-students

UVA Leadership on the Lawn
This is an exciting summer opportunity for rising juniors and seniors. Leadership on the Lawn is a week-long summer program designed to strengthen and develop the skills of students who have displayed leadership interest and potential in high school. The program will take place from July 6-11 and there is a fee associated. Applications are due May 1, 2014, but they will be accepting and reviewing applications well in advance. For more information or to download an application visit http://www.virginia.edu/vpsa/leadershiponthelawn/

Leadership, Volunteer & Job Opportunities

Ashby Ponds
Ashby Ponds is actively hiring teens now in our Dining Services department! Free meals, flexible schedules, scholarship opportunities, and new friends are just a few of the benefits of working at Ashby Ponds in Ashburn. Waitstaff and Restaurant Assistant positions available now. Please visit www.ericksonliving.com/careers to apply today and start a great career to build your future!

Camp Friendship
Teen volunteers needed to help at Camp Friendship – July 7-11 from 9AM to 3PM at Leesburg Elementary School in Leesburg, VA. Camp Friendship is a Girl Scout sponsored, community outreach camp designed for non-Girl Scout girls who, for whatever reason, have not been able to fully participate in Girl Scouts. Teens need not be Girl Scouts to volunteer. At camp they will be actively involved as day camp counselors with the campers that range in age from kindergarten through 5th grade. Teens will supervise a unit of campers as they travel from station to station or they may help run a camp station. There is training provided for all teen volunteers. For more information, contact Diana Kane at dkane@gscnc.org.

Volcano Island Waterpark
Volcano Island Waterpark is looking for individuals seeking an entry level job to build up their resumes for future advancement into college or other jobs. They are looking to hire Cashier and Food Attendants as well as Lifeguards. Lifeguards must be trained in advanced first aid, CPR, and AED training through our National Aquatic Safety Company (they do not accept Red Cross training). Stop by the Career Center for more details, including job descriptions and pay rates.

Purcellville Orthopedic Physical Therapy
Are you looking to get into the medical field? Have you thought about working at a Physical Therapy office to get your feet in the door? If so, please feel free to stop by their office to speak with their staff about the profession and current job opportunities. Call 540-751-1970 or visit www.PhysicalTherapyPurcellville.com for office location.

Weedman Lawn Care
Seeking employees interested in working in groups to go door-to-door to generate interest for their service. No sales required. Hours are Monday - Thursday 4:00pm-8:30pm and Saturdays 9:30am-5:30pm. Lead incentives for top sales performer! If interested contact Sonia Rios at 703-777-7795.

Rust Sanctuary Volunteers Needed
The Rust Sanctuary in Leesburg, VA is in need of high school volunteers to do the following tasks:
- data entry
- assist with special events - nature birthday parties, school’s out days, weekend scout activities, etc.
- Nature Camp volunteers
- organize educational materials
- lesson prep tasks
Please contact Susanne Ortmann at 703-669-0000 or Susanne.Ortmann@anshome.org if interested.

Want to Give Back?
Piedmont Community Foundation’s Forward Turn is a group of student grantmakers who fund youth-led charitable projects that take a “forward turn” to benefit communities in Fauquier and Loudoun Counties. Forward Turn is funded by the S. Murray and Mary H.C. Rust Student Philanthropy Project of the Piedmont Community Foundation. For more information and to learn how to apply visit www.forwardturn.org.

Interested in Being a Mentor?
Check out the Mentor Program, a wonderful service club here at WHS. As a participant, students commit to helping an elementary student or a classroom teacher one morning a week prior to the beginning of the school day. Mentors may choose to be a classroom helper or work with an individual student as a tutor or role model.
Many mentors choose to go to the school closest to their home or they enjoy volunteering in the elementary school they attended. Students may pick up an application in the Career Center from Ms. Hayba. Once completed and signed by a parent, an interview is scheduled and then the student is placed and ready to begin. WHS students log their volunteer hours and enjoy this opportunity to give back, and some may even decide to become teachers!

### 2013-2014 Counselor Assignments

<table>
<thead>
<tr>
<th>Underclassmen</th>
<th>Seniors</th>
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<tbody>
<tr>
<td>Ms. Astrid Willemsma</td>
<td>A-Day A-C</td>
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<tr>
<td>Mr. Steven Cohen</td>
<td>Dean-Harr D-Hart</td>
</tr>
<tr>
<td>Mrs. Donna Kelly</td>
<td>Has-McVey Has-Mc</td>
</tr>
<tr>
<td>Mrs. Barbara Bell</td>
<td>Me-Sav Me-Scott</td>
</tr>
<tr>
<td>Mrs. Katharine Warehime</td>
<td>Sc-Z Se-Z</td>
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</tbody>
</table>

- Mrs. Geri Fiore: Director of School Counseling
- Ms. Teresa Holland: Administrative Guidance Secretary
- Mrs. Rachel Sutphin: Career Center Assistant
You’re Invited
To Attend
WOLVERINE TIME
An after school review session
from 4-5 pm

Bus transportation provided

Mondays: Social Science – Room 212
Science – Room 505

Wednesdays: Math – Room L403

Thursdays: English – Lab 601
Bus Routes

1. Round Hill Exxon
2. New Cut Rd & Airmont Rd
3. Airmont Store
4. Airmont Rd to Ebenezer Church Rd
5. T/A at Ebenezer Church Rd
6. Snickersville Turnpike
7. Bluemont Store

1. Charles Town Pike
2. Hillsboro Elementary School
3. Hill Tom Market in Hillsboro
4. Charles Tow Pike
5. Turn Around at BookCliff Ct & Creamer Ln
6. Harpers Fer Rd
7. Butts Store

1. Berlin Turnpike
2. Grange Dr & Millstone Dr
3. Lovettsville 7-11 Store
4. Lovettsville Rd
5. Taylorstown Rd
6. Taylorstown Rd General Store
7. Loyalty Rd
8. Waterford School
9. Clarkes Gap Rd
Woodgrove High School
3rd Marking Period
Honor Roll
2013-2014

A/B Honor Roll
10th Grade

Adams, Mary Anna
Ahmad, Shahzaib Amir
Alvarez, Sarah
Andersen, Morgan
Barnes, Alisha
Barrett, Jordan
Beddow, Claire
Bennett, Thomas
Bergel, Aidan
Berka, Robbie
Berkwitz, Joshua
Bierman, Robert
Biggers, Zachary
Boogaard, Julia
Bowen, Nora
Bradley, Jax
Branch, Kyle
Bruecken, Aidan
Burdas, Katelyn
Caldas, Alexander

Cantrall, James
Caruso, Matthew
Case, Miranda
Charland, Nazz
Chatfield, Taylor
Chiesa, Carlie
Cifuentes, Camila
Clevis, Charles
Clinar, Briggs
Corrado, Caggian
Cunningham, Jacob
Davis, Lindsey
Davis, Marlena
Debeljak, William
Decre, Alexander
Delmonte, Hannah
Devinney, Liam
Dimitrew, Dorothy
Dodge, Rambi
Doherty, Julia
Doby, Alexa
Dogglasson, Dillon
Dragon, Michael
Eaton, Dillon
Edmiston, Kyler
El-Bouchti, Mohamad
Ellerbeck, Wyatt
Erickson, Adriana
Estep, Lydia
Etro, Nancy
Fair, Shelby
Fernandez, Chase
Fesharaki, Jeeha
Fincher, Andrew
Fischer, David
Floyd, Justin
Flynn, Meaghan
Forbith, Collin
French, Benjamin
Furr, Levi
Geier, Devin
Gerheide, Sara
Ghorza, Jaime
Gilbert, Nicholas
Good, Madison
Gracey, Alexandria
Grady, John
Grafton, Joshua
Green, Isha
Greene, Shelby
Gwartney, Sophia
Hackett, Griffin
Heivilin, Donna
Herbert, Emily
Hoffer, Wesley
Hoffman, Bradly
Hoffman, Bruce
Hordinige, Matthew
Hoskinson, Samuel
Huber, Carl
Hunt, Christopher
Hunter, Sydney
Huskey, Jeremy
James, Connor
Jay, Cameron
Jennings, Addison
Juan, Huyiu
Kennedy, Tyler
Kessler, Derek
Khasla, Ellis, Siri
Prakash
Kibby, Jared
Kim, Joshua

King, Clare
Kirk, Connor
Kittka, Alexander
Klimesh, Jack
Kloc, Amelia
Koester, Owen
Kopack, Nicholas
Kraft, Robert
Krauss, Deanna
Krauss, Megan
Krone, Meagan
Lafalgio, Vincent
Lafayette, Irene
Lambert, Kate
Langley, Jacqueline
Lani, Melissa
Lasher, Nathan
Lee, Megan
Lenhart, Clara
Lockhart, Zachary
Louis, Rachel
Love, Brooke
Martin, Zachary
Masters, Alexander
Mathews, Kristen
Mathewson, Melissa
Mcbride, Alana
McCormack, Seamus
Mccalligero, Charlotte
Mcintosh, Benjamin
Mclaughlin, Indigo
Mcmanus, Liam
Muller, Kyle
Minnit, Morgan
Mullen, Andrew
Mullen, William
Murphy, Taylor
Murphy, Tyler
Murray, Elwyn
Murter, Sarah
Mutschler, Christian
Norwood, Morgan
Oliver, Courtney
Oneder, Leah
Orndorff, Addison
Owen, Kathryn
Pack, Collin
Pantaleo, Sarah
Paradis, Ryan
Parsons, Brooke
Peterson, Brett
Petitto, Aidan
Potter, Carly
Pyle, Maxwell
Quinteros, Castaned
Anthony
Rathjen, Kelsey
Reeve, Allison
Reynolds, Ryan
Robinson, Asia
Rodal, John
Root, Sarah
Rowe, Sydney
Russello, Halsey
Rustand, Trey
Salamone, Anthony
Saris, Nicholas
Savopoulos, Kendall
Schock, Emily
Schooling, Abigail
Selwitz, Allison
Sheaff, Ana
Sheerin, Meagan

Shojha, Diana
Sirhinec, Tyler
Sisk, Chase
Smith, Cameron
Smith, Lauren
Stirling, Ellea
Sullivan, Kelly
Tejada, Lucas
Telles, Madison
Thatcher, Emma
Thomas, Quentin
Thomas, Ryan
Thomas, Victoria
Tinta, Diana
Tolol, David
Tompach, Carr
Tompach, Lauren
Vacca, Mikela
 Vacca, Ryan
Vase, James
Vaughn, Ross
Vennitti, Jonathan
Wallace, Robert
Ware, Matthew
Warren, Joshua
Watt, Sheldon
Wahlen, Michael
Whitemore, Jesseca
Wilk, Joshua
Willburn, David
Willett, Evan
Williams, Anthony
Wood, Dalton
Wood, Marshall
Wright, John
Yalcin, Rabia
Yard, Tristan
Zoldos, Kathleen
Zullo, Joshua

11th Grade

Adcampa, Ross
Adham, Yousef
Albanese, Lauren
Alvarez, Casey
Andrews, Hannah
Anvari, Shabnam
Appleton, Emma
Balaban, Morgan
Basinger, Brooke
Bath, Stephen
Beasley, Elizabeth
Biggs, Hank
Bogle, Grant
Bonilla, Adrianna
Bradley, Kendall
Brantingham, Danielle
Bretzin, Wesley
Briscove, Kelvins
Brophy-Strickroth, Aaron
Brown, Caroline
Bruno, James
Burke, Britney
Burns, Collin
Burton, Ridley
Camp, Marie
Candelaria, Daniel
Carroll, Lauren
Carter, Emily

A/B Honor Roll
11th Grade

Adams, Mary Anna
Ahmad, Shahzaib Amir
Alvarez, Sarah
Andersen, Morgan
Barnes, Alisha
Barrett, Jordan
Beddow, Claire
Bennett, Thomas
Bergel, Aidan
Berka, Robbie
Berkwitz, Joshua
Bierman, Robert
Biggers, Zachary
Boogaard, Julia
Bowen, Nora
Bradley, Jax
Branch, Kyle
Bruecken, Aidan
Burdas, Katelyn
Caldas, Alexander

Cantrall, James
Caruso, Matthew
Case, Miranda
Charland, Nazz
Chatfield, Taylor
Chiesa, Carlie
Cifuentes, Camila
Clevis, Charles
Clinar, Briggs
Corrado, Caggian
Cunningham, Jacob
Davis, Lindsey
Davis, Marlena
Debeljak, William
Decre, Alexander
Delmonte, Hannah
Devinney, Liam
Dimitrew, Dorothy
Dodge, Rambi
Doherty, Julia
Doby, Alexa
Dogglasson, Dillon
Dragon, Michael
Eaton, Dillon
Edmiston, Kyler
El-Bouchti, Mohamad
Ellerbeck, Wyatt
Erickson, Adriana
Estep, Lydia
Etro, Nancy
Fair, Shelby
Fernandez, Chase
Fesharaki, Jeeha
Fincher, Andrew
Fischer, David
Floyd, Justin
Flynn, Meaghan
Forbith, Collin
French, Benjamin
Furr, Levi
Geier, Devin
Gerheide, Sara
Ghorza, Jaime
Gilbert, Nicholas
Good, Madison
Gracey, Alexandria
Grady, John
Grafton, Joshua
Green, Isha
Greene, Shelby
Gwartney, Sophia
Hackett, Griffin
Heivilin, Donna
Herbert, Emily
Hoffer, Wesley
Hoffman, Bradly
Hoffman, Bruce
Hordinige, Matthew
Hoskinson, Samuel
Huber, Carl
Hunt, Christopher
Hunter, Sydney
Huskey, Jeremy
James, Connor
Jay, Cameron
Jennings, Addison
Juan, Huyiu
Kennedy, Tyler
Kessler, Derek
Khasla, Ellis, Siri
Prakash
Kibby, Jared
Kim, Joshua

King, Clare
Kirk, Connor
Kittka, Alexander
Klimesh, Jack
Kloc, Amelia
Koester, Owen
Kopack, Nicholas
Kraft, Robert
Krauss, Deanna
Krauss, Megan
Krone, Meagan
Lafalgio, Vincent
Lafayette, Irene
Lambert, Kate
Langley, Jacqueline
Lani, Melissa
Lasher, Nathan
Lee, Megan
Lenhart, Clara
Lockhart, Zachary
Louis, Rachel
Love, Brooke
Martin, Zachary
Masters, Alexander
Mathews, Kristen
Mathewson, Melissa
Mcbride, Alana
McCormack, Seamus
Mccalligero, Charlotte
Mcintosh, Benjamin
Mclaughlin, Indigo
Mcmanus, Liam
Muller, Kyle
Minnit, Morgan
Mullen, Andrew
Mullen, William
Murphy, Taylor
Murphy, Tyler
Murray, Elwyn
Murter, Sarah
Mutschler, Christian
Norwood, Morgan
Oliver, Courtney
Oneder, Leah
Orndorff, Addison
Owen, Kathryn
Pack, Collin
Pantaleo, Sarah
Paradis, Ryan
Parsons, Brooke
Peterson, Brett
Petitto, Aidan
Potter, Carly
Pyle, Maxwell
Quinteros, Castaned
Anthony
Rathjen, Kelsey
Reeve, Allison
Reynolds, Ryan
Robinson, Asia
Rodal, John
Root, Sarah
Rowe, Sydney
Russello, Halsey
Rustand, Trey
Salamone, Anthony
Saris, Nicholas
Savopoulos, Kendall
Schock, Emily
Schooling, Abigail
Selwitz, Allison
Sheaff, Ana
Sheerin, Meagan

Shojha, Diana
Sirhinec, Tyler
Sisk, Chase
Smith, Cameron
Smith, Lauren
Stirling, Ellea
Sullivan, Kelly
Tejada, Lucas
Telles, Madison
Thatcher, Emma
Thomas, Quentin
Thomas, Ryan
Thomas, Victoria
Tinta, Diana
Tolol, David
Tompach, Carr
Tompach, Lauren
Vacca, Mikela
Vacca, Ryan
Vase, James
Vaughn, Ross
Vennitti, Jonathan
Wallace, Robert
Ware, Matthew
Warren, Joshua
Watt, Sheldon
Wahlen, Michael
Whitemore, Jesseca
Wilk, Joshua
Willburn, David
Willett, Evan
Williams, Anthony
Wood, Dalton
Wood, Marshall
Wright, John
Yalcin, Rabia
Yard, Tristan
Zoldos, Kathleen
Zullo, Joshua
Casper, Shelby
Chambless, Hannah
Chaudet, Elise
Cole, Tyler
Connolly, Kaitlyn
Conrath, Parker
Copeland, Jameson
Corcoran, Joseph
Crandall, Christie
Creech, Warren
Cromwell, Joshua
Curto, Julianna
Czarnekci, Logan
Danjou, Noah
David, Jacob
Davis, Hannah
Devonego, Madeleine
Dianna, Megan
Diaz del Valle-Mejia, Alejandra
Donnelly, Christina
Dorsch, Paul
Dougherty, Cassidy
Downing, Kathryn
Dudek, Sara
Dukinfeld, Amanda
Dunne, John
Dunne, Kenneth
Earnshaw, Nathaniel
Egan, Colton
Ensor, William
Faber, Julia
Fagan, Michael
Failsmeier, Heidi
Faletti, Ian
Fenner, Chad
Fetterley, Megan
Field, Lillie
Fleming, Samuel
Foley, William
Fortunato, Charis
Frederick Hartman
Ammon
French, Austin
Garcia, Benson
Geil, William
Goode, Jenna
Goodness, Abigail
Goossens, Elsie
Grady, Alison
Greene, Sydney
Gregg, Savannah
Guilloudeau, Sabrina
Guiry, Mary
Hall, Alexander
Hallaj, Jineane
Hallam, Rachel
Hanna, Lindsey
Hardesty, Jan
Harkins, Sarah
Harris, Lindsay
Hau, Jacob
Hayba, Grace Katherine
Hayba, Yabstea
Hayes, John
Hayes, Matthew
Hemphill, Sean
Henniger, Kayla
Hernandez, Kevin
Hernandez, Kirsten
Herrell, Kimberly
Hile, Cali
Hindrichs, Anna
Holdridge, Connor
Hoyle, Rosalie
Hyman, Rebecca
Ith Alamofireer, Brandon
Jean, Sydney
Joveni, Joshua
Kahler, Alaina
Keebler, Michael
Kidd, Cory
Kilgour, Taylor
Korparck, Kiana
Kovena, Uzoma
Kulak, Charlotte
Lamana, Michael
Lamp, Caroline
Larock, Joseph
Larsen, Olivia
LaZeri, Jessica
Leitner, Davis
Lemp, Angelia
Leszczar, Emma
Lindamood, Jack
Loeffler, William
Long, Cody
Lough, Amanda
Lovin, Thomas
Macy, Shannon
Madison, Joseph
Mack, Christine
Mahnou, Michael
Malm, Elizabeth
Manning, Sarah
March, Trenton
Marr,ocument
Mather, Alivia
Mathews, Zachary
McCarr, Gregory
Mccarthy, Kyle
Mccarthy, Jordan
McCraw, Chad
McMahill, Kyle
McNulty, Grace
Mcvey, Ryan
Mellor, Dylan
Merchant, Carrie
Meyers, Kyra
Miller, Olivia
Milne, Nicholas
Morr, Ashley
Mudlow, Noelle
Mullally, Colin
Mysak, Peter
Nasser, Emile
Nayyar, Sahira
Neeves, Ryan
Orfanes, Eleni
Organ, Kristina
Palacios, Alexander
Partin, Courtney
Pasielski, Cody
Peake, Samuel
Petraitis, Renata
Pierce, Kathleen
Piermatteo, Elizabeth
Pike, Rachel
Price, Adam
Psimas, Jordan
Purnell, Samantha
Putt, Kaitlyn
Regan, Barbara
Reid, Chesney
Reilly, Kyle
Reulein, Mackenzie
Reynolds, Owen
Riaz, Sanyah
Robinson, Aliza
Robst, Michael
Roeder, Christopher
Rosa, Gina
Russell, Ashley
Russell, Rachael
Sahai, Made Lynne
Sanderson, Grace
Saunders, Joseph
Saunders, Taylor
Saville, Taylor
Scherschmidt, Tyler
Schneberg, Emily
Seidelman, Adriana
Seidelman, Tristan
Serley, Dillon
Shaughnessy, Jessica
Shaw, Alyson
Sheehan, William
Shockley, Dylan
Siegel, Charles
Smith, Nell
Smith, Peter
Somsen, Sophia
Sorenson, Robert
Soros, Kattia
Spare, Mia
Stang, Stephen
Stephan, Francisco
Stephens, Hailey
Stephens, Joseph
Stewart, Christine
Stiles, Sarah
Talkington, Julian
Tansley, Samantha
Tapia-Rios, Antuanet
Taylor, Erin
Terrell, Taylor
Thies, Miriam
Thomas, Alizham
Thompson, Caleb
Tiwan, Harmanj
Tobias, Alexander
Van Vleet, Samuel
Venetsanos, Devin
Vest, Samantha
Volpone, Nicholas
Waldman, Lexy
Ward, Charlotte
Ware, Jackson
Warrell, Jerold
Washington, Andrew
Watts, Quentin
Whalen, Matthew
White, Alexandria
White, Michael
Whitfield, Brendan
Williams, Elizabeth
Workman, Kyle

A/B Honor Roll
12th Grade

Acton, Chase
Aparicio, Vilma
Appleton, Benjamin
Arevalo, Cintia
Bagri, Simren
Barona, Lynda
Beamer, Ashley
Bebee, Madison
Belch, Daniel
Benner, Laura
Biggers, Amber
Blackwell, Shane
Blair, Peter
Bloomfield, Georgia
Boogaard, Paige
Bowman, Kaelin
Brown, Shannon
Bryant, Abigail
Burr, Daniel
Byszewski, Dominic
Camp, Elena
Campbell, Kylie
Candelaria, Emily
Carter, Kelsey
Caruso, Alyssa
Charland, Minna
Chipouras, Nicholas
Cironi, Katherine
Clark, Brydon
Cochrane, Casidy
Constantine, Chelsea
Cotrell, Karleen
Cowen, Kayla
Crawford, Lauren
Crescenz, Catharine
Crisp, William
Cruz, Diego
Curis, Callan
Deppa, Kiera
Delitta, Kaitlyn
Denney, Hannah
Dillon, Brianna
Doylemeyer, Sarah
Doeherty, Madeleine
Dorsch, Ryan
Dorrelle, Keith
Dupree-sood, Connan
Elliot, Christopher
Ellis, Sarah
Erb, Michael
Evans, Lyndsay
Flagan, Lindsey
Fatz, Mitchell
Fejooh, William
Fleming, Kelli
Fitz, Katharine
Gaeg, Alexes
Geis, Nicole
Girard, Joseph
Grouw, Sydney
Gomez, Janis
Gomez, Taylor
Grafton, Madalyn
Grimmer, Connor
Gros Louis, Kellian
Hagan, Ryan
Hale, Margaret
Hale, Patrick
Harper, Andrew
Harrises, Gregory
Harris, Rachel
Harrison-Phillips, Destyn
Hasenfeng, Gregory
Healy, Polly
Heim, Matthew
Heivilin, Russell
Hoff, Adam
Hofffer, William
Houghton, Gaynor
Huang, Jocelyn
Jackson, Jordan
Jeffery, Matthew
Jungles, Kaitlin
Kerstanski, Maris
Kiley, Carson
Woodgrove High School
3rd Marking Period
Honor Roll
2013-2014

KRONE, JACOB
LAMOUREUX, BRALEN
LEWIS, CLAIRE
LEWIS, ELIJAH
LOGAN, CHRISTIAN
LORINCHAK, KAITLYN
LOTT, STERNS
LOVING, CONNER
LYNCH, HALLE
MAAD, HANNAH
MAGOFFIN, SEAN-PATRICK
MARSHALL, DYLAN
MARSHALL, HUNTER
MCCONNELL, DAVID
MCgowan, emma
MCINTYRE, MOLLY
MCLAUGHLIN, SIERRA
MCMAHON, HALEY
MEED, NICHOLAS
MENGEL, ANDREW
MILLER, CASEY
MILLER, EDWARD
MOFFET, CAITLYNN
MOYO, SIDUMISO
MUNGOVAN, DUNCAN
MURPHY, TIMOTHY
NATOLI, ALEXIS
NESSERRODT, BRETT
NORTHERN, MEGAN
PACK, NATALIE
PATTERSON, BETHANY
PETERSON, COLLIN
POTTER, VIRGINIA
POWELL, NOAH
PRENDERGAST, MEGAN
PRENDERGAST, RACHEL
PRZYBYLOWICZ, KATARINA
QUEIROLO, MORRIS
QUINTERO, MARIAH
RATCLIFF, HARLEIGH
REESE, RACHEL
REID, ABBY
RENNER, CATHERINE
REYNOLDS, EDWARD
ROMINE, KYLE
ROMINSKI, JESSICA
ROOT, STEPHEN
RUMKE, JARID
RUMKE, JORDAN
SAOLME-SANCHEZ, CHARLIE
SANTOS, NICHOLAS
SARGENT, LAUREN
SCHMIDE, KATRINA
SCHROADER, AZURE
SCHRYER, SARA
SERRATORE, KAYLA
SHAUGHNESSY, KENNETH
SHOLL, STEPHEN
SIEGEL, JOSHUA
SIKER, SCOTT
SKLAW, MATTHEW
SONG, SHANNON
SPEARS-HEINEL, MATTHEW
STANLEY, COURTNEY
STEPHENS, DAKOTA
STUVA, GERSON
SULLIVAN, SHANNON
SWEET, JOSHUA
TABOD, BRENDAN
TAYLOR, AUSTIN
TAYLOR, HANNAH

THOMAS, ABIGAIL
THOMAS, HANNAH
TOBIAS, BRYAN
TOMPACH, TRAVIS
TREPTOW, DANIELLE
VACCA, LUCIANO
VANN, SYDNEY
VASILE, SARAH
VENNITTI, CORINNE
WACKER, ASHLEY
WALThER, ASHLEY
WANDORF, MADELINE
WHITAKER, CAITLIN
WHITEHEAD, AARON
WHITFIELD, VICTORIA
WILLIAMS, REBECCA
WONG, EDKA
WORKMAN, GRADY
YARD, SHANNON
ZURSCHMEIDE, GRACIE
Dear Western Loudoun Businesses, Organizations, Partners and Parents:

Woodgrove High School celebrated the graduation of the Class of 2013 with our first ever Graduation Night Celebration held on site at the school itself. Very soon it will be the Class of 2014’s turn!

This year we hope to reach an even greater number of students. We are working together with Ultimate Amusement to provide a variety of entertainment options for the Class of 2014’s last memorable night as “Wolverines.” There will truly be something that will appeal to everyone! We will also be welcoming on stage the incredibly talented, student-driven band, The Immortals!

We need your help to make this evening a success. The end of the school year promises freedom, independence, and the onset of adulthood to our children. As most of you are aware, spring also marks statistically a season of the highest teen auto fatalities and alcohol-related car crashes. Our Western Loudoun community is so tightly knit that one solitary loss affects us all. The children that pass through these doors were, are or will soon be your children as well.

We are asking for your monetary help in our fundraising efforts. Contributions in the form of services or gift certificates to give to our seniors as prizes are also welcomed. Please give in whatever way you can for this important cause. All contributions are tax deductible. Please make your check payable to the “Woodgrove High School PTSO” and notate in the memo that funds should be earmarked for GNP. Our tax ID number is 27-2800768.

Thank you so much for your support.

Sincerely,

Susanne Kahler,
Woodgrove High School PTSO President
WoodgrovePTSOPresident@gmail.com
(540) 751-9025
From the PTSO President:

2-4-6-8, Who do we appreciate???!!!

Woodgrove teachers and staff are the best in Western Loudoun and we have so much to thank them for! This year in particular I think has been a really rough year. Despite having so many snow days, they still have to find a way to cover all the curriculum they normally would in time for the May SOL and AP crush. Also, resolution of the budget this season was a particularly acrimonious affair, resulting in EVERY single teacher in Loudoun County taking home a reduction-in-force (RIF) notice. That certainly doesn’t boost morale.

Well, now it is time to send them our thanks and appreciation. May 5-9th is Teacher Appreciation week and the PTSO has a variety of events planned for our staff, thanks to Karina Chiesa, our hospitality coordinator and YOU - our absolutely awesome Woodgrove parents. In addition to these events, however, we encourage you to please take some time out of your busy schedule and send in a note or have your student bring in something to that teacher who has made all the difference in their life. It doesn't have to be much - a heartfelt note is more personal precious than anything store bought. Just let them know that you care because we know that they certainly do! What they do for our children and the dedication they show goes way above and beyond the basics.

SENIOR-ITIS AND GRAD NIGHT 2014 -YOUR NIGHT, YOUR PARTY.

It is spring and the trees are burdened with blossoms and the calendar is filled with important dates. I can feel it in the air! The end of the year is bearing down with college acceptances, prom, graduation, and GRAD NIGHT 2014. This year’s party will outshine last year’s event, so don’t miss out! The Immortals will be rocking the gym. We will have casino games in the cafeteria, a temporary tattoo artist, virtual reality games, graffitti wall, photo booth, roaming magicians, food & refreshments, great prizes and so much more! Mark your calendar for June 17th from 9 pm until 2 am. It is YOUR YEAR, YOUR PARTY. Tickets for this event are on sale online on the school website as are tickets for our VIP RAFFLE. If you want a no-hassle event, then take a chance to win guaranteed parking and seating for up to 8 people indoors or out.
Last but not least, we are looking for a few good men AND women to serve on the PTSO board next year. Rising 9th grade parents are also encouraged to get involved! Elections will be held at our May 13th meeting. We have a variety of positions for you to utilize your talents while also benefiting our school, staff and students. We have accomplished some amazing things in support of our school this year. Please contact me at WoodgrovePTSOPresident for position descriptions and more information on how you can help.

Susanne Kahler
Woodgrove High School PTSO President
WoodgrovePTSOPresident@gmail.com or (540) 751-9025

The Woodgrove Wolverines Athletic Booster Club
Joe Koester, President

Woodgrove High School
Attn: Woodgrove PTSO
36811 Allder School Road
Purcellville, VA 20131
Want hassle-free guaranteed SEATING & PARKING on graduation day for your family
RAIN OR SHINE?
Then enter our WHS VIP RAFFLE!

One family of up to 8 people will win seating in our VIP press box & 2 reserved parking spaces.
Each chance is $20.

Proceeds go towards Grad Night 2014
Details/Entry form: www.lcps.org/Page/126286

NAME_____________________________________________________________

ADDRESS__________________________________________________________________________

CITY_____________________________STATE___________________ZIP________

EMAIL_______________________________________PHONE_________________

_____________________RAFFLE CHANCES AT $20 EACH = ___________(TOTAL ENCLOSED)

PLEASE MAKE CHECK PAYABLE TO:
WOODGROVE HS PTSO
36811 ALLDER SCHOOL ROAD
PURCELLVILLE, VA 20132
Woodgrove High School’s very first Odyssey of the Mind team has qualified to attend World Finals at Iowa State University in Ames, Iowa on May 28-31.

As 8th graders at Harmony Middle School last year, this team placed 9th out of 53 teams at World Finals in their problem/division. They are looking forward to competing as Wolverines!

The team will be conducting a number of fundraisers over the next couple of weeks to help cover the cost of the trip.

Please look for information in the Woodgrove Weekly on how you can support the team on their way to becoming World Champions!

Contact coach Kim Ramsey at kramsey@alumni.virginia.edu for more information on how you can help.
Mrs. McManus is Retiring!

Join us to send Mrs. McManus on the Journey to Retirement!

An Evening to celebrate Mrs. McManus’ Journey into Retirement on Friday, May 30

6:00-8:00 p.m. at Round Hill Elementary

Activities include:
BMX Bike Assembly, starting at 6:45 pm
Cup Stacking
Create memory shoes for Mrs. McManus
Dinner available for purchase from the Round Hill Fire Department

If you or your child would like to share a story or memory at the evening celebration about Mrs. McManus, please email Mrs. O’Hara at Kirsten.OHara@lcps.org.

Join us to send Mrs. McManus on the Journey to Retirement!
UPDATE! We’ve almost reached our 15 early-bird chair goal!

Make your donation and buy a piece of Woodgrove history.

Want to be the first to join Woodgrove’s Theatre program’s FIRSTS.
- Last year’s highest attendance at a Theatrical performance. (Music Man)
- First Conference Championship (Conference 21 Champions 2013)
- First Theatrical show to compete at the regional level. (The Ugly Duckling)
- Awaiting confirmation that we are the First Loudoun Co. School to perform a mainstage show at the Virginia Thespian Society Conference.

What is the Project?
- Completing the Black Box Theatre by adding Theatre seating.

How can I help?
- Purchase one chair for the Black Box Theatre at a cost of $150 for the first 15 chairs and $200 per chair thereafter.

How will this benefit me?
- Each donor, whether business or individual will receive recognition by way of a brass plaque, engraved with name/business name, attached to a chair in the Black Box Theatre.

How will this benefit Woodgrove?
- Students will have an additional performance venue that will be an intimate space in comparison to the size of the auditorium.

Contact: David Noland at david.noland@lcps.org
ARE YOU READY TO WALK ACROSS THAT STAGE?  Ask yourself...

Did I purchase my cap and gown? REQUIRED

Visit www.balfour.com, type in Woodgrove High School, select graduation, click on Class of 2014 late order program at top right of screen

Order announcements to let everyone know? OPTIONAL

Visit www.balfour.com, type in Woodgrove High School, select graduation, click on Class of 2014 late order program at top right of screen

Are you planning on coming on the senior class trip? OPTIONAL

We are headed to Kings Dominion – May 27th! Please turn in your field trip permission form and money to Ms. Stevens by April 11. The cost for trip and transportation is $70.00. Please make the check payable to Woodgrove High School.

CHECK IT OUT: Get the latest senior information

All updated information is posted on the senior class website. Visit the Woodgrove home page, select activities, choose senior class.

Click here to access the latest information on our site: http://www.lcps.org/Domain/11283

Sponsors,

Kelley Hines  Kelley.hines@lcps.org
Emily Stevens  Emily.stevens@lcps.org
Heidi McPhillips  Heidi.mcphillips@lcps.org
Graduation materials for Senior members of the Woodgrove National Honor Society will be ordered next week.

Senior members of the National Honor Society must have paid their dues to Mr. Brosh or Mr. Sharp by Wednesday, May 7 to receive their National Honor Society stole and diploma seal. Dues are $45.00.

Any seniors with questions should see Mr. Brosh or Mr. Sharp.
Woodgrove Student Achievements!

Congratulations to Woodgrove HS for their 3rd consecutive win as Scholastic Challenge Champs 2013-2014! They totaled 580 points for the year. Way to go Woodgrove! Thank you Mr. Kane, Mr. Lanham and Ms. Spicer for your spectacular coaching!

We have 5 students representing Woodgrove at the Annual American Legion Boy's and Girl's State being held at Radford University and Longwood University June 15-21. Juniors Brian Burk, Colton Egan, Chesney Reid, Brittany Burk and Harmanjit Tiwana have been selected. The Purpose of this program is to provide functional citizenship training for rising Seniors. To afford them an opportunity to live together as self-governing citizens and to inform them about the duties, privileges, rights and responsibilities of American citizenship in order that they may understand and participate in the functioning of their government. Sponsor: Marty Potts
Woodgrove’s Finest is located in Room 401. We have everything you are looking for, so come on in!

Feeling Cold? We’ve got you covered.

Feeling Hot? We can cool you down.

Feeling Hungry? We will satisfy your hunger.

Feeling Thirsty? We’ll quench your thirst.

We have several new products that have been delivered in the last few days. We have Stainless Steel Travel Coffee Mugs, Stainless Steel Water Bottles, Flash Drives, and Portable Stadium Seats. Get yours before they are gone.

Coming Soon!!!!

We will be placing all of our items online for an Online Webstore. There, you will be able to pay using most major Credit Cards. Once your order is placed, you or your student may pick your order at school within 2-3 days.

We offer a variety of products, ranging from sweatshirts and sweaters to food and drinks. Our sales staff is available to help you find the product that you need and want.

Surprise your student with a little bit of our Merchandise for any Occasion!

Follow our Twitter Page @WoodgroveStore
ATHLETIC NEWS / UPDATES

If you would like to be in the loop and receive the latest athletic news and updates, please email Mr. Lowery, Athletic Director, Theodore.Lowery@lcps.org

Mr. Lowery will be happy to add you to the email distribution list.
ATTENTION:

AFFORDABLE SPORTS PHYSICALS...

VHSL sports physicals for all high school athletes and youth football players will be performed by local health care providers!

Loudoun Valley and Woodgrove Athletics

These physicals will satisfy the 2014-2015 pre-participation examination requirements for all high school athletes and youth football players. Come to:

Loudoun Pediatrics
205 East Hirst Road  Suite 302
Purcellville, VA 20132
MAY 27, 2014
New ONLINE REGISTRATION!
High School  https://webinter.lcps.org/SPAR/

<table>
<thead>
<tr>
<th>Grade</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>ULYFL Players</td>
<td>5:30 PM</td>
</tr>
<tr>
<td>Rising 9th</td>
<td>6:00PM</td>
</tr>
<tr>
<td>Rising 10th</td>
<td>6:30PM</td>
</tr>
<tr>
<td>Rising 11th</td>
<td>7:00PM</td>
</tr>
<tr>
<td>Rising 12th</td>
<td>7:30PM</td>
</tr>
</tbody>
</table>

PRE-REGISTER FEES ONLY
$30 for the first athlete in the family...$25 for each additional athlete in the family! $35 walk-ins.

Please Contact the WHS Athletic Department with any questions (540) 751-2610
Sports Injuries

Ingrown Toenail

If you trim your toenails too short, particularly on the sides of your big toes, you may set the stage for an ingrown toenail. Like many people, when you trim your toes, you may taper the corners so that the nail curves with the shape of your toe. But this technique may encourage your toenail to grow into the skin of your toe. The sides of the nail curl down and dig into your skin. An ingrown toenail may also happen if you wear shoes that are too tight or too short. Any of your toenails can get ingrown, but it’s most likely your big toes.

When you first have an ingrown toenail, it may be hard, swollen and tender. Later, it may get red and infected and fell very sore. You may see pus drain from it. Finally, your skin may start to grow over the ingrown toenail.

To treat an infected ingrown toenail, soak your foot in warm, soapy water several times a day. Try to gently lift the edge of the toenail from its embedded position and insert some cotton or waxed dental floss between the nail and the skin. Change this packing every day. Your doctor may even prescribe a course of antibiotics.

If the infection keeps coming back, your doctor may remove part of the ingrown toenail. Your toe is injected with an anesthetic and the ingrown part of the nail is cut away with scissors being careful not to disturb the nail bed. It may take 3-4 months for your nail to re-grow. Ingrown toenails often recur. If you have a chronic problem your doctor may recommend another surgical procedure in which the toenail’s formative part is permanently removed.

You can lower your risk of developing an ingrown toenail by trimming your toenails straight across with no rounded corners. The length of your toenail should extend out past your skin. Also, make sure your shoes and socks are not too tight and that your feet are clean at all times.
Nutrition

Post-exercise muscle soreness may be relieved by watermelon juice.

Watermelon juice’s reputation among athletes is getting scientific support in a new study. Researchers found that juice from the summer favorite fruit can relieve post-exercise muscle soreness. The study in the Journal of Agriculture and Food Chemistry attributes watermelon’s effects to the amino acid L-citrulline.

Researchers cite past studies on watermelon juice’s antioxidant properties and its potential to increase muscle protein and enhance athletic performance. But scientists had yet to explore the effectiveness of watermelon juice drinks enriched in L-citrulline.

The new study tested natural watermelon juice, watermelon juice enriched in L-citrulline and a control drink containing no L-citrulline on volunteers an hour before exercise. Both the natural juice and the enriched juice relieved muscle soreness in the volunteers. L-citrulline in the natural juice (unpasteurized), however, seemed to be more bioavailable in a form the body could better use, the study found.
Hello from your School Nurse!

**FUN IN THE SUN!!**

**Choose Your Cover**

Not all sun protection comes in a bottle. There are lots of ways to protect your child's skin all year long. Here are five you can try.

1. **Hide and Seek.** UV rays are strongest and most harmful during midday, so it’s best to plan indoor activities then. If this is not possible, seek shade under a tree, an umbrella or a pop-up tent. Use these options to prevent sunburn, not to seek relief once it's happened.

2. **Cover ‘em Up.** Clothing that covers your child’s skin helps protect against UV rays. Although a long-sleeved shirt and long pants with a tight weave are best, they aren’t always practical. A T-shirt, long shorts or a beach cover-up are good choices, too—but it’s wise to double up on protection by applying sunscreen or keeping your child in the shade when possible.

3. **Get a Hat.** Hats that shade the face, scalp, ears, and neck are easy to use and give great protection. Baseball caps are popular among kids but they don’t protect their ears and neck. If your child chooses a cap, be sure to protect exposed areas with sunscreen.

4. **Shades Are Cool.** And they protect your child’s eyes from UV rays, which can lead to cataracts later in life. Look for sunglasses that wrap around and block as close to 100% of both UVA and UVB rays as possible.

5. **Rub on Sunscreen.** Use sunscreen with at least SPF 15 and UVA/UVB protection every time your child goes outside.

Continued...
Sunscreen Scoop

Sunscreen may be easy, but it doesn't protect your child's skin completely. Try combining sunscreen with other "Choose Your Cover" options to prevent UV damage. Sunscreen comes in a variety of forms—lotions, sprays, wipes, or gels. Be sure to choose one made especially for kids with:

- Sun Protection Factor (SPF) of 15 or higher
- Both UVA and UVB protection

For most effective protection, apply sunscreen generously 30 minutes before going outdoors. And, don't forget to protect ears, noses, lips, and the tops of feet which often go unprotected.

Take sunscreen with you to reapply during the day, especially after your child swims or exercises. This applies to "waterproof" and "water resistant" products as well.

Keep in mind, sunscreen is not meant to allow your kids to spend more time in the sun than they would otherwise. Sunscreen reduces damage from UV radiation, it doesn't eliminate it.

The American Academy of Pediatrics now advises that sunscreen use on babies less than 6 months old is not harmful on small areas of a baby's skin, such as the face and back of the hands. But your baby's best defense against sunburn is avoiding the sun or staying in the shade.

Too Much Sun Hurts

Did you know that just a few serious sunburns can increase your child's risk of skin cancer later in life? Kids don't have to be at the pool, beach, or on vacation to get too much sun. Their skin needs protection from the sun's harmful ultraviolet (UV) rays whenever they're outdoors.

Turning pink? Unprotected skin can be damaged by the sun's UV rays in as little as 15 minutes. Yet it can take up to 12 hours for skin to show the full effect of sun exposure. So, if your child's skin looks "a little pink" today, it may be burned tomorrow morning. To prevent further burning, get your child out of the sun.

Tan? There's no other way to say it—tanned skin is damaged skin. Any change in the color of your child's skin after time outside—whether sunburn or suntan—indicates damage from UV rays.

Cool and cloudy? Children still need protection. UV rays, not the temperature, do the damage. Clouds do not block UV rays, they filter them—and sometimes only slightly.

Continued...
Oops! Kids often get sunburned when they are outdoors unprotected for longer than expected. Remember to plan ahead, and keep sun protection handy—in your car, bag, or child's backpack. Parents, help your children play it safe in the sun and protect your own skin as well. You’re an important role model. For more information on sun safety [http://www.cdc.gov/cancer/skin/chooseyourcover/guide.htm](http://www.cdc.gov/cancer/skin/chooseyourcover/guide.htm)

As always, if you have any questions or would like to discuss a health concern of your child, please give me a call at:

540-571-2606 (clinic)

Stephanie Lovasz, RN
PREVENTING TICK-BORNE DISEASES IN VIRGINIA

Spring and summer bring warm temperatures, just right for walking in the woods and other outdoor activities. Warm weather also means that ticks become more active and this can increase the risk of a tick-borne disease. The tick-borne diseases that occur most often in Virginia are Lyme disease, Rocky Mountain spotted fever, and ehrlichiosis.

Lyme Disease
Lyme disease is caused by infection with a bacterium called *Borrelia burgdorferi*. The number of Lyme disease cases reported in Virginia has increased substantially in recent years.

The Tick
The blacklegged tick (*Ixodes scapularis*), formerly known as the deer tick, is the only carrier of Lyme disease in the Eastern U.S. The blacklegged tick’s name comes from it being the only tick in the Eastern U.S. that bites humans and has legs that are black (or dark chocolate brown) in color.

Lyme disease transmission to humans usually occurs during the late spring and early summer when young (nymph stage) ticks are active and feeding. Tick nymphs normally feed on small and medium sized animals, but will also feed on people. These ticks typically become infected with the Lyme disease agent by feeding as larvae on certain rodent species. In the fall, the nymphs become adults and infected nymphs become infected adults. Adult blacklegged ticks prefer to feed on deer. However, adult ticks will occasionally bite people on warm days of the fall and winter and can transmit Lyme disease at that time.

Transmission of Lyme disease by the nymph or adult ticks does not occur until the tick has been attached and feeding on a human or animal host for at least 36 hours.

The Symptoms
Between three days to several weeks after being bitten by an infected tick, 70-90% of people develop a circular or oval rash, called erythema migrans (or EM), at the site of the bite. To qualify as an EM, the rash must be at least two inches in diameter. That is because bites by some tick species can cause local inflammation and redness around the bite that could be mistaken for an EM. Unlike localized inflammation, an EM rash will increase in size and may become more than 12 inches across. As it enlarges, the area around the center of the rash clears, giving it a “bull’s eye” appearance. The EM rash does not itch or hurt so if it is not seen, it may not be noticed. In addition to an EM rash, Lyme disease may cause headache, fever, muscle and joint aches, and a feeling of tiredness. If left untreated, Lyme disease may progress to affect the joints, nervous system, or heart several weeks to months after the tick bite. In a small percentage of infected people, late symptoms may occur months to years later and cause long-term nervous system problems or arthritis.
PREVENTING TICK-BORNE DISEASE IN VIRGINIA

Unfortunately, blacklegged tick nymphs are small (about the size of a pinhead), difficult to see, and cause no itch or irritation at the site of the bite, so many people are not aware they have been bitten. If you have been in an area that might contain ticks and you experience any symptoms of Lyme disease, contact your doctor.

The Treatment

When Lyme disease is detected early, its effects can be mild and easily treated with antibiotics. In the late stages, Lyme disease can be treated successfully with antibiotics, but recovery may take considerably longer.

Rocky Mountain Spotted Fever

Rocky Mountain spotted fever (RMSF) is caused by infection with a bacterium called *Rickettsia rickettsii*. The disease is characterized by a sudden onset of symptoms and can be fatal if not treated. Nearly all cases occur in the spring and summer months.

The Tick

In Virginia, the American dog tick (*Dermacentor variabilis*) is the species known to carry the agent of Rocky Mountain spotted fever. The tick needs to feed on a host/person for only about four hours to transmit the bacteria. Fortunately, less than 1% of American dog ticks carry the agent of RMSF.

The Symptoms

Symptoms of Rocky Mountain spotted fever begin 2-14 days after the tick bite, and may include fever, deep muscle pain, severe headache, chills, and upset stomach or vomiting. From the third to fifth day of illness a red, spotted rash may appear, beginning on the wrists and ankles. The rash spreads quickly to the palms of the hands and soles of the feet and then to the rest of the body. However, only about half of RMSF patients develop a rash.

The Treatment

Antibiotic treatment for RMSF is effective, and suspected RMSF should be treated as soon as possible based on symptoms and a history of tick exposure. The risk of death from RMSF increases by the fifth day of illness - but the rash often does not occur until that time. Therefore, do not wait for RMSF blood test results, or the appearance of a rash, before starting treatment. Treatment is important; almost one-third of those who do not get treated die from this disease.

Ehrlichiosis and Anaplasmosis

Although several diseases can be caused by bacteria in the *Ehrlichia* and *Anaplasma* genera, the most common in Virginia are human monocytic ehrlichiosis (HME) and human granulocytic anaplasmosis (HGA). HME is transmitted only by the lone star tick (*Amblyomma americanum*) and most commonly by bites from adult ticks. Lone star ticks are very common and are responsible for the most tick bites to people in Virginia. HGA is transmitted only by the blacklegged tick (most commonly by bites from nymphal stage ticks). The bacteria causing HME or HGA will not be transmitted unless the infected tick has been attached and feeding for at least 24 hours.

The Symptoms

Symptoms for both HME and HGA can include fever, headache, muscle pain, vomiting, and general discomfort. Illness can be severe - up to 3% of patients may die if not treated.

The Treatment

HME and HGA respond rapidly to treatment with antibiotics. Treatment should be based on symptoms (including platelet and liver enzyme tests) and history of tick exposure. Treatment should not be delayed while waiting for ehrlichiosis- or anaplasmosis-specific serology results.

Other Diseases

Ticks can transmit other diseases, such as tularemia (rabbit fever) and babesiosis. Neither of these illnesses is common in Virginia. Tularemia is a bacterial disease that has a sudden onset of fever and chills. Typically, an ulcer develops at the site of the tick bite and surrounding lymph nodes become enlarged. Tularemia is a serious illness and untreated cases may be fatal. Tularemia is most commonly associated with the American dog tick, but may also be transmitted by the lone star tick. Babesiosis is caused by a parasite that infects red blood cells. The babesiosis agent is transmitted only by infected black legged ticks. Symptoms include fever, chills, muscle aches, fatigue, and jaundice. Fatalities may occur in immunocompromised or splenectomized patients.
PREVENTING TICK-BORNE DISEASE IN VIRGINIA

Spotted rash on arm and hand of RMSF patient.

Prevention

Ticks do not jump or fly; they wait on the forest floor, leaf litter, or low vegetation and attach to the feet or shoes of people or legs of animals as they pass by. The ticks then crawl upward.

The following steps can reduce your risk of tick-borne diseases:

• Avoid potential tick habitats such as tall grass and vegetation in shaded areas, forests, and along forest edges.
• Walk in the center of mowed trails to avoid brushing against vegetation.
• Keep grass cut and underbrush thinned in yards. If pesticides are used for tick control, follow directions carefully or hire a professional to apply the pesticide.
• Eliminate wood piles and objects that provide cover and nesting sites for small rodents around your property.
• Wear light-colored clothing so that ticks are easier to see and remove.
• Tuck pant legs into socks and boots, tuck shirts into pants, and wear long-sleeved shirts buttoned at the wrist.
• Conduct tick checks on yourself and your children every four to six hours while in tick habitat.
• Apply tick repellent to areas of the body and clothing that may come in contact with grass and brush. Repellents include those containing up to 50% DEET for adults or less than 30% for children. An aerosol repellent/insecticide containing 0.5% permethrin may be applied to shoes, socks, and other clothing, but should not be used on skin. Follow directions carefully and do not overuse. Some tick repellents can cause toxic or allergic reactions.
• Ask your veterinarian to recommend tick control methods for your pets. Animals can get Lyme disease, Rocky Mountain spotted fever, and ehrlichiosis, but they do not transmit these diseases to humans.

Tick Removal

Because ticks do not transmit disease until they have been attached to the host for several hours or several days, it is very important to remove ticks as soon as they are found. The following is the best way to remove a tick:

• Grasp the tick with tweezers as close to the skin as possible and gently, but firmly, pull it straight out. Avoid any twisting or jerking motion that may break off the mouth parts in the skin. Mouth parts left in the wound may cause irritation or infection similar to a reaction from a splinter.
• If tweezers are not available, protect your fingers with gloves, tissue, or a paper towel; do not touch the tick with bare fingers. Do not squeeze or rupture the tick’s swollen abdomen. This may cause an infectious agent to contaminate the bite site and cause disease.
• After the tick has been removed, wash hands with soap and water. Apply a topical antiseptic to the bite site.
• You can dispose of the tick by drowning it in alcohol or flushing it down a drain or toilet. However, it may be useful to save the tick in alcohol for several weeks and have it identified by an expert in case you become ill. Knowing what kind of tick bit you might help your doctor diagnose the illness.
• Tick removal using nail polish, petroleum jelly, alcohol or a hot match is not safe. These methods could cause the tick to regurgitate an infectious agent into the site of the bite.

www.vdh.virginia.gov

April 2010
LEAP Learns Online Methods to Help Students

From the digital classroom to the way to select the right college, delegates of the Loudoun Education Alliance of Parents (LEAP) learned about the online tools helping students at their November 13th meeting. Loudoun County High School English teacher Nick Grzeda showed how he used the VISION program to “flip” his classroom. He places his lectures online for home viewing and uses class time for discussions and writing projects. This model was adopted after some teacher reflection on Grzeda’s part. “Where is the maximum amount of learning going to take place? What’s going to maximize learning?”

Grzeda said using VISION means his classroom is totally transparent to both students and teachers. Lectures, assignments, class calendars, objectives and homework are all online. Grzeda also has a one-way texting program that allows him to remind students of what’s coming up in class (such as tests) the next day. “The only excuse is the dog ate my Internet.” If students don’t have Internet access, Grzeda said he loads lessons on a flash drive that can be plugged into a home computer.

Among the things Grzeda has his students doing in class are practice SAT essays. Students can get instant feedback on why their essays are (or aren’t) up to par and what weaknesses they exhibit. Practice Advanced Placement tests also are available. Grzeda now grades essays on his laptop and posts his comments in real time, so that students can get quick feedback on their work.

Loudoun County Public Schools (LCPS) School Counseling Specialist Beth Doyle and Pupil Services Coordinator Tamara Christman detailed the Naviance program, which tracks student progress and steers students toward careers or colleges where they will be successful. As freshman, students take an assessment using Naviance that’s similar to a Myers-Briggs assessment. This pinpoints areas of interest and possible careers.

Seniors can use Naviance to get a clear picture of their chances of getting into a particular college. Naviance stores the applications of everyone in a high school who has applied to a particular college or university. After a student inputs the college of their choice into Naviance, the system places them on a “scattergram,” which shows where they stand in relation to other students from their high school who have applied to that institution and where they stand in relation to that college’s admissions standards.

Heritage Principal Jeff Adam spoke with parents about CLARITY, an online system that lets parents check their student’s grades, assignments, attendance and assessments. As students move into high school, Adam said it should be the student who is the primary person using CLARITY to check their progress and make sure they’re staying on task. He added CLARITY is similar to systems colleges require students to use to keep track of their course progress. Allowing a high school student to use CLARITY will help them develop adult skills when it comes to taking responsibility for their education.

As good as the online tools LCPS offers are, Adam cautioned that they are not a substitute for parents communicating with teachers. “As educators we are certainly in the business of people.”

For more information, please check the Woodgrove LEAP website

The next LEAP meeting will be on Wednesday, December 11, 2013, 7:00 pm @ the LCPS Administration Building
The subjects will be STEM, one-to-one computing and Monroe Technology Center.
Members of the community are encouraged to attend LEAP meetings.
Parents and members of the community are always welcome to attend LEAP meetings.

2013 - 2014 Topics

September 11, 2013
School Security & Bullying

October 9, 2013
LCPS Board Member Update and Q&A Forum

November 13, 2013
Tools for Success (CLARITY, Vision, Homework Strategies)

December 11, 2013
Science, Technology, Engineering, and Math: STEM I (One-to-one computing, Monroe Technology Center)

January 15, 2014
Loudoun County Public Schools - The proposed 2014-2015 LCPS Budget

February 12, 2014
Cyber Safety

March 12, 2014
Science, Technology, Engineering, and Math: STEM II (Enrichment opportunities)

April 9, 2014
Parents’ Choice (A program parents plan)

May 14, 2014
Meet the new LCPS Superintendent/Town Hall Meeting

WHAT IS LEAP?

The Loudoun Education Alliance of Parents (LEAP) is a non-partisan network that promotes interaction between parents, teachers, School Board members and members of the Loudoun County Public Schools Administrative Team. LEAP holds monthly meetings on the second Wednesday of the month at the LCPS Administration Building in Ashburn, Virginia.

Each program features a panel discussion on topics of interest to parents and members of the community at large, followed by a Question and Answer session and an update from LCPS Superintendent Edgar B. Hatrick III. Delegates are elected from each Loudoun County Public School's PTA, PTO or PTSO group to attend the monthly LEAP meetings.
The Minority Student Achievement Advisory Committee (MSAAC) is dedicated to work in partnership with the Loudoun County Public Schools (LCPS), parents and community to further the academic, social and cultural development of every student and to ensure that the needs of all minority students are met.

MSAAC supports School Board and staff initiatives, and parent efforts to ensure that our school community becomes culturally competent, providing the corner stone to ensure fair and equitable instruction to all LCPS students.

We encourage the development of school cultures where every minority student is afforded the opportunity to achieve his or her full potential, feels welcome and is recognized as an integral member of the student body. All meetings are held at the Loudoun County Public School Administration Building in the School Board Meeting Room.

For questions, please contact the Outreach office directly at (571) 252-1460.

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<tr>
<td>Wednesday, April 23, 2014</td>
<td>LCPS Administration Building: School Board Mtg. Room</td>
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Help Woodgrove earn money to supplement the school’s educational needs. The school is now registered with Giant’s A+ School Rewards Program, and Food Lion’s Classroom Rewards Program. You can sign up online any time. (We are in the application process for Harris Teeter’s Together in Education Program.)

The earlier you register, the sooner Woodgrove can start earning credit toward purchasing needed equipment and supplies to benefit our students and teachers. Please follow the directions listed below to sign up for either one of both of the programs online. Please be sure to enter the school code when you sign up.

**Giant**
School ID 09152
Feel like you have already done this? Giant cards must be re-enrolled each year!

**Food Lion**
School ID 219558
For this program to work we need to have at least 25 people register!
Woodgrove High School is still participating in Target’s Take Charge of Education Program. Join now and help us raise money for our school.

Here’s how it works: visit https://www-secure.target.com/redcard/tcoe/home or call 1-800-316-6142 to designate our school. Woodgrove’s school ID is 152094. Use your REDcard (Target Visa Credit Card, Target Credit Card, or Target Check Card) whenever you shop and Target will donate up to 1% of your purchases back to Woodgrove. Don’t have a REDcard? It’s easy to apply. Get started in person at any Target store or go to Target.com/redcard. Relatives, friends & neighbors are all welcome to participate in this program. The more people involved the more money raise for our school. Check our school’s progress anytime at Target.com/tcoe.

Any questions please email woodgroveptsofundraising@gmail.com.
Thanks for your support!
2013-2014 BUS ROUTE SCHEDULE

THE BUS ROUTE SCHEDULE (PDF LINK) IS AVAILABLE ON THE MAIN PAGE OF OUR SCHOOL WEBSITE (left side under Announcements) OR CLICK ON THE FOLLOWING LINK:

CLICK HERE
LCPS MENUS ARE ONLINE AND CAN BE ACCESSED BY CLICKING HERE
Woodgrove High School
Honor Code

The Woodgrove High School community strives to uphold standards of integrity, respect, cooperation, and trust; supported by interpersonal and intellectual honesty. We remind students daily to work, honor, and strive so that these core values can serve as a foundation for academic success and personal fulfillment throughout a student’s life.

Woodgrove High School Honor Code is:

On My Honor, I have neither given nor received unauthorized aid on this test, quiz, or assignment.*

All Woodgrove students will be required to view a presentation in regard to the Honor Code and to take an assessment. The assessment, along with a signed Honor Code statement, will be part of the student’s academic file for reference purposes.

Cheating

Cheating includes the actual unauthorized use of any information other than one’s own work and/or original thoughts. The purpose of assessments is to determine individual student mastery of the information presented. When cheating occurs, it is not a valid assessment of an individual’s mastery. Examples include, but are not limited to, the following:

- Copying from another person’s (s’) work or allowing another person to copy his/her work or assessment.
- Talking/signing/texting during an assessment.
- Relaying assessment content to students taking the assessment at another time.
- Using study aids/notes/books/data/phones/electronic devices, etc., without the teacher’s express permission to do so.

Plagiarism

Examples of plagiarism include, but are not limited to, the following:

- Presenting as your own someone else’s work in all or in part.
- Copying of language structure, programming, computer code, ideas, and/or thoughts of another without proper citation or acknowledgement.
- Copying word for word without using quotation marks or giving credit to the source of the material.
- Failing to give the original source credit through documentation and bibliography.
- Having somebody else complete assignments, either partially or completely, which are then submitted as one’s own work.

*Adapted from the University of Virginia Honor Code.
Falsifying/Lying

Examples of falsifying/lying include, but are not limited to the following:
- Making an untrue statement verbally or in writing.
- Forging the signature of another.
- Adding/deleting/manipulating information on academic work or assessments.
- Tampering with official records, passes, or any other administrative document.
- Lying or failing to give complete information to school personnel.

Stealing/Theft/Vandalism

Woodgrove students will respect the personal property of others. Stealing is the intentional taking of property belonging to others (including school property) without the owner’s consent. This shall also include any damage to personal or school property.

Responsibilities

Students will...
- Exercise academic honesty in all aspects of their work.
- Prepare sufficiently for all types of assessments.
- Seek extra help from teachers.
- Use sources in the proper manner.
- Follow the Honor Code and report any violations to school personnel.

Teachers will...
- Develop, model, and sustain ethical practices within the classroom setting.
- Report violations to counselor and administrator.
- Discuss violations and consequences with the student or students.
- Contact student’s parent or guardian regarding a violation.
- Record a failing grade for the assignment.

Parents will...
- Discuss the Honor Code with their child to ensure understanding.
- Encourage their child to maintain high standards with regard to integrity, honesty, and personal responsibility.
- Support faculty and administration in enforcing the Honor Code.

Administrators will...
- Ensure that all faculty, students, and parents receive the Honor Code.
- Help contribute to the school wide environment that encourages adherence to the Honor Code.
- Maintain accurate records of Honor Code violations.
- Ensure that the Honor Code is being applied consistently throughout the school.
Consequences:

Violations of the Honor Code accumulate throughout the student’s high school career and across all courses.

First Offense (and all subsequent offenses):
- Immediate referral to the student’s administrator and director of school counseling or the individual student’s counselor for information purposes and to be recorded in the student’s permanent record.
- Teacher or teacher and counselor will notify student’s parents by phone of the violation and offer a conference with parents.
- Teacher will send a written letter to the parents of the student for school documentation and communication purposes.
- Forfeiture of credit for the work (“0” for numerical scale, “F” for letter grade)
- Teacher will either make the student “redo” the mastery assignment or assign an alternative assignment to ensure student mastery of concepts. The highest grade the student can earn will be a 50%.
- Student must retrain on the plagiarism and cheating PowerPoint and retake the assessment. (Student will be retrained during lunch in the in-school restriction room until the student has passed the mastery assessment on plagiarism and cheating.)
- If the student is a member of any honor society, the administrator or director of school counseling will notify the sponsor of the society of the violation.

Second Offense
- Immediate referral to the student’s administrator and director of school counseling or the individual student’s counselor for information purposes and to be recorded in the student’s permanent record.
- The teacher or teacher and counselor will notify student’s parents by phone of the violation and arrange a conference. Attendees will be the student’s administrator, the teacher, the counselor, the parent and the student.
- The teacher will send a written letter to the parents of the student for school documentation and communication purposes.
- Forfeiture of credit for the work (“0” for numerical scale, “F” for letter grade)
- If the student is a member of any honor society, the administrator or the director of school counseling will notify the sponsor of the society of the violation. The society will decide consequences for the member according to the by-laws of the society.
- The student will be assigned one day of in-school restriction.

Third Offense and subsequent offenses:
- The administrator will immediately notify the student’s parents and the student will be assigned two (2) days of in-school restriction. Alternative discipline may be assigned as well. Discipline for subsequent offenses will be administrator’s discretion.
- The administrator will arrange a conference with the teacher, the counselor, the parent, the student and his/her administrator. Consequences for any additional violations of the Honor Code will be discussed at that time.
- The administrator will send a written letter to the parents of the student for school documentation and communication purposes.
- Forfeiture of credit for the work (“0” for numerical scale, “F” for letter grade)
- If the student is a member of any honor society, the administrator will notify sponsor of the society of the violation. The society will decide consequences for the member according to the by-laws of the society.

[Adapted from South Lakes High School and Stone Bridge High School’s Honor Codes.]
Woodgrove High School Honor Code
Acknowledgement and Receipt

I have read and acknowledge receipt of the Woodgrove High School honor code. I understand the actions which violate the code, the code responsibilities, and the consequences of code violations.

On My Honor, I have neither given nor received unauthorized aid on this test, quiz, or assignment.*

____________________________   _______________________________
Student printed name     Student signature

____________________________   _______________________________
Parent printed name     Parent signature

*Adapted from the University of Virginia Honor Code.
2013-14 SCHOOL CALENDAR
for Students

September 3  FIRST DAY OF SCHOOL FOR STUDENTS
October 14  Holiday (Columbus Day)
November 1  End of First Grading Period
November 4-5  Student Holiday (Planning/Records/Conference Days)
November 27-29  Holiday (Thanksgiving)
December 23-31  WINTER BREAK
January 1  Holiday (New Year's) (Classes Resume January 2)
January 20  Holiday (Martin Luther King Jr. Day)
January 24  End of Second Grading Period
January 27  MOVEABLE STUDENT HOLIDAY**
             (Planning/Records/Conference Day)
February 17  Holiday (Presidents' Day)
March 28  End of Third Grading Period
March 31  Student Holiday (Planning/Records/Conference Day)
April 14-18  SPRING BREAK
May 26  Holiday (Memorial Day)
June 13  Last Day of School for Students/End of Fourth Grading Period

**Parents with child-care or other weekday scheduling concerns – The date of this MOVEABLE Planning/Records/Conference and Staff Development Day between first and second semesters may change, if the school calendar changes due to school closings for inclement weather or other emergencies. Parents with childcare or other scheduling concerns should be prepared.

9 Week Grading Period Ending Dates
November 1, 2013
January 24, 2014
March 28, 2014
June 13, 2014

Schedule subject to change based on possible school closing due to inclement weather.
Woodgrove High School
2013 - 2014 Bell Schedules

REGULAR A/B DAY SCHEDULE - 4 Lunch Shifts

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<tr>
<td>2:17-3:43</td>
<td>4th Period</td>
</tr>
</tbody>
</table>

Lunch

<table>
<thead>
<tr>
<th>Lunch</th>
</tr>
</thead>
<tbody>
<tr>
<td>12:05-12:35</td>
</tr>
<tr>
<td>12:37-1:07</td>
</tr>
<tr>
<td>1:09-1:39</td>
</tr>
<tr>
<td>1:41-2:12</td>
</tr>
<tr>
<td>2:17-3:43</td>
</tr>
</tbody>
</table>

REGULAR A/B DAY SCHEDULE – Open Lunch

<table>
<thead>
<tr>
<th>A Day Green Day</th>
<th>B Day Blue Day</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:55 – 9:03</td>
<td>Homeroom</td>
</tr>
<tr>
<td>9:08-10:34</td>
<td>1st Period</td>
</tr>
<tr>
<td>10:39-12:05</td>
<td>2nd Period</td>
</tr>
<tr>
<td>12:05-12:43</td>
<td>Open Lunch</td>
</tr>
<tr>
<td>12:48-2:12</td>
<td>3rd Period</td>
</tr>
<tr>
<td>2:17-3:43</td>
<td>4th Period</td>
</tr>
</tbody>
</table>

Open Lunch

<table>
<thead>
<tr>
<th>Lunch</th>
</tr>
</thead>
<tbody>
<tr>
<td>10,11,12 – release</td>
</tr>
<tr>
<td>12:03</td>
</tr>
</tbody>
</table>

The Parent Information Management System (PIMS) is an online tool that provides a convenient way for the primary parent/guardian of a student to manage changes to the phone and/or email information for the contacts in their child’s record. When using PIMS you can review, at your convenience, the current contact information that exists for your child. If you need to update the current phone/email/emergency contact information, you can easily submit the update request online.

It’s as Easy as: 1 2 3

1. Access the PIMS link from the LCPS Public Internet site. www.lcps.org. From the LCPS home screen, click on the PIMS link on the right-side under “Quick Links”.
2. You will be guided through a series of screens where you will be prompted to enter some identifying information, assert your relationship to the student and then enter updated contact information.
3. Once the request has been submitted, your child’s school will review the request before accepting.

Note: At this time only the parent/guardian listed as their child’s First Contact will be able to request updates to phone numbers and emails for all contacts listed in their child’s record, including the emergency contact. Parents may choose not to use the PIMS or may not have the means to do so. PIMS is simply a tool that will give those parents who so desire the ability to request changes to contact information online. This will not replace the hard-copy Emergency Card that is sent out to all families with requests for contact information updates — instead it is offered as a convenience in addition to the emergency card.
When a student is absent, parents need to call the Absentee Call Line at:

**540-751-2602**

For EACH day the child will be absent. Students may not call themselves in absent, including students 18 years of age and older. For your convenience, this is a 24 hour answering machine. Please leave the following information when calling the Absentee line:

- Student's name-spelling the last name
- Your relationship to the student
- Student's grade
- Reason for absence

If a parent forgets to call on the day of the absence, the school will make a reasonable effort to contact you to verify the absence. If phone contact is not made, then you must send a note on the day he/she returns to school. Please provide doctor's notes every time your child sees a doctor so that we may keep them on file. This pertains to absences and tardies. Without a phone call or a note from the parent to confirm the absence, it will be considered unexcused and disciplinary action may be taken.

Specific information regarding early dismissals, tardies and other attendance information may be found on the Woodgrove High School website under: Administration > Attendance

Please direct your attendance questions to Michelle Clark, Attendance Secretary 540-751-2600 or michelle.clark@lcps.org
Dress and Grooming

*Students are expected to dress appropriately.*

Clothing which distracts others from learning or which endangers safety is unacceptable.

**Clothing which exposes cleavage, midriffs, private parts, or exposes undergarments is unacceptable.** These include, but are not limited to: Sagging or low-cut pants or skirts, tube tops, halter tops, backless shirts or shirts with only ties in the back, see through shirts, extremely short shorts or skirts, muscle shirts, or low-cut necklines that show cleavage.

Clothing with inappropriate images, statements, or inferences related to profanity, alcohol, drugs, tobacco, weapons, or messages which are sexual, threatening, harassing, or inflammatory are not permitted.

**Hats and headgear are not allowed unless approved by the administration for special occasions.** It must be removed upon entering the building and placed in backpacks or lockers.

No towels, shirts, or other like items may be draped over the neck.

Chains and studded jewelry are not permitted as accessories.