



# WOODGROVE HIGH SCHOOL

JANUARY 2014

## Woodgrove High School

36811 Alder School Road  
Purcellville, VA 20132

Main Office: **540-751-2600**

Attendance Office: **540-751-2602**

Guidance Office: **540-751-2607**

Athletic Office: **540-751-2610**

Clinic: **540-751-2606**

**William S. Shipp**  
Principal

**Daryl Cummings**  
Assistant Principal

**Renee Dawson**  
Assistant Principal

**Tim Panagos**  
Assistant Principal

**Geri Fiore**  
Director of School Counseling

**Rusty Lowery**  
Athletic Director

## Principal's Message

*Dear Woodgrove families,*

Happy New Year! I hope everyone had a safe and enjoyable winter break. With the New Year upon us, we have many important and exciting events planned in the days, weeks and months ahead. However before we move forward too quickly, please note that all students will be taking end of semester exams during the last four days of the semester, and we ask that you please help your son or daughter prepare for these exams by reminding them to study, eat well and get plenty of rest. Exams will begin on Tuesday, January 21, and end on Friday, January 24. The exam schedule is included in this newsletter. Please note that our second semester will begin on Tuesday, January 28, with an "A" day.

Our outstanding parent organizations, WWABC, WWMA and WPTSO have been very busy recently coordinating a number of events here at school. Thank you to Susanne Kahler, Karina Chiesa, Tia Brierton, and Chris Vann of the WPTSO, and the rest of the many Woodgrove families for providing staff with delicious cookies during a Cookie Exchange on December 18. What a festive way to begin the winter holiday! We cannot thank our parent groups enough for the wonderful support they provide to our school. Please be sure to look for information on our website regarding meetings and upcoming events. Hopefully you can take some time and participate in these events and opportunities.

We expect 2014 to be an outstanding year at Woodgrove! We wish everyone the best and look forward to your continued support.

Sincerely,

William S. Shipp  
Principal

The mission of Woodgrove High School is to enable all members of the school community to think critically and act responsibly, while preparing students for their futures.



### Woodgrove Beliefs:

- We believe that critical thinking means using knowledge to make informed decisions and to solve problems, both independently and collaboratively.
- We believe that we must be responsible for achieving our own goals, for contributing to society, and for being effective global citizens of the world around us.
- In order to be successful, we all must work, honor, and strive.

# Woodgrove High School Honor Code

The Woodgrove High School community strives to uphold standards of integrity, respect, cooperation, and trust; supported by interpersonal and intellectual honesty. We remind students daily to work, honor, and strive so that these core values can serve as a foundation for academic success and personal fulfillment throughout a student's life.

Woodgrove High School Honor Code is:

***On My Honor, I have neither given nor received unauthorized aid on this test, quiz, or assignment.\****

All Woodgrove students will be required to view a presentation in regard to the Honor Code and to take an assessment. The assessment, along with a signed Honor Code statement, will be part of the student's academic file for reference purposes.

## Cheating

Cheating includes the actual unauthorized use of any information other than one's own work and/or original thoughts. The purpose of assessments is to determine individual student mastery of the information presented. When cheating occurs, it is not a valid assessment of an individual's mastery. Examples include, but are not limited to, the following:

- Copying from another person's (s') work or allowing another person to copy his/her work or assessment.
- Talking/signing/texting during an assessment.
- Relaying assessment content to students taking the assessment at another time.
- Using study aids/notes/books/data/phones/electronic devices, etc., without the teacher's express permission to do so.

## Plagiarism

Examples of plagiarism include, but are not limited to, the following:

- Presenting as your own someone else's work in all or in part.
- Copying of language structure, programming, computer code, ideas, and/or thoughts of another without proper citation or acknowledgement.
- Copying word for word without using quotation marks or giving credit to the source of the material.
- Failing to give the original source credit through documentation and bibliography.
- Having somebody else complete assignments, either partially or completely, which are then submitted as one's own work.

\*Adapted from the University of Virginia Honor Code.

### **Falsifying/Lying**

Examples of falsifying/lying include, but are not limited to the following:

- Making an untrue statement verbally or in writing.
- Forging the signature of another.
- Adding/deleting/manipulating information on academic work or assessments.
- Tampering with official records, passes, or any other administrative document.
- Lying or failing to give complete information to school personnel.

### **Stealing/Theft/Vandalism**

Woodgrove students will respect the personal property of others. Stealing is the intentional taking of property belonging to others (including school property) without the owner's consent. This shall also include any damage to personal or school property.

### **Responsibilities**

Students will...

- Exercise academic honesty in all aspects of their work.
- Prepare sufficiently for all types of assessments.
- Seek extra help from teachers.
- Use sources in the proper manner.
- Follow the Honor Code and report any violations to school personnel.

Teachers will...

- Develop, model, and sustain ethical practices within the classroom setting.
- Report violations to counselor and administrator.
- Discuss violations and consequences with the student or students.
- Contact student's parent or guardian regarding a violation.
- Record a failing grade for the assignment.

Parents will...

- Discuss the Honor Code with their child to ensure understanding.
- Encourage their child to maintain high standards with regard to integrity, honesty, and personal responsibility.
- Support faculty and administration in enforcing the Honor Code.

Administrators will...

- Ensure that all faculty, students, and parents receive the Honor Code.
- Help contribute to the school wide environment that encourages adherence to the Honor Code.
- Maintain accurate records of Honor Code violations.
- Ensure that the Honor Code is being applied consistently throughout the school.

## Consequences:

Violations of the Honor Code accumulate throughout the student's high school career and across all courses.

### First Offense (and all subsequent offenses):

- Immediate referral to the student's administrator and director of school counseling or the individual student's counselor for information purposes and to be recorded in the student's permanent record.
- Teacher or teacher and counselor will notify student's parents by phone of the violation and offer a conference with parents.
- Teacher will send a written letter to the parents of the student for school documentation and communication purposes.
- Forfeiture of credit for the work ("0" for numerical scale, "F" for letter grade)
- Teacher will either make the student "redo" the mastery assignment or assign an alternative assignment to ensure student mastery of concepts. The highest grade the student can earn will be a 50%.
- Student must retrain on the plagiarism and cheating PowerPoint and retake the assessment. (Student will be retrained during lunch in the in-school restriction room until the student has passed the mastery assessment on plagiarism and cheating.)
- If the student is a member of any honor society, the administrator or director of school counseling will notify the sponsor of the society of the violation.

### Second Offense

- Immediate referral to the student's administrator and director of school counseling or the individual student's counselor for information purposes and to be recorded in the student's permanent record.
- The teacher or teacher and counselor will notify student's parents by phone of the violation and arrange a conference. Attendees will be the student's administrator, the teacher, the counselor, the parent and the student.
- The teacher will send a written letter to the parents of the student for school documentation and communication purposes.
- Forfeiture of credit for the work ("0" for numerical scale, "F" for letter grade)
- If the student is a member of any honor society, the administrator or the director of school counseling will notify the sponsor of the society of the violation. The society will decide consequences for the member according to the by-laws of the society.
- The student will be assigned one day of in-school restriction.

### Third Offense and subsequent offenses:

- The administrator will immediately notify the student's parents and the student will be assigned two (2) days of in-school restriction. Alternative discipline may be assigned as well. Discipline for subsequent offenses will be administrator's discretion.
- The administrator will arrange a conference with the teacher, the counselor, the parent, the student and his/her administrator. Consequences for any additional violations of the Honor Code will be discussed at that time.
- The administrator will send a written letter to the parents of the student for school documentation and communication purposes.
- Forfeiture of credit for the work ("0" for numerical scale, "F" for letter grade)
- If the student is a member of any honor society, the administrator will notify sponsor of the society of the violation. The society will decide consequences for the member according to the by-laws of the society.

## Woodgrove High School Honor Code Acknowledgement and Receipt

I have read and acknowledge receipt of the Woodgrove High School honor code. I understand the actions which violate the code, the code responsibilities, and the consequences of code violations.

***On My Honor, I have neither given nor received unauthorized aid on this test, quiz, or assignment.\****

\_\_\_\_\_  
Student printed name

\_\_\_\_\_  
Student signature

\_\_\_\_\_  
Parent printed name

\_\_\_\_\_  
Parent signature

\*Adapted from the University of Virginia Honor Code.



## 2013-14 SCHOOL CALENDAR for Students

September 3	FIRST DAY OF SCHOOL FOR STUDENTS
October 14	Holiday (Columbus Day)
November 1	End of First Grading Period
November 4-5	Student Holiday (Planning/Records/Conference Days)
November 27-29	Holiday (Thanksgiving)
December 23-31	WINTER BREAK
January 1	Holiday (New Year's) (Classes Resume January 2)
January 20	Holiday (Martin Luther King Jr. Day)
January 24	End of Second Grading Period
January 27	<b>MOVEABLE STUDENT HOLIDAY**</b> (Planning/Records/Conference Day)
February 17	Holiday (Presidents' Day)
March 28	End of Third Grading Period
March 31	Student Holiday (Planning/Records/Conference Day)
April 14-18	SPRING BREAK
May 26	Holiday (Memorial Day)
June 13	Last Day of School for Students/End of Fourth Grading Period

**\*\*Parents with child-care or other weekday scheduling concerns** – The date of this MOVEABLE Planning/Records/Conference and Staff Development Day between first and second semesters may change, if the school calendar changes due to school closings for inclement weather or other emergencies. Parents with childcare or other scheduling concerns should be prepared.

### 9 Week Grading Period Ending Dates

November 1, 2013  
January 24, 2014  
March 28, 2014  
June 13, 2014

Schedule subject to change based on possible school closing due to inclement weather.

# Woodgrove High School

## 2013 – 2014 Bell Schedules

### REGULAR A/B DAY SCHEDULE - 4 Lunch Shifts

<u>A Day</u> Green Day		<u>B Day</u> Blue Day	
8:55-9:03	Homeroom	8:55-9:03	Homeroom
9:08-10:34	1 <sup>st</sup> Period	9:08-10:34	5 <sup>th</sup> Period
10:39-12:05	2 <sup>nd</sup> Period	10:39-12:05	6 <sup>th</sup> Period/Flex* (10:39 – 11:20) (11:25 – 12:05)
12:10-2:12	3 <sup>rd</sup> Period	12:10-2:12	7 <sup>th</sup> Period
Lunch 12:05-12:35 12:37-1:07 1:09-1:39 1:41-2:12	Shift I Shift II Shift III Shift IV	Lunch 12:05-12:35 12:37-1:07 1:09-1:39 1:41-2:12	Shift I Shift II Shift III Shift IV
2:17-3:43	4 <sup>th</sup> Period	2:17-3:43	8 <sup>th</sup> Period

### REGULAR A/B DAY SCHEDULE – Open Lunch

<u>A Day</u> Green Day		<u>B Day</u> Blue Day	
8:55 – 9:03	Homeroom	8:55-9:03	Homeroom
9:08-10:34	1 <sup>st</sup> Period	9:08-10:34	5 <sup>th</sup> Period
10:39-12:05	2 <sup>nd</sup> Period	10:39-12:05	6 <sup>th</sup> Period/Flex* (10:38 – 11:20) – (11:25 – 12:05)
12:05-12:43	Open Lunch 10,11,12 – release 12:03	12:05-12:43 10,11,12 – release 12:03	Open Lunch
12:48-2:12	3 <sup>rd</sup> Period	12:48-2:12	7 <sup>th</sup> Period
2:17-3:43	4 <sup>th</sup> Period	2:17-3:43	8 <sup>th</sup> Period



## **PIMS**

### **Request Updates to Phone/Email Contact Info**



The Parent Information Management System (**PIMS**) is an online tool that provides a convenient way for the primary parent/guardian of a student to manage changes to the phone and/or email information for the contacts in their child's record. When using **PIMS** you can review, at your convenience, the current contact information that exists for your child. If you need to update the current phone/email/emergency contact information, you can easily submit the update request online.

#### **It's as Easy as:**



1. Access the PIMS link from the LCPS Public Internet site. [www.lcps.org](http://www.lcps.org). From the LCPS home screen, click on the PIMS link on the right-side under "Quick Links".
2. You will be guided through a series of screens where you will be prompted to enter some identifying information, assert your relationship to the student and then enter updated contact information.
3. Once the request has been submitted, your child's school will review the request before accepting.

**Note:** At this time only the parent/guardian listed as their child's First Contact will be able to request updates to phone numbers and emails for all contacts listed in their child's record, including the emergency contact. Parents may choose not to use the PIMS or may not have the means to do so. PIMS is simply a tool that will give those parents who so desire the ability to request changes to contact information online. This will not replace the hard-copy Emergency Card that is sent out to all families with requests for contact information updates — instead it is offered as a convenience *in addition* to the emergency card.

# ABSENTEE PROCESS

When a student is absent, parents need to call the Absentee Call Line at:

**540-751-2602**

For ***EACH*** day the child will be absent. ***Students may not call themselves in absent, including students 18 years of age and older.*** For your convenience, this is a 24 hour answering machine. Please leave the following information when calling the Absentee line:

- **Student's name-spelling the last name**
- **Your relationship to the student**
- **Student's grade**
- **Reason for absence**

If a parent forgets to call on the day of the absence, the school will make a reasonable effort to contact you to verify the absence. If phone contact is not made, then you must send a note on the day he/she returns to school. Please provide doctor's notes every time your child sees a doctor so that we may keep them on file. This pertains to absences and tardies. Without a phone call or a note from the parent to confirm the absence, it will be considered unexcused and disciplinary action may be taken.

Specific information regarding early dismissals, tardies and other attendance information may be found on the Woodgrove High School website under: Administration >Attendance

**Please direct your attendance questions to  
Michelle Clark, Attendance Secretary  
540-751-2600 or  
[michelle.clark@lcps.org](mailto:michelle.clark@lcps.org)**

# Dress and Grooming

*Students are expected to dress appropriately.*

Clothing which distracts others from learning or which endangers safety is unacceptable.

**Clothing which exposes cleavage, midriffs, private parts, or exposes undergarments is unacceptable.** These include, but are not limited to: Sagging or low-cut pants or skirts, tube tops, halter tops, backless shirts or shirts with only ties in the back, see through shirts, extremely short shorts or skirts, muscle shirts, or low-cut necklines that show cleavage.

Clothing with inappropriate images, statements, or inferences related to profanity, alcohol, drugs, tobacco, weapons, or messages which are sexual, threatening, harassing, or inflammatory are not permitted.

**Hats and headgear are not allowed unless approved by the administration for special occasions.** It must be removed upon entering the building and placed in backpacks or lockers.

No towels, shirts, or other like items may be draped over the neck.

Chains and studded jewelry are not permitted as accessories.



# Woodgrove High School



## *School-wide Positive Behavioral Interventions and Supports 2013-2014*

### **PBIS – HAVE YOU HEARD??**

The 2013-2014 school year at Woodgrove High School marks our third year of Positive Behavioral Interventions and Supports (PBIS). PBIS is an approach for teaching students appropriate behavior and providing the supports necessary to sustain that behavior. The goal of PBIS is to reduce challenging student behavior through a proactive, positive, and consistent manner across all school settings *while also* improving academic achievement and social competence. PBIS is a nationwide program currently being implemented in 52 schools within Loudoun County.

PBIS provides a framework, but it is up to the schools to determine the focus and expectations. The three school-wide expectations for WHS are the following: **Work** with Integrity, **Honor** Others, and **Strive** for Success. These expectations have been broken down into specific behaviors. Posters displaying the expectations and specific behaviors are visible throughout the school.

When students are seen demonstrating the school expectations, they can earn Champion Tickets. The Champion Ticket drawings occur weekly and students whose tickets are drawn earn various recognitions. Some recognitions come in the form of donations, but in order to effectively continue this system of acknowledgement, *we need more*. If you are interested in

donating something that could be used as a recognition for

acknowledging students or faculty members who have exceeded expectations and help to create a positive environment, please contact Renée Dawson, WHS Assistant Principal. Donations could be in the form of tickets to sporting events, gift cards, etc.

# WOODGROVE HIGH SCHOOL

## School Counseling News

### 2013-2014 Counselor Assignments

	<u>Underclassmen</u>	<u>Seniors</u>
Ms. Astrid Willemsma	A-Day	A-C
Mr. Steven Cohen	Dean-Harr	D-Hart
Mrs. Donna Kelly	Has-McVey	Has-Mc
Mrs. Barbara Bell	Me-Sav	Me-Scott
Mrs. Katharine Warehime	Sc-Z	Se-Z

Mrs. Geri Fiore	Director of School Counseling
Ms. Teresa Holland	Administrative Guidance Secretary
Mrs. Rachel Sutphin	Career Center Assistant

### Counselor Coffees & Cafes

We have scheduled two exciting events for parents of 12<sup>th</sup> grade students:

**Counselor Coffee (1/7/13 7:45-8:45am)** – We will be hosting another open lab session for seniors and their parents. We will be available to help with Naviance/Family Connections and college applications.

**Counselor Café (Mondays 4:00-7:00p)** – The School Counseling Office will be open until 7:00pm on Monday nights (except on holidays and snow days). Counselors will be available to assist seniors and their families with any questions pertaining to the college application process. Please call for an appointment or just stop by.

Visit the [Counseling](#) webpage for more helpful resources.

### Upcoming Career Center Visits & Info

Visits this year will take place mainly during 6th Block Flex. **Students must sign up for visits through Naviance.** Those who are not on the list will not be permitted to attend. Attendees will receive a pass prior to the visit or can print their registration from Naviance to serve as a pass. Please visit Mrs. Sutphin in the Career Center with any questions.

1/8 at 10:45am	Wyotech Institute
1/14 at 10:45am	U.S. Marine Corps

### Virginia Governor's School Deadlines

[VPA \(Visual and Performing Arts\)](#) & [Academic Programs](#)

January 27-31, 2014 9am-12pm – VPA & Academic

Readings at John Champe HS, room 1213

For more information about the program click [here](#).

### Naviance/Family Connections

Don't wait get connected! Learn more about this comprehensive program that will help navigate you and your student through the post-secondary process.

Main Office: (540) 751-2600 · Guidance: (540) 751- 2607 · Athletics: (540) 751-2610

Students' username and password should both be their 6-digit student ID number. Parent's login should be their email address that we have on record as the username and woodgrove (all lowercase) as the password. For more information, go to the WHS School Counseling page or contact Rachel Sutphin at [rachel.sutphin@lcps.org](mailto:rachel.sutphin@lcps.org)

### It's Never Too Early to Start Thinking About Scholarships

Visit the [LCPS School Counseling](#) webpage for up-to-date county scholarship postings.

### Interested in the Military?

Take the **ASVAB** (*Armed Services Vocational Aptitude Battery*) a comprehensive career exploration and planning program that includes multiple aptitude tests, an interest inventory, and various career planning tools designed to help students explore the world of work.

March 1, 2014 at 9:00am - Loudoun Valley High School

If interested, you can sign up [here](#).

### 2013-2014 SAT/ACT Test Dates

**SAT** [www.collegeboard.com](http://www.collegeboard.com)

January 25 (Registration deadline 12/27, late registration deadline 1/10)

March 8 (Registration deadline 2/7, late registration deadline 2/21)

May 3 (Registration deadline 4/4, late registration deadline 4/18)

June 7 (Registration deadline 5/9, late registration deadline 5/23)

**ACT** [www.actstudent.org](http://www.actstudent.org)

February 8 (Registration deadline 1/10, late registration deadline 1/24)

April 12 (Registration deadline 3/7, late registration deadline 3/21)

June 14 (Registration deadline 5/9, late registration deadline 5/23)

### Leadership & Volunteer Opportunities

#### **Rust Sanctuary Volunteers Needed**

The Rust Sanctuary in Leesburg, VA is in need of high school volunteers to do the following tasks:

- data entry
- assist with special events - nature birthday parties, school's out days, weekend scout activities, etc.
- Nature Camp volunteers
- organize educational materials
- lesson prep tasks

# WOODGROVE HIGH SCHOOL

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## School Counseling News

Please contact Susanne Ortmann at 703-669-0000 or [Susanne.Ortmann@anshome.org](mailto:Susanne.Ortmann@anshome.org) if interested.

### ***Step Up Loudoun Youth Competition!***

High school youth across the county are encouraged to identify an issue in their school, neighborhood or community, create a plan to address that issue, and implement the plan. The goal is to encourage, support and reward the youth of Loudoun County for making positive changes in their own lives and the lives of others. Cash prizes will be awarded including a \$1000 grand prize to the top team! Step Up Loudoun Youth is a collaboration between Loudoun Youth Inc., Loudoun County PRCS, the Advisory Commission on Youth, Leadership Loudoun and Loudoun County Public Schools. For more information click [here](#).

### ***Want to Give Back?***

Piedmont Community Foundation's Forward Turn is a group of student grantmakers who fund youth-led charitable projects that take a "forward turn" to benefit communities in Fauquier and Loudoun Counties.

Forward Turn is funded by the S. Murray and Mary H.C. Rust Student Philanthropy Project of the Piedmont Community Foundation. For more information and to learn how to apply visit [www.forwardturn.org](http://www.forwardturn.org).

### ***Interested in Being a Mentor?***

Check out the *Mentor Program*, a wonderful service club here at WHS. As a participant, students commit to helping an elementary student or a classroom teacher one morning a week prior to the beginning of the school day. Mentors may choose to be a classroom helper or work with an individual student as a tutor or role model. Many mentors choose to go to the school closest to their home or they enjoy volunteering in the elementary school they attended. Students may pick up an application in the Career Center from Ms. Hayba. Once completed and signed by a parent, an interview is scheduled and then the student is placed and ready to begin. WHS students log their volunteer hours and enjoy this opportunity to give back, and some may even decide to become teachers!

## **Upcoming Events**

### ***Financial Aid Information Workshop***

Wednesday, December 11, 2013 at 6:30 pm in the auditorium at Loudoun Valley High School. WHS parents and students of all grade levels are invited to attend this information workshop. It is never too early to start planning financially for college.

### ***Super Saturday – FAFSA (Free Application for Federal Student Aid)***

Saturday, January 18, 2014 at 10:30 AM at Woodgrove High School. This is a workshop for seniors and parents of seniors. Please come prepared with tax information so you can complete your son/daughter's FASFA with the help of experienced professionals in the field. You will have private time to ask specific questions relating to your family situations. Representatives from NOVA's Financial Aid office will be here to share their expertise in the area of Financial Aid.





# Loudoun County Public Schools

Department of Instruction

21000 Education Court

Ashburn, VA 20148

Telephone: 571-252-1090 Fax: 571-252-1166

May 13, 2013

TO: Middle and High School Principals

FROM: Barbara P. Nichols, Director of Middle School Education "P" (JU)JC.  
David A. Spage, Director of High School Education (J/r' j.In  
Shirley L. Bazdar, Director of Career and Technical Education  
Sharon D. Ackerman, Assistant Superintendent for Instruction

SUBJECT: Issue Dates for 2013-14 Report Cards and Interims

Listed below are the dates for issuing report cards for the 2013-2014 school year. All report cards in grades K-12 will be issued on the same date.

Grading Period Ends	Grades Due	<u>Report</u> Cards Sent Home
November 1	November 6	November 13
January 24	January 29	February 5
March 28	April 2	April 9
June 13	June 16	June 18 (mailed)

Discussion of which students will receive interims will be held at the September Principals' Meeting. Suggested dates for interim reports are:

October 2  
December 11  
February 27  
May 9

Detailed information on the first and second semester exam schedule will be sent in a later memo. Please share this information with the appropriate staff members in your building. If you have any questions, please contact your director.

C: Eric Stewart, Director of Curriculum and Instruction  
W. Michael Martin, Director of Elementary Education

BPN:slb



# Loudoun County Public Schools

## Department of Instruction

21000 Education Court

Ashburn, VA 20148

Telephone: 571-252-1090 Fax: 571-252-1166

October 29, 2013

TO: Secondary Principals

FROM: Shirley L. Bazdar, Director of Career and Technical & Adult Education  
Barbara P. Nichols, Director of Middle School Education  
David A. Spage, Director of High School Education  
Sharon D. Ackerman, Assistant Superintendent for Instruction

SUBJECT: **FIRST SEMESTER EXAM SCHEDULE**

The table below shows the schedule for first semester exams for all middle and high schools.

DATE	PERIODS
Tuesday, January 21, 2014	6 and 5
Wednesday, January 22, 2014	1 and 2
Thursday, January 23, 2014	7 and 8, CS Monroe B Day Exam, Grading Period Ends
Friday, January 24, 2014	3 and 4, CS Monroe A Day Exam
Monday, January 27, 2014	Teacher Workday
Wednesday, January 29, 2014	Grades Due
Wednesday, February 5, 2014	Report Cards Sent Home

The table below shows the *high school* exam bell schedule:

Exam	9:00a.m. - 11:00 a.m.
Break	11:00a.m. - 11:25a.m.
Exam	11:30 a.m. - 1:30 p.m.
Dismissal	1:30 p.m.

Students will not be released before 1:30 p.m. No individual arrangements are to be made.

In the event of inclement weather resulting in school being canceled on any day when exams have been scheduled, the exam schedule will resume on the next day that students attend. In the event of inclement weather resulting in a school delay, then the exam schedule for that day will take place and the dismissal time for the students will change for both a one-hour and a two-hour delay from 1:30 p.m. to the regular school dismissal time.

If you have any questions, please call your director.

BPN:slb



# **WOODGROVE THEATRE ARTS...**

## **WE'RE BUILDING OUR THEATRICAL LEGACY - TODAY**



**Make your donation and buy a piece of Woodgrove history.**

**Want to be the first to join Woodgrove's Theatre program's FIRSTS.**

- Last year's highest attendance at a Theatrical performance. (Music Man)
- First Conference Championship (Conference 21 Champions 2013)
- First Theatrical show to compete at the regional level. (The Ugly Duckling)
- Awaiting confirmation that we are the First Loudoun Co. School to perform a mainstage show at the Virginia Thespian Society Conference.

**What is the Project?**

- Completing the Black Box Theatre by adding Theatre seating.

**How can I help?**

- Purchase one chair for the Black Box Theatre at a cost of \$150 for the first 15 chairs and \$200 per chair thereafter.

**How will this benefit me?**

- Each donor, whether business or individual will receive recognition by way of a brass plaque, engraved with name/business name, attached to a chair in the Black Box Theatre.

**How will this benefit Woodgrove?**

- Students will have an additional performance venue that will be an intimate space in comparison to the size of the auditorium.



# WOODGROVE THEATRE ARTS TO PRESENT

## “HOW TO SUCCEED...”

If you want to talk about “Cinderella, Darling” or you’re interested in the “Brotherhood of Man”  
*you’ll need to bring your tap shoes.*

**In an effort to make this possible, Woodgrove Theatre will be offering tap classes on  
Tuesdays and Thursdays each week beginning December 3 and ending February 6.**



These classes will be taught by qualified Woodgrove students in an effort to increase everyone’s ability to make the cast. These classes are for anyone interested in auditioning for the Spring Production.

*There is no cost to learn, but you need to provide your own tap shoes.* If you have any additional questions please contact **Mr. Noland 540-751-2605 (david.noland@lcps.org)**

# WOODGROVE HIGH SCHOOL

Woodgrove High School  
Home of the Wolverines

36811 Alder School Road Purcellville, VA 20132  
P:(540) 751-2600 • F: (540) 751-2601

## Woodgrove's Finest

Woodgrove's Finest is located in Room 401. We have everything you are looking for, so come on in!

Feeling Cold? We've got you covered.

Feeling Hot? We can cool you down.

Feeling Hungry? We will satisfy your hunger.

Feeling Thirsty? We'll quench your thirst.

We offer a variety of products, ranging from sweatshirts and sweaters to food and drinks. Our sales staff is available to help you find the product that you need and want.

Surprise your student with a little bit of our Merchandise for any Occasion!

Follow our Twitter Page  
@WoodgroveStore

We have several new products that have been delivered in the last few days. We have Stainless Steel Travel Coffee Mugs, Stainless Steel Water Bottles, Flash Drives, and Portable Stadium Seats. Get yours before they are gone.

## Coming Soon!!!!

We will be placing all of our items online for an Online Webstore. There, you will be able to pay using most major Credit Cards. Once your order is placed, you or your student may pick your order at school within 2-3 days.

# **ATHLETIC NEWS / UPDATES**

If you would like to be in the loop  
and receive the latest athletic news  
and updates, please email  
Mr. Lowery, Athletic Director,  
[Theodore.Lowery@lcps.org](mailto:Theodore.Lowery@lcps.org)

Mr. Lowery will be happy to add  
you to the email distribution list.



## WOLVERINE SPORTS MEDICINE

Volume 4, Issue 5

January, 2014

### Sports Injuries

#### Scaphoid Fractures

Most of the time, a broken bone is obvious. The area around the break may be painful, swollen or deformed. But sometimes a bone can break without you realizing it. That's what can happen to the scaphoid bone in your wrist. Many people with a fractured scaphoid think they have a sprained wrist, instead of a broken bone because there is no obvious deformity and very little swelling.

The scaphoid bone is shaped like a cashew nut and is located on the thumb side of your wrist. It sits in the "anatomical snuffbox", a triangular shaped area formed by two tendons on the backside of the base of the thumb. Most fractures occur in the middle or lower portion of the bone and since the bone has a poor blood supply, healing is often slow and inadequate. Scaphoid fractures account for about 60% of all wrist fractures. The break usually occurs during a fall on the outstretched wrist. It's a common injury in sports and motor vehicle accidents.

Diagnosing a scaphoid fracture is difficult because unless the fracture is displaced, initial X-rays usually do not show signs of a fracture. A bone scan taken two or three days after the injury can confirm the diagnosis. Or a physician may request a second set of X-rays after a week to ten days. That is why many physicians will usually immobilize a sprained wrist for at least a week or so even if the X-rays are negative.

Most scaphoid fractures are treated with cast immobilization. Healing time can range from 6 weeks to 6 months. After the cast is removed a rehabilitation program helps restore range of motion and strength. Even with immediate cast immobilization not all scaphoid fractures will heal properly. Surgical bone graft placement with internal fixation is recommended when the scaphoid fails to heal.

Scaphoid fractures often take a long time to heal. An untreated fracture can lead to severe arthritis and eventually require surgery to fuse or replace the joint.

## Nutrition

### Steroid Use in Schools

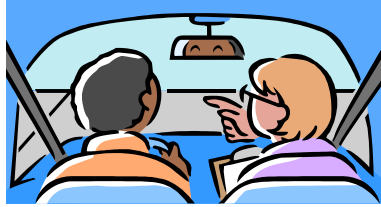
A recent survey conducted by the Professional Baseball Athletic Trainers' Society (PBATS) found less than 20% of Americans believed steroid use was an issue in grades 9 through 12, when 5.9% of boys and 4.6% of girls in that age range reported using the drugs. Also, according to the American Public's Perception of Illegal Steroid Use Report, as many as 6.1% of high school students have admitted to using anabolic steroids. With about 16.2 million students in the U.S. high schools, that's approximately 1.04 million high school students who have used steroids. (These numbers do not include those who are unknowingly ingesting anabolic steroids via unregulated dietary supplements.)

Coaches and other athletic leaders do not want to believe there is an anabolic steroid usage problem among their athletes. Neither do parents. Combine that with a strong pattern of denial among the users and it's no wonder that adults are oblivious to this issue. Although kids may hide behind smiles, the tragic truth can be found in some of these facts from the survey:

- Median age for first time steroid use: 15 yrs. old.
- Teen girls are the fastest growing group of users.
- 40% of high school seniors say it's easy to obtain.
- It takes 0.01 seconds for a student to find steroids for sale online.
- Up to 25% of dietary supplements are spiked.
- 62.5% of steroid users do it to improve their looks. Athletic performance ranks third.
- 57% of steroid users said they would take a pill or powder if it guaranteed reaching their athletic goal...even if it might shorten their life!

The most important thing people should take away is that the problem is all around them. They should assume that it's going on in their kids' schools, in their kids' social groups, and it is close enough to them that they need to have their antennae up when it comes to their kids.

# Partners For Safe Teen Drivers Presentation



Parents of 10<sup>th</sup> grade students should be aware of the up-coming Partners for Safe Teen Drivers Presentation. This 90 minute presentation is a required additional component to the 10<sup>th</sup> grade classroom driver education curriculum. Please note that students cannot be issued a Driver Education Classroom Completion Card until a presentation has been attended by both the student and parent or guardian. Students will be expected to sit with their parent or guardian during the entire presentation. Please bring a pen or pencil to complete required paperwork. Also, plan to arrive early, the presentations will begin promptly at 7pm.

Other Parent for Safe Teen Drivers Presentations are offered at the High Schools throughout Loudoun County listed. Dates for these presentations and other information can be found on the Woodgrove High School website main page and Health and Physical Education site.

## THE FOLLOWING DATES ARE AVAILABLE:

Briar Woods High School

January 13, 2014

### **Important:**

- 1. Bring a pen to complete the paperwork.**
- 2. Student and parent/guardian must sit together.**
- 3. Cell phones should not be in use during the presentation (this includes parents – please lead by example!).**
- 4. Plan to arrive early – no one will be admitted inside the auditorium after the doors close at 7:05 pm.**
- 5. Students in HPE 10 will receive an “Incomplete” grade for classroom Driver Education if they do not attend one of the 26 presentations above.**

# SENIOR CLASS NEWS!



- The class of 2014 Senior Class Dues
- Get Involved!

Please pay your senior class dues of \$84.00 through Balfour. Visit [Balfour.com](http://Balfour.com)

- Type Woodgrove High School in the school selection
- Select the icon for graduation
- Click on individual products in blue in the upper left hand corner
- Under SHOP BY in the left hand column, choose CAP AND GOWN

These dues will cover your cap and gown, spring t-shirt, activities and food throughout the year and graduation expenses.

**Please get involved with your senior class.**

**Meetings are held during club 3 and open lunch on Friday. Your class needs help decorating for homecoming, fundraising, designing t-shirts, planning and executing graduation, and much more!**

**2014**  
The Class Of

**Stop by room 307 with any questions! We look forward to an excellent year!**

Sponsors,

Kelley Hines  
Emily Stevens  
Heidi McPhillips

[Kelley.hines@lcps.org](mailto:Kelley.hines@lcps.org)  
[Emily.stevens@lcps.org](mailto:Emily.stevens@lcps.org)  
[Heidi.mcphillips@lcps.org](mailto:Heidi.mcphillips@lcps.org)



# What makes a school succeed?

Involvement and commitment of the students, parents, faculty and staff make up the community, identity, and spirit of the school.

We have three organizations that support students, parents, faculty and staff:



How do I decide which are right for my students and family?

Are your students:

<i>Musically or Fine Arts/Theater inclined?</i>	⇒ Become a <a href="#">member of WM&amp;AA</a> , and check out the <a href="#">WM&amp;AA's website</a> !
<i>Athletically inclined or enjoy watching high school sports?</i>	⇒ Get a <a href="#">Season Pass and membership</a> to the WWABC. Check out the <a href="#">WWABC website</a> for more information!
<i>Interested in supporting Woodgrove HS overall, and keeping up to date with all the school news (including important School Counseling updates)?</i>	⇒ Become a <a href="#">member of the PTSO</a> , check out the <a href="#">PTSO website</a> AND ⇒ Sign up to get <a href="#">The Woodgrove Weekly e-newsletter</a> !

Should I only be a member of one organization?

NO! If you're interested in supporting the Woodgrove High School community overall — *Consider joining all three!*

# You're Invited!

Join your neighbors along with  
the staff & students of



Become a member of the 2013-2014  
**Woodgrove PTSO**

Help **SUPPORT** the success of your school.



<https://events.r20.constantcontact.com/register/eventReg?llr=lm67ludab&oeidk=a07e7vazs7g74fd9a49>

*Click on the link to become a member TODAY*

**Woodgrove PTSO: How we contribute to our school and community.**

- Award academic scholarships to graduating seniors
- Established Grad NIGHT as popular event and work to sustain a yearly safe celebration alternative
- Fund teacher requests for curriculum and support materials
- Offer staunch support & sponsorship of various senior events
- Continuous contributors to staff appreciation functions
- Support our Parent Liaison to assist students in need and their families
- Provide volunteers for various WHS sponsored events

**With your support, we will continue to:**

- Work towards fulfilling the needs of our WHS learning community by supporting projects not funded by the school budget.
- Recognize and celebrate our school's successes
- Publish the Woodgrove Weekly newsletter to keep you informed all WHS happenings
- Ask for your help and assistance in areas of need—our volunteers are very important to our school's success.



**Dues are only \$25 a family or \$10 for individuals and \$5 for students and faculty.**

MEMBERS NAME(S): \_\_\_\_\_

ADDRESS: \_\_\_\_\_

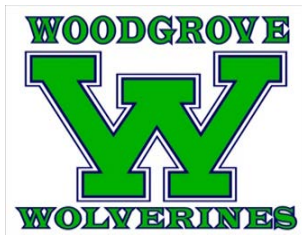
CITY: \_\_\_\_\_

STATE: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_

PHONE NBR: \_\_\_\_\_ MEMBERSHIP AMT ENCLOSED: \_\_\_\_\_

EMAIL: \_\_\_\_\_ ADDTL donations are WELCOME and are  
TAX FREE

Please return to the PTSO box in the main office.



# From the PTSO President:

Dear Woodgrove Parents, Students, Staff & Friends:

As this year comes to a close, I would like to bring to your attention some of the accomplishments the PTSO has achieved in the first part of the 2013-2014 school year:

- Hosted a Staff welcome-back breakfast
- Sponsored a Senior breakfast
- Provided Homecoming coat-check & refreshments
- Funded classroom equipment for Outdoor PE
- Purchased landscaping tools for student use
- Funded classroom projects for Family & Consumer Sciences
- Funded "My Access" immediate feedback writing program
- Sponsored practice ACT/SAT test
- Fulfilled numerous volunteer requests for school events/needs
- Donated approx.. \$150 to the WHS parent liaison for families in need from Holiday Pie Sale proceeds.

I would like to thank everyone that has been involved in our efforts – whether it has been through donating goods or services or by donating their time, which is an equally precious commodity. I would also like to remind our community that every dollar that is donated to the PTSO, or through membership in the organization, goes back to the school in some shape or form.

The big push for the WHS PTSO upon entering the New Year is going to be towards providing our senior class with a safe and sane venue to celebrate one last memorable evening as "Wolverines." It is a year-long effort of coordinating, planning and fundraising. Last year we reached over 125 students by having the event held on-site at Woodgrove for the first time. This year we hope to expand on our efforts and make the event even bigger and better and reach an even higher number of seniors. For this effort to succeed and become a tradition in the years and students that follow, we need your help.

Please remember that every donation made is tax deductible. So if you are considering an end-of the year gift, please consider our cause and see the below link to access our online donation

page: <http://www.lcps.org/Page/37897>

Our tax ID number is 27-2800768.

Thank you and have a wonderful holiday season!



Susanne Kahler  
Woodgrove High School PTSO President  
[WoodgrovePTSOPresident@gmail.com](mailto:WoodgrovePTSOPresident@gmail.com) or (540) 751-9025

Woodgrove High School  
Attn: Woodgrove PTSO  
36811 Alder School Road  
Purcellville, VA 20131

***Dear Western Loudoun Businesses, Organizations, Partners and Parents:***

Woodgrove High School celebrated the graduation of the Class of 2013 with our first ever Graduation Night Celebration held on site at the school itself. It was a resounding success, with over 125 students attending the festivities. This year, the Class of 2014 anxiously awaits their own celebration.

As word of our success travels and grows, so does our need for your continued assistance. This year we hope to reach an even greater number of students. The end of the school year promises freedom, independence, and the onset of adulthood to our children. It is also statistically a season of the highest teen auto fatalities and alcohol-related car crashes. Our Western Loudoun community is so tightly knit that one solitary loss affects us all. With the goal of keeping our seniors safe at the forefront of our minds and the students cherishing fond memories of their final evening as Wolverines the first goal in our hearts, the Woodgrove PTSO is in the process of planning this year's after-grad night celebration and we need your help.

We truly appreciate the generosity you showed last year's graduating class and we ask for your help through monetary donations once again in our fundraising efforts. Contributions in the form of services or gift certificates to give to our seniors as prizes are also welcomed. Please give in whatever way you can for this important cause. All contributions are tax deductible. Please make your check payable to the "Woodgrove High School PTSO" and notate in the memo that funds should be earmarked for GNP. Our tax ID number is 27-2800768.

Thank you so much for your continued support.

Sincerely,

Susanne Kahler,  
Woodgrove High School PTSO President  
[WoodgrovePTSOPresident@gmail.com](mailto:WoodgrovePTSOPresident@gmail.com)  
[\(540\) 751-9025](tel:5407519025)







## LEAP Learns Online Methods to Help Students

From the digital classroom to the way to select the right college, delegates of the Loudoun Education Alliance of Parents (LEAP) learned about the online tools helping students at their November 13th meeting. Loudoun County High School English teacher Nick Grzeda showed how he used the **VISION** program to “flip” his classroom. He places his lectures online for home viewing and uses class time for discussions and writing projects. This model was adopted after some teacher reflection on Grzeda’s part. “Where is the maximum amount of learning going to take place? What’s going to maximize learning?”

Grzeda said using **VISION** means his classroom is totally transparent to both students and teachers. Lectures, assignments, class calendars, objectives and homework are all online. Grzeda also has a one-way texting program that allows him to remind students of what’s coming up in class (such as tests) the next day. “The only excuse is the dog ate my Internet.” If students don’t have Internet access, Grzeda said he loads lessons on a flash drive that can be plugged into a home computer.

Among the things Grzeda has his students doing in class are practice SAT essays. Students can get instant feedback on why their essays are (or aren’t) up to par and what weaknesses they exhibit. Practice Advanced Placement tests also are available. Grzeda now grades essays on his laptop and posts his comments in real time, so that students can get quick feedback on their work.

Loudoun County Public Schools (LCPS) School Counseling Specialist Beth Doyle and Pupil Services Coordinator Tamara Christman detailed the **Naviance** program, which tracks student progress and steers students toward careers or colleges where they will be successful. As freshman, students take an assessment using Naviance that’s similar to a Myers-Briggs assessment. This pinpoints areas of interest and possible careers.

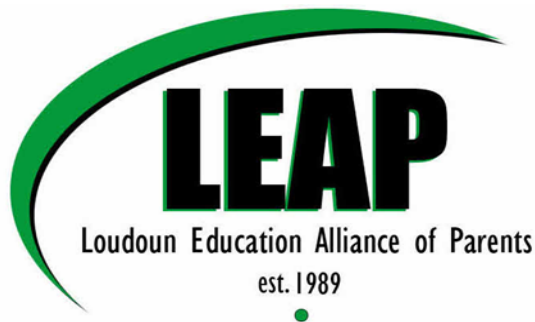
Seniors can use Naviance to get a clear picture of their chances of getting into a particular college. Naviance stores the applications of everyone in a high school who has applied to a particular college or university. After a student inputs the college of their choice into Naviance, the system places them on a “scattergram,” which shows where they stand in relation to other students from their high school who have applied to that institution and where they stand in relation to that college’s admissions standards.

Heritage Principal Jeff Adam spoke with parents about **CLARITY**, an online system that lets parents check their student’s grades, assignments, attendance and assessments. As students move into high school, Adam said it should be the student who is the primary person using **CLARITY** to check their progress and make sure they’re staying on task. He added **CLARITY** is similar to systems colleges require students to use to keep track of their course progress. Allowing a high school student to use **CLARITY** will help them develop adult skills when it comes to taking responsibility for their education.

As good as the online tools LCPS offers are, Adam cautioned that they are not a substitute for parents communicating with teachers. “As educators we are certainly in the business of people.”

For more information, please check the [Woodgrove LEAP website](#)

**The next LEAP meeting will be on**  
**Wednesday, December 11, 2013, 7:00 pm @ the LCPS Administration Building**  
**The subjects will be STEM, one-to-one computing and Monroe Technology Center.**  
*Members of the community are encouraged to attend LEAP meetings.*



**Parents and members of the community are always welcome to attend LEAP meetings.**

## **2013 - 2014 Topics**

**September 11, 2013**

School Security & Bullying

**October 9, 2013**

LCPS Board Member Update and Q&A Forum

**November 13, 2013**

Tools for Success (CLARITY, Vision, Homework Strategies)

**December 11, 2013**

Science, Technology, Engineering, and Math: STEM I (One-to-one computing, Monroe Technology Center)

**January 15, 2014**

Loudoun County Public Schools - The proposed 2014-2015 LCPS Budget

**February 12, 2014**

Cyber Safety

**March 12, 2014**

Science, Technology, Engineering, and Math: STEM II (Enrichment opportunities)

**April 9, 2014**

Parents' Choice (A program parents plan)

**May 14, 2014**

Meet the new LCPS Superintendent/Town Hall Meeting

## ***WHAT IS LEAP?***

The **Loudoun Education Alliance of Parents (LEAP)** is a non-partisan network that promotes interaction between parents, teachers, School Board members and members of the Loudoun County Public Schools Administrative Team. LEAP holds monthly meetings on the second Wednesday of the month at the LCPS Administration Building in Ashburn, Virginia.

Each program features a panel discussion on topics of interest to parents and members of the community at large, followed by a Question and Answer session and an update from LCPS Superintendent Edgar B. Hatrick III. Delegates are elected from each Loudoun County Public School's PTA, PTO or PTSO group to attend the monthly LEAP meetings.



The Minority Student Achievement Advisory Committee (MSAAC) is dedicated to work in partnership with the Loudoun County Public Schools (LCPS), parents and community to further the academic, social and cultural development of every student and to ensure that the needs of all minority students are met.

MSAAC supports School Board and staff initiatives, and parent efforts to ensure that our school community becomes culturally competent, providing the corner stone to ensure fair and equitable instruction to all LCPS students.

We encourage the development of school cultures where every minority student is afforded the opportunity to achieve his or her full potential, feels welcome and is recognized as an integral member of the student body. All meetings are held at the Loudoun County Public School Administration Building in the School Board Meeting Room.

For questions, please contact the Outreach office directly at (571) 252-1460.

Day and Date	Location	Time
Wednesday, September 18, 2013	LCPS Administration Building: School Board Mtg. Room	7:00pm
Wednesday, October 16, 2013	LCPS Administration Building: School Board Mtg. Room	7:00pm
Wednesday, November 20, 2013	LCPS Administration Building: School Board Mtg. Room	7:00pm
Wednesday, January 15, 2014	LCPS Administration Building: School Board Mtg. Room	7:00pm
Wednesday, February 19, 2014	LCPS Administration Building: School Board Mtg. Room	7:00pm
Wednesday, March 19, 2014	LCPS Administration Building: School Board Mtg. Room	7:00pm
Wednesday, April 23, 2014	LCPS Administration Building: School Board Mtg. Room	7:00pm



# Giant, Food Lion, Harris Teeter & Target Reward Programs

Help Woodgrove earn money to supplement the school's educational needs. The school is now registered with Giant's A+ School Rewards Program, and Food Lion's Classroom Rewards Program. You can sign up online any time. (We are in the application process for Harris Teeter's Together in Education Program.)

The earlier you register, the sooner Woodgrove can start earning credit toward purchasing needed equipment and supplies to benefit our students and teachers. Please follow the directions listed below to sign up for either one of both of the programs online. Please be sure to enter the school code when you sign up.



**Giant**

School ID 09152

Feel like you have already done this? Giant cards must be re-enrolled each year!

[Giant](#)



**Food Lion**

School ID 219558

For this program to work we need to have at least 25 people register!

[Food Lion](#)



## **Harris Teeter**

School code: 1613

[Harris Teeter](#)



## **Target Reward Program**

School ID 152094

Target's Take Charge of Education Program

Woodgrove High School is still participating in Target's Take Charge of Education Program. Join now and help us raise money for our school.

Here's how it works: visit <https://www-secure.target.com/redcard/tcoe/home> or call 1-800-316-6142 to designate our school. Woodgrove's school ID is 152094. Use your REDcard (Target Visa Credit Card, Target Credit Card, or Target Check Card) whenever you shop and Target will donate up to 1% of your purchases back to Woodgrove. Don't have a REDcard? It's easy to apply. Get started in person at any Target store or go to [Target.com/redcard](https://www-secure.target.com/redcard). Relatives, friends & neighbors are all welcome to participate in this program. The more people involved the more money raised for our school. Check our school's progress anytime at [Target.com/tcoe](https://www-secure.target.com/redcard/tcoe).

Any questions please email [woodgroveptsofundraising@gmail.com](mailto:woodgroveptsofundraising@gmail.com).

Thanks for your support!

# 2013-2014 BUS ROUTE SCHEDULE

THE BUS ROUTE SCHEDULE (PDF LINK) IS  
AVAILABLE ON THE MAIN PAGE OF OUR  
SCHOOL WEBSITE (left side under  
Announcements) OR CLICK ON THE  
FOLLOWING LINK:



[CLICK HERE](#)



LCPS MENUS ARE ONLINE  
AND CAN BE ACCESSED BY  
CLICKING HERE