Dear Woodgrove families,

We certainly hope everyone had a safe and happy Thanksgiving. November proved to be yet another wonderful month at Woodgrove. American Education Week went very well, and we appreciate those family and community members who took time to visit with us during our celebration. The Drama Department’s presentation of *An Ideal Husband* was outstanding – congratulations to Mr. Noland and all of the students who worked so hard to bring that play to life on our stage. Also, congratulations to all our sports teams and our band for an excellent fall season – our programs were very successful and we look forward to building upon those successes.

Even though the 2014 is not here yet, we already are beginning to prepare for student course selections and scheduling for the 2014-2015 school year. We will have a parent and guardian information night on Monday, December 2. All grade levels will meet that night – please see the schedule included in the Counseling section of this newsletter for specific times for each grade level.

Now that December is here, winter weather provides opportunities for school closings and delayed openings. Please check the Loudoun County Public School website for information on school closings. The last day of classes before Winter Break will be Friday, December 20. Classes will resume on Thursday, January 2.

Not only will December bring a noticeable change in our weather, along with it will comes a number of exciting events here at school. The music departments will present their choral, band and guitar winter concerts this month. All concerts will begin at 7:00 PM. Our winter sports have also started their games and competitions. Please check the calendar for the dates of these upcoming musical and sporting events and please attend and watch our Wolverines in action.

Regarding attendance, I am asking that parents and guardians make every attempt to schedule family trips and vacations during school holidays or breaks.

*Continued page 2*
Continued from Page 1

Also, the mornings and afternoons are very busy with regards to students and teachers arriving and departing from school. Please drive safely and slowly as we have a number of students, parents and staff members driving and walking to and from the parking lot.

We have very active parent organizations here at Woodgrove and I do encourage all parents / guardians to participate in one or more of these organizations. The WWABC, WWMA and PTSO all have information on our website regarding meetings and upcoming events. These organizations provide another great opportunity for parents and guardians to be involved in their son’s/daughter’s education. I hope more of you will take advantage of these opportunities.

Lastly, as we enter the holiday season, the staff at Woodgrove takes this time to wish everyone the best, and we look forward to a fantastic year in 2014!

[Signature]

William S. Shipp
Principal
The mission of Woodgrove High School is to enable all members of the school community to think critically and act responsibly, while preparing students for their futures.

**Woodgrove Beliefs:**

- We believe that critical thinking means using knowledge to make informed decisions and to solve problems, both independently and collaboratively.

- We believe that we must be responsible for achieving our own goals, for contributing to society, and for being effective global citizens of the world around us.

- In order to be successful, we all must work, honor, and strive.
Woodgrove High School
Honor Code

The Woodgrove High School community strives to uphold standards of integrity, respect, cooperation, and trust; supported by interpersonal and intellectual honesty. We remind students daily to work, honor, and strive so that these core values can serve as a foundation for academic success and personal fulfillment throughout a student’s life.

Woodgrove High School Honor Code is:

On My Honor, I have neither given nor received unauthorized aid on this test, quiz, or assignment.*

All Woodgrove students will be required to view a presentation in regard to the Honor Code and to take an assessment. The assessment, along with a signed Honor Code statement, will be part of the student’s academic file for reference purposes.

Cheating

Cheating includes the actual unauthorized use of any information other than one’s own work and/or original thoughts. The purpose of assessments is to determine individual student mastery of the information presented. When cheating occurs, it is not a valid assessment of an individual’s mastery. Examples include, but are not limited to, the following:
- Copying from another person’s (s’) work or allowing another person to copy his/her work or assessment.
- Talking/signing/texting during an assessment.
- Relaying assessment content to students taking the assessment at another time.
- Using study aids/notebooks/books/data/phones/electronic devices, etc., without the teacher’s express permission to do so.

Plagiarism

Examples of plagiarism include, but are not limited to, the following:
- Presenting as your own someone else’s work in all or in part.
- Copying of language structure, programming, computer code, ideas, and/or thoughts of another without proper citation or acknowledgement.
- Copying word for word without using quotation marks or giving credit to the source of the material.
- Failing to give the original source credit through documentation and bibliography.
- Having somebody else complete assignments, either partially or completely, which are then submitted as one’s own work.

*Adapted from the University of Virginia Honor Code.
**Falsifying/Lying**

Examples of falsifying/lying include, but are not limited to the following:
- Making an untrue statement verbally or in writing.
- Forging the signature of another.
- Adding/deleting/manipulating information on academic work or assessments.
- Tampering with official records, passes, or any other administrative document.
- Lying or failing to give complete information to school personnel.

**Stealing/Theft/Vandalism**

Woodgrove students will respect the personal property of others. Stealing is the intentional taking of property belonging to others (including school property) without the owner’s consent. This shall also include any damage to personal or school property.

**Responsibilities**

Students will...
- Exercise academic honesty in all aspects of their work.
- Prepare sufficiently for all types of assessments.
- Seek extra help from teachers.
- Use sources in the proper manner.
- Follow the Honor Code and report any violations to school personnel.

Teachers will...
- Develop, model, and sustain ethical practices within the classroom setting.
- Report violations to counselor and administrator.
- Discuss violations and consequences with the student or students.
- Contact student’s parent or guardian regarding a violation.
- Record a failing grade for the assignment.

Parents will...
- Discuss the Honor Code with their child to ensure understanding.
- Encourage their child to maintain high standards with regard to integrity, honesty, and personal responsibility.
- Support faculty and administration in enforcing the Honor Code.

Administrators will...
- Ensure that all faculty, students, and parents receive the Honor Code.
- Help contribute to the school wide environment that encourages adherence to the Honor Code.
- Maintain accurate records of Honor Code violations.
- Ensure that the Honor Code is being applied consistently throughout the school.
Consequences:

Violations of the Honor Code accumulate throughout the student’s high school career and across all courses.

First Offense (and all subsequent offenses):
- Immediate referral to the student’s administrator and director of school counseling or the individual student’s counselor for information purposes and to be recorded in the student’s permanent record.
- Teacher or teacher and counselor will notify student’s parents by phone of the violation and offer a conference with parents.
- Teacher will send a written letter to the parents of the student for school documentation and communication purposes.
- Forfeiture of credit for the work (“0” for numerical scale, “F” for letter grade)
- Teacher will either make the student “redo” the mastery assignment or assign an alternative assignment to ensure student mastery of concepts. The highest grade the student can earn will be a 50%.
- Student must retrain on the plagiarism and cheating PowerPoint and retake the assessment. (Student will be retrained during lunch in the in-school restriction room until the student has passed the mastery assessment on plagiarism and cheating.)
- If the student is a member of any honor society, the administrator or director of school counseling will notify the sponsor of the society of the violation.

Second Offense
- Immediate referral to the student’s administrator and director of school counseling or the individual student’s counselor for information purposes and to be recorded in the student’s permanent record.
- The teacher or teacher and counselor will notify student’s parents by phone of the violation and arrange a conference. Attendees will be the student’s administrator, the teacher, the counselor, the parent and the student.
- The teacher will send a written letter to the parents of the student for school documentation and communication purposes.
- Forfeiture of credit for the work (“0” for numerical scale, “F” for letter grade)
- If the student is a member of any honor society, the administrator or the director of school counseling will notify the sponsor of the society of the violation. The society will decide consequences for the member according to the by-laws of the society.
- The student will be assigned one day of in-school restriction.

Third Offense and subsequent offenses:
- The administrator will immediately notify the student’s parents and the student will be assigned two (2) days of in-school restriction. Alternative discipline may be assigned as well. Discipline for subsequent offenses will be administrator’s discretion.
- The administrator will arrange a conference with the teacher, the counselor, the parent, the student and his/her administrator. Consequences for any additional violations of the Honor Code will be discussed at that time.
- The administrator will send a written letter to the parents of the student for school documentation and communication purposes.
- Forfeiture of credit for the work (“0” for numerical scale, “F” for letter grade)
- If the student is a member of any honor society, the administrator will notify sponsor of the society of the violation. The society will decide consequences for the member according to the by-laws of the society.

[Adapted from South Lakes High School and Stone Bridge High School’s Honor Codes.]
Woodgrove High School Honor Code
Acknowledgement and Receipt

I have read and acknowledge receipt of the Woodgrove High School honor code. I understand the actions which violate the code, the code responsibilities, and the consequences of code violations.

*On My Honor, I have neither given nor received unauthorized aid on this test, quiz, or assignment.*

_________________________________  __________________________________________
Student printed name  Student signature

_________________________________  __________________________________________
Parent printed name  Parent signature

*Adapted from the University of Virginia Honor Code.*
# 2013-14 SCHOOL CALENDAR for Students

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>September 3</td>
<td>FIRST DAY OF SCHOOL FOR STUDENTS</td>
</tr>
<tr>
<td>October 14</td>
<td>Holiday (Columbus Day)</td>
</tr>
<tr>
<td>November 1</td>
<td>End of First Grading Period</td>
</tr>
<tr>
<td>November 4-5</td>
<td>Student Holiday (Planning/Records/Conference Days)</td>
</tr>
<tr>
<td>November 27-29</td>
<td>Holiday (Thanksgiving)</td>
</tr>
<tr>
<td>December 23-31</td>
<td>WINTER BREAK</td>
</tr>
<tr>
<td>January 1</td>
<td>Holiday (New Year’s) (Classes Resume January 2)</td>
</tr>
<tr>
<td>January 20</td>
<td>Holiday (Martin Luther King Jr. Day)</td>
</tr>
<tr>
<td>January 24</td>
<td>End of Second Grading Period</td>
</tr>
<tr>
<td>January 27</td>
<td>MOVEABLE STUDENT HOLIDAY**</td>
</tr>
<tr>
<td></td>
<td>(Planning/Records/Conference Day)</td>
</tr>
<tr>
<td>February 17</td>
<td>Holiday (Presidents’ Day)</td>
</tr>
<tr>
<td>March 28</td>
<td>End of Third Grading Period</td>
</tr>
<tr>
<td>March 31</td>
<td>Student Holiday (Planning/Records/Conference Day)</td>
</tr>
<tr>
<td>April 14-18</td>
<td>SPRING BREAK</td>
</tr>
<tr>
<td>May 26</td>
<td>Holiday (Memorial Day)</td>
</tr>
<tr>
<td>June 13</td>
<td>Last Day of School for Students/End of Fourth Grading Period</td>
</tr>
</tbody>
</table>

**Parents with child-care or other weekday scheduling concerns** – The date of this MOVEABLE Planning/Records/Conference and Staff Development Day between first and second semesters may change, if the school calendar changes due to school closings for inclement weather or other emergencies. Parents with childcare or other scheduling concerns should be prepared.

## 9 Week Grading Period Ending Dates

- November 1, 2013
- January 24, 2014
- March 28, 2014
- June 13, 2014

Schedule subject to change based on possible school closing due to inclement weather.
# Woodgrove High School
## 2013 - 2014 Bell Schedules

### REGULAR A/B DAY SCHEDULE - 4 Lunch Shifts

<table>
<thead>
<tr>
<th>Time</th>
<th>A Day</th>
<th>B Day</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:55-9:03</td>
<td><strong>Green Day</strong></td>
<td>Homeroom</td>
</tr>
<tr>
<td>9:08-10:34</td>
<td>1st Period</td>
<td>9:08-10:34</td>
</tr>
<tr>
<td>10:39-12:05</td>
<td>2nd Period</td>
<td>10:39-12:05</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12:10-2:12</td>
<td>3rd Period</td>
<td>12:10-2:12</td>
</tr>
<tr>
<td><strong>Lunch</strong></td>
<td></td>
<td>Lunch</td>
</tr>
<tr>
<td>12:05-12:35</td>
<td>Shift I</td>
<td>12:05-12:35</td>
</tr>
<tr>
<td>12:37-1:07</td>
<td>Shift II</td>
<td>12:37-1:07</td>
</tr>
<tr>
<td>1:09-1:39</td>
<td>Shift III</td>
<td>1:09-1:39</td>
</tr>
<tr>
<td>1:41-2:12</td>
<td>Shift IV</td>
<td>1:41-2:12</td>
</tr>
<tr>
<td>2:17-3:43</td>
<td>4th Period</td>
<td>2:17-3:43</td>
</tr>
</tbody>
</table>

### REGULAR A/B DAY SCHEDULE – Open Lunch

<table>
<thead>
<tr>
<th>Time</th>
<th>A Day</th>
<th>B Day</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:55 – 9:03</td>
<td><strong>Green Day</strong></td>
<td>Homeroom</td>
</tr>
<tr>
<td>9:08-10:34</td>
<td>1st Period</td>
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<tr>
<td>10:39-12:05</td>
<td>2nd Period</td>
<td>10:39-12:05</td>
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<td></td>
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<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12:05-12:43</td>
<td>Open Lunch 10,11,12 – release 12:03</td>
<td>12:05-12:43</td>
</tr>
<tr>
<td>2:17-3:43</td>
<td>4th Period</td>
<td>2:17-3:43</td>
</tr>
</tbody>
</table>
PIMS
Request Updates to Phone/Email Contact Info

The Parent Information Management System (PIMS) is an online tool that provides a convenient way for the primary parent/guardian of a student to manage changes to the phone and/or email information for the contacts in their child’s record. When using PIMS you can review, at your convenience, the current contact information that exists for your child. If you need to update the current phone/email/emergency contact information, you can easily submit the update request online.

It’s as Easy as: 1 2 3

1. Access the PIMS link from the LCPS Public Internet site. www.lcps.org. From the LCPS home screen, click on the PIMS link on the right-side under “Quick Links”.
2. You will be guided through a series of screens where you will be prompted to enter some identifying information, assert your relationship to the student and then enter updated contact information.
3. Once the request has been submitted, your child’s school will review the request before accepting.

Note: At this time only the parent/guardian listed as their child’s First Contact will be able to request updates to phone numbers and emails for all contacts listed in their child’s record, including the emergency contact. Parents may choose not to use the PIMS or may not have the means to do so. PIMS is simply a tool that will give those parents who so desire the ability to request changes to contact information online. This will not replace the hard-copy Emergency Card that is sent out to all families with requests for contact information updates — instead it is offered as a convenience in addition to the emergency card.
When a student is absent, parents need to call the Absentee Call Line at:

540-751-2602

For EACH day the child will be absent. Students may not call themselves in absent, including students 18 years of age and older. For your convenience, this is a 24 hour answering machine. Please leave the following information when calling the Absentee line:

- Student's name-spelling the last name
- Your relationship to the student
- Student's grade
- Reason for absence

If a parent forgets to call on the day of the absence, the school will make a reasonable effort to contact you to verify the absence. If phone contact is not made, then you must send a note on the day he/she returns to school. Please provide doctor's notes every time your child sees a doctor so that we may keep them on file. This pertains to absences and tardies. Without a phone call or a note from the parent to confirm the absence, it will be considered unexcused and disciplinary action may be taken.

Specific information regarding early dismissals, tardies and other attendance information may be found on the Woodgrove High School website under: Administration > Attendance

Please direct your attendance questions to
Michelle Clark, Attendance Secretary
540-751-2600 or
michelle.clark@lcps.org
Dress and Grooming

Students are expected to dress appropriately.

Clothing which distracts others from learning or which endangers safety is unacceptable.

Clothing which exposes cleavage, midriffs, private parts, or exposes undergarments is unacceptable. These include, but are not limited to: Sagging or low-cut pants or skirts, tube tops, halter tops, backless shirts or shirts with only ties in the back, see through shirts, extremely short shorts or skirts, muscle shirts, or low-cut necklines that show cleavage.

Clothing with inappropriate images, statements, or inferences related to profanity, alcohol, drugs, tobacco, weapons, or messages which are sexual, threatening, harassing, or inflammatory are not permitted.

Hats and headgear are not allowed unless approved by the administration for special occasions. It must be removed upon entering the building and placed in backpacks or lockers.

No towels, shirts, or other like items may be draped over the neck.

Chains and studded jewelry are not permitted as accessories.
PBIS – HAVE YOU HEARD??

The 2013-2014 school year at Woodgrove High School marks our third year of Positive Behavioral Interventions and Supports (PBIS). PBIS is an approach for teaching students appropriate behavior and providing the supports necessary to sustain that behavior. The goal of PBIS is to reduce challenging student behavior through a proactive, positive, and consistent manner across all school settings while also improving academic achievement and social competence. PBIS is a nationwide program currently being implemented in 52 schools within Loudoun County.

PBIS provides a framework, but it is up to the schools to determine the focus and expectations. The three school-wide expectations for WHS are the following: Work with Integrity, Honor Others, and Strive for Success. These expectations have been broken down into specific behaviors. Posters displaying the expectations and specific behaviors are visible throughout the school.

When students are seen demonstrating the school expectations, they can earn Champion Tickets. The Champion Ticket drawings occur weekly and students whose tickets are drawn earn various recognitions. Some recognitions come in the form of donations, but in order to effectively continue this system of acknowledgement, we need more. If you are interested in donating something that could be used as a recognition for acknowledging students or faculty members who have exceeded expectations and help to create a positive environment, please contact Renée Dawson, WHS Assistant Principal. Donations could be in the form of tickets to sporting events, gift cards, etc.
School Counseling News

2013-2014 Counselor Assignments

<table>
<thead>
<tr>
<th>Underclassmen</th>
<th>Seniors</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ms. Astrid Willemsma</td>
<td>A-Day</td>
</tr>
<tr>
<td>Mr. Steven Cohen</td>
<td>Dean-Harr</td>
</tr>
<tr>
<td>Mrs. Donna Kelly</td>
<td>Has-McVey</td>
</tr>
<tr>
<td>Mrs. Barbara Bell</td>
<td>Me-Sav</td>
</tr>
<tr>
<td>Mrs. Katharine Warehime</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Seniors</th>
</tr>
</thead>
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</tr>
<tr>
<td>Mrs. Barbara Bell</td>
</tr>
<tr>
<td>Mrs. Katharine Warehime</td>
</tr>
</tbody>
</table>

Counselor Coffees & Cafes

We have scheduled two exciting events for parents of 12th grade students:

Counselor Coffee (12/3/13 7:45-8:45am) – Please join us for an information session on how to use and access the wonderful tools called Naviance/Family Connections. Parents of all grade levels are invited to attend.

Counselor Café (Mondays 4:00-7:00p) – The School Counseling Office will be open until 7:00pm on Monday nights (except on holidays and snow days). Counselors will be available to assist seniors and their families with any questions pertaining to the college application process. Please call for an appointment or just stop by.

Visit the Counseling webpage for more helpful resources.

Upcoming Career Center Visits & Info

Visits this year will take place mainly during 6th Block Flex. Students must sign up for visits through Naviance. Those who are not on the list will not be permitted to attend. Attendees will receive a pass prior to the visit or can print their registration from Naviance to serve as a pass. Please visit Mrs. Sutphin in the Career Center with any questions.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>12/3 at 10:40am</td>
<td>Frostburg State University</td>
<td></td>
</tr>
<tr>
<td>12/4 at 10:45am</td>
<td>West Virginia University</td>
<td></td>
</tr>
<tr>
<td>12/4 at 1:00pm</td>
<td>United States Navy Recruiter</td>
<td></td>
</tr>
<tr>
<td>12/5 at 10:30am</td>
<td>Radford University</td>
<td></td>
</tr>
<tr>
<td>12/12 at 10:30am</td>
<td>United States Army Recruiter</td>
<td></td>
</tr>
<tr>
<td>12/13 at 12:00pm</td>
<td>ASVAB Test Results Interpretation</td>
<td></td>
</tr>
<tr>
<td>12/19 at 11:00am</td>
<td>Hampton University</td>
<td></td>
</tr>
</tbody>
</table>

| *On-Site Admissions |

Radford University’s On-Site Admissions Guidelines – December 5th at 10:30am

In order to be considered, students must:

- Sign up via Naviance
- Submit your Online Application for Admission at www.radford.edu/apply by November 15th
- Request your High School Transcript be sent to RU by November 15th
- Have taken the SAT/ACT on or before October 2013

Questions, please contact: Doug Brady, Associate Director of Admissions, dpbrady@radford.edu

Virginia Governor’s School Deadlines

VPA (Visual and Performing Arts)

December 20, 2013 – VPA applications are due to School Counselors for review

Academic Programs

December 16, 2013 - Applications are due to School Counselors for review

For more information about the program click here.

Naviance/Family Connections

Don't wait get connected! Learn more about this comprehensive program that will help navigate you and your student through the post-secondary process. Students' username and password should both be their 6-digit student ID number. Parent's login should be their email address that we have on record as the username and woodgrove (all lowercase) as the password. For more information, go to the WHS School Counseling page or contact Rachel Sutphin at rachel.sutphin@lcps.org

It's Never Too Early to Start Thinking About Scholarships

Visit the LCPS School Counseling webpage for up-to-date county scholarship postings:

Interested in the Military?

Take the ASVAB (Armed Services Vocational Aptitude Battery) a comprehensive career exploration and planning program that includes multiple aptitude tests, an interest inventory, and various career planning tools designed to help students explore the world of work.

March 1, 2014 at 9:00am - Loudoun Valley High School

If interested, you can sign up here.
2013-2014 SAT/ACT Test Dates

SAT  www.collegeboard.com
December 7   (Registration deadline 11/8, late registration deadline 11/22)
January 25   (Registration deadline 12/27, late registration deadline 1/10)
March 8      (Registration deadline 2/7, late registration deadline 2/21)
May 3        (Registration deadline 4/4, late registration deadline 4/18)
June 7       (Registration deadline 5/9, late registration deadline 5/23)

ACT  www.actstudent.org
December 14  (Registration deadline 11/8, late registration deadline 11/22)
February 8   (Registration deadline 1/10, late registration deadline 1/24)
April 12     (Registration deadline 3/7, late registration deadline 3/21)
June 14      (Registration deadline 5/9, late registration deadline 5/23)

Leadership Opportunities

Step Up Loudoun Youth Competition!
High school youth across the county are encouraged to identify an issue in their school, neighborhood or community, create a plan to address that issue, and implement the plan. The goal is to encourage, support and reward the youth of Loudoun County for making positive changes in their own lives and the lives of others. Cash prizes will be awarded including a $1000 grand prize to the top team! Step Up Loudoun Youth is a collaboration between Loudoun Youth Inc., Loudoun County PRCS, the Advisory Commission on Youth, Leadership Loudoun and Loudoun County Public Schools. For more information click here.

Want to Give Back?
Piedmont Community Foundation’s Forward Turn is a group of student grantmakers who fund youth-led charitable projects that take a “forward turn” to benefit communities in Fauquier and Loudoun Counties. Forward Turn is funded by the S. Murray and Mary H.C. Rust Student Philanthropy Project of the Piedmont Community Foundation. For more information and to learn how to apply visit www.forwardturn.org.

Interested in Being a Mentor?
Check out the Mentor Program, a wonderful service club here at WHS. As a participant, students commit to helping an elementary student or a classroom teacher one morning a week prior to the beginning of the school day. Mentors may choose to be a classroom helper or work with an individual student as a tutor or role model.

Many mentors choose to go to the school closest to their home or they enjoy volunteering in the elementary school they attended. Students may pick up an application in the Career Center from Ms. Hayba. Once completed and signed by a parent, an interview is scheduled and then the student is placed and ready to begin. WHS students log their volunteer hours and enjoy this opportunity to give back, and some may even decide to become teachers!

Upcoming Events

Financial Awareness Night at LVHS
Wednesday, December 11, 2013 at Loudoun Valley 6:30 pm High School. Open to all WHS students and parents.

Monroe Technology Shadowing Day
Shadowing brings the classroom to life! On Thursday, December 12, 2013, underclassmen who submitted their application form will be visiting the two programs they selected and attend an informational session on the benefit of Monroe and the application process. This is a half-day event and transportation is provided to and from your home school.

Super Saturday – FAFSA Day at WHS
Saturday, January 18, 2014 10:00am – 1:00pm at Woodgrove High School. LVHS and WHS families are invited to join us for our annual financial aid assistance and informational session. Time will be allowed to complete FASFA Forms. Sponsored by NVCC.

FASFA Night @ LVHS
Wednesday, February 12th at Loudoun Valley High School @ 6:30 pm. LVHS and WHS families are invited to join us for a workshop to complete FASFA forms.
• November 22\textsuperscript{nd} – 26\textsuperscript{th} - Teacher Recommendations/Case Manager Recommendations

• January 3\textsuperscript{rd}, 6\textsuperscript{th} and 8\textsuperscript{th} - Counselor Visits to Harmony Middle School

• **December 2\textsuperscript{nd} – Course Selection Night Rising 9\textsuperscript{th} grade and upperclassmen combined**
  - 6:00-6:45 Rising 9\textsuperscript{th} grade families in the auditorium
  - 6:45-7:45 Rising 9\textsuperscript{th} grade moves to cafeteria to meet with department reps
  - 7:00-7:45 Upperclassmen families in the auditorium
  - 7:45-8:45 Upperclassmen families move to the cafeteria to meet with department reps

• December 3\textsuperscript{rd} – Homeroom Scheduling Kick Off – 1 hour homeroom course selection bell schedule

  **BELL SCHEDULE ON FOLLOWING PAGE**

  - Counselor Education by video
  - Elective Commercials
  - Course Recommendation Sheets will be passed out to all students

• December 5\textsuperscript{th} & 6\textsuperscript{th}
  - Scheduling during English Classes
    - Classes will be assigned labs to enter their course selections into Naviance surveys

• TBD – Last day for schedule changes
### TUESDAY, DECEMBER 3RD
**B DAY 4 LUNCH SHIFT**
**SPECIAL COURSE SELECTION IN HOMEROOM**

**FLEX: 2 and 7**

<table>
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<tr>
<th>Time</th>
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<td>8:50</td>
<td>1st BELL</td>
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<tr>
<td>8:54</td>
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<td>8:55 - 10:03</td>
<td>HOMEROOM COURSE SELECTION</td>
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<tr>
<td>10:07</td>
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<tr>
<td>10:08 - 11:14</td>
<td>5th PERIOD</td>
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<tr>
<td>11:18</td>
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<tr>
<td>11:19 - 12:25</td>
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<td>11:19 - 11:50</td>
<td>FLEX 1</td>
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<td>11:54</td>
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<td>11:55 - 12:25</td>
<td>FLEX 2</td>
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<td>12:29</td>
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<tr>
<td>12:30 - 2:32</td>
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<td>12:30 - 12:59</td>
<td>Shift I</td>
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<td>1:01*</td>
<td>1:30</td>
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<tr>
<td>1:01*</td>
<td>Shift II</td>
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<td>1:32*</td>
<td>MATH CTE</td>
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<td>1:32*</td>
<td>SOC SCIENCE</td>
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<td>2:03*</td>
<td>Shift IV</td>
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<td>PE WLC ART</td>
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<td>2:36</td>
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<td>2:37 - 3:43</td>
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<td>3:43</td>
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*Learning Specialist classes go with content area*
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WOODGROVE HIGH SCHOOL
1st Marking Period
Honor Roll
2013-2014

A/B Honor Roll
10th Grade

ADAMS, MARY ANNA
AHMAD, SHAHZIB AMIR
ALEXANDER, KARMEN C
ALLEN, ZACHARY A
ALLISON, BENJAMIN G
ALMOND, HUNTER A
ALVAREZ, SARAH K
ANDERSON, MORGAN M
BARNES, ALISHA
BARR, JENNA K
BART, JORDAN D
BEDDOW, CLAIRE D
BEHAN, JAMES A
BENNETT, THOMAS M
BERKA, ROBB D
BERKWITZ, JOSHUA J
BIERMAN, ROBERT J
BIRMAN, ROBERT J
BORSUK, ALEXANDRE A
BOWEN, NORA E
BRADEY, JAX S
BRANCH, KYLE L
BRASHEAR, DAKOTA W
BRIEL, JOHN MICHAEL J
BROWN, DAWSON M
BRUECKEN, ADAM M
BURFIELD, HANNA J
CALDAS, ALEXANDER J
CANTY, KARL F
CANTRALL, JAMES W
CARUSO, MATTHEW A
CASE, MIRANDA K
CHANG, BRIAN A
CHIEN, NAEY A
CHIETE, TAYLOR T
CHIESA, CARLIE J
CHIPORAS, THEODORE J
CIFUENTES, CAMILA A
CLARK, DYLAN A
CLEWIS, CHARLES A
CLINARD, BRIGGS P
CORRADO, CARRIGAN J
CUBRIN, ZACHERY A
CULFOGNIUS, DYLAN T
CUNNINGHAM, JACOB A
DANIEL, LOGAN G
DAUGHTRY, JUDITH G
DAVIS, LINDSEY R
DAVIN, MARLENA R
DEAN, CLAYBROOK L
DEBILJAK, WILLIAM C
DECRÉ, ALEXANDER B
DELMONTE, HANNA A
DEVINNEY, LIAM E
DILLON, ETHAN S
DIMTREW, DOROTHY E
DODGE, BAMI J
DODSON, NICHOLAS M
DOHERTY, JULIA E

DOLBY, ALEXA N
DOUGLAS, JACK B
DOUGLASSON, DILLON P
DRAGON, MICHAEL R
DUPREE- SOOD, CASSIDY
EATON, DILLON T
EDMONTON, KYLE R
EL BOUCHTI, MOHAMED H
ELLERBECK, WYATT D
ERICKSON, ADRIANA D
ETRO, NANCY F
FAIR, SHELBY V
FERNANDEZ, CHASE T
FESHARAKI, FEELA A
FINCHER, ANDREW C
FISHER, DAVID B
FLOYD, JUSTIN R
FLYNN, MEaghan E
FORSYTH, COLIN J
FORTIN, GRAYSON T
FRANKLIN, THOMAS C
FREEMAN, JOHN T
FRENCH, BENJAMIN D
FURR, LEVI D
GATING, JONATHAN B
GEIER, DEVIN H
GEIS, DANIEL R
GERPHIDE, SARA S
GHORI, JAI E
GOOD, MADDISON N
GOOD, SEAN M
GRACE, ALEXANDRA J
GREENE, SHELBY L
GREENE, ALEXANDER J
HACKETT, GRIGGIN C
HAUCK, KACEY A
HAUGLIE, AYDAN R
HAUN, ZACHARY A
HEILVIN, DONNA M
HOFER, WESLEY J
HOFMAN, BRADLEY J
HOFMAN, BRUCE E
HORSTON, ELYSIA S
HOSKINSON, SAMUEL J
HUBER, CARL A
HUNT, CHRISTOPHER M
HUNTER, SYDNEY M
HUSKEY, JEREMY D
JACKSON, AMBER R
JACKSON, HUNTER D
JAMES, CONOR P
JAY, CAMERON E
JENKS, KYLE J
JOHNSON, ASHLEY M
JOHNSON, KELLY M
JUNGLES, MALLORY L
KADISH, TAYLOR R
KADISH, TRISTAN R
KELLER, DEREK C
KILBY, JARED J
KING, CLARE M
KIRK, CONNOR A
KRITKA, ALEXANDER C
KLIMEK, JACK W
KLOC, AMELIA K
KOSTER, OWEN P
KOPACK, NICHOLAS A
KRAFT, ROBERT B
KRAPER, COURTNEY N
KRATZ, KENNETH J
KRASS, MEGAN G
LaFALGIO, VINCENT J
LALE, IRENE M

LAMBERT, KADE A
LAMBERT, JAYLIE C
LANGLEY, JACQUELINE S
LAPIN, JULIE S
LATHAN, MEGAN B
LENHART, CLARA C
LEWIS, RYAN B
MARINO, GABRIELLA M
MARTIN, ZACHARY M
Masters, Alexander G
MATHEWS, KRISTEN M
MATHEWS, MELISSA V
MATHIS, JOSHUA A
MCDONALD, AYDAN R
MCLEAN, WILLIAM T
MCGALLICHER, CHARLOTTE
MCINTOSH, BENJAMIN W
MCALPINE, INDIGO A
MCMAHON, LIAM T
MCKEOWN, KYLE G
MCKNIGHT, MORGAN N
MCDONALD, WILLIAM C
MCDONALD, THOMAS L
MURPHY, Tylor P
MURPHY, Tylor P
MURPHY, ELWYN A
MUTHSCHLER, CHRISTIAN
NOLAN, BRIANNA N
NORDON, COURTNEY N
OODON, LEACH C
OSSONOFF, ADDISON L
OWEN, KATHRYN
OWEN, MATTIE A
OWEN, ANDREW C
PADE, SHANNON A
PACK, COLIN R
PAIN, VINCENT L
PARK, RYAN S
PARKS, SARA A
PARKER, BRETT M
PARKER, AEDAN D
POOLE, NOAH M
POTTER, CARLEY A
POWELL, CASEY W
POTTER, KEVIN A
PRATER, COLIN L
PRATT, SARAH A
ROBY, TYE M
ROWE, SYDNEY M
RUSTAND, TREY C
SALAMONE, ANTHONY J
SALIS, NICHOLAS C
SAPPOPOULOS, KENDALL L
SCHROEDER, EMILY P
SCHOOL, ABRIG R
SELWITZ, ALLISON L
SHAFFI, ANA
SHEEHAN, MICHAEL F
SHERBIN, MEAGAN E
SHOJA, DANA
SHOJA, HAILEY A
SILKIN, TYLER S
SMITH, ANDREW M
SMITH, LAUREN E
STEPHENS, DARBY L
STRIEBLING, ELIZA M
SULLIVAN, KELLY M
TEJADA, LUCAS R

MATTIA, BRADLEY J
MCBRIDE, NOAH L
MCCLURE, NIKOLE E
MCGALLICHER, BRIDGETT
MCCLANAN, ASHLEY B
MCLEWEN, STEPHANIE R
MCNEILY, CONNOR L
MCVEY, KYLIE M
MEGEL, MARGARET A
MILBURN, CASEY M
MILLER, ALLYSON
MILLER, KYLIE J
MILLEN, REESE S
NEEVES, WILLIAM C
NESELRODT, BRADEN C
OLIVER, CONNOR A
ORFANIDES, MICHAEL
Owen, KALIEGH A
PACK, RACHEL M
Palmieri, Nicholas D
Pavlinc, Luanna M
PEREIRA, SAMANTHA L
PERRY, ANDREW R
PILAND, ANNIE W
Plumhoff, Brianne N
Potts, Caroline R
PRESTON, MICHAEL S
RADER, JUSTIN P
RADE, JORDAN D
RADE, SAMANTHA H
RAST, FAITH T
RAMSEY, PATRICK A
REE, GRAYSON M
REHAK, EMILY N
REYNOLDS, BRADY M
REYNOLDS, JACOB A
ROBERTS, CLAYTON A
ROBIC, JOHN A
ROBINSON, GRACE C
ROBITTI, RYAN T
RUMSEY, LAUREN E
RUSSELL, LAUREN E
RUPP, RENEA C
RUSSELL, TERESA K
SAMALA, ETHAN A
SANTILLAN, ALESSANDRA
SAUNDERS, TREVOR R
SAUNDERS, WILLIAM A
SCHALL, KAYLEIGH E
SCHARA, VICTORIA W
SCHNABEL, YADEL G
SCHNEEBERG, HANNAH N
SHIPP, COLLIN G
SIMMONS, CHASE M
SIMMONS, KOLTON W
SKINNER, ALYSSA J
SMETANA, KYRA M
SMITH, HANAH L
SMITH, SCOTT T
STEPHENS, JACOB D
STEPHENS, MICHAEL F
STERNBERG, SHELBY R
STEWARD, NICHOLAS P
SZALAY, TAD C
TABOD, CORBYN N
TAYLOR, BENJAMIN D
TAYLOR, CASEY L
TERRY, CAMERON E
TREPTOW, MICHAEL J
UMBRAUGH, BERKLEY A
UTTERBACK, STEPHANIE
WACKER, BRADLEY W
WARNER, JAMES
WHITE, JESSICA L
WICK, JORDAN M

19
TELLES, MADISON E
THATCHER, EMMA M
THOMAS, QUENTON Z
THOMAS, VICTORIA R
TOBIS, RYAN C
TOLLEY, DAVID B
TOMPACH, CARRA E
TOMPACH, LAUREN A
TRACY, JOHN P
TUDDER, MADELEINE L
VACCA, RYAN J
VASILE, JAMES A
VAUGHN, ROSS M
VENNITTI, JONATHAN A
WALACE, ROBERT D
WALTERS, SAMUEL C
WARE, MATTHEW T
WARREN, JOSHUA E
WELSH, JOSHUA M
WERNLE, JACOB W
WHALEN, MICHAEL E
WHITTEMORE, JESSECA M
WIEGEL, TARA R
WIEGEL, TARA R
WILLIAMS, ANTHONY S
WOOD, DALTÓN B
WOOD, MARSHALL P
WRIGHT, JOHN R
YARD, TRISTAN F
ZAKROWSKI, ANDREA
ZOLTOS, KATHLEEN T

A/B Honor Roll
II\textsuperscript{nd} Grade

ADHAM, YOUSEF
ALBANESE, LAUREN M
ANDREWS, HANNAH L
ANWARI, SHABNUM H
APPLETON, EMMA E
BALSAMO, MEGAN E
BASINGER, BROOKE L
BATH, STEPHEN G
BEASLEY, ELIZABETH A
BEEBE, BRENNAN J
BLOOMFIELD, ETHAN P
BOGLE, GRANT B
BONILLA, ADRIANNA D
BOYD, CHEYENNE N
BRADLEY, KENDALL L
BRETZIN, VESSELAY A
BRISOCO, KELVIN E
BROPHY, STRICKRATH, AA
BROWN, CAROLINE E
BRUTON, JAMES E
BURK, BRITTANY M
BURKE, LAUREN M
BURNS, COLLIN M
BURLTON, RILEY M
CAINES, DEVIN R
CANDERLIA, MEGAN A
CARROLL, LAUREN E
CARTER, EMILY L
CASPER, SHELBY L
CAVALLARO, Alyssa R
CERNETICH, HUNTER R
CHAMBLISS, HANNAH J
CHAUDET, ELISE B
CLARK, SCOTT H
CLIFFORD, DEVIN T
A/B Honor Roll
12th Grade

ACTON, CHASE M
AMUNDSON, ALEXIS B
ANWAR, TAMANAH M
APPLETON, BENJAMIN D
AREVALO, CINTIA J
BAGRI, SIMREN K
BARONA, LYDIA B
BEEBE, MADISON T
BELCH, DANIEL O
BENNER, LAURA B
BERGMAN, BROOKE A
BIGGERS, AMBER D
BLAIR, PETER H
BLOOMFIELD, GEORGIA M
BOOGAARD, PAIGE A
BOWMAN, KELLY A
BRAMHALL, JARRETT A
BROWN, SHANNON M
BRYANT, ABIGAIL M
BURNS, RACHEL E
BURR, DANIEL R
BURZ, DOMINIC J
CAMP, ELENA L
CANDELARIA, EMILY R
CARUSO, ALYSSA R
CHIESA, CLORISSA M
CIRONI, KATHERINE A
CLARK, BRYDON B
CLARK, JUSTIN F
COCHRAN, CASIDY J
COMPASSO, JOSEPH A
CONSTANTINE, CHELSEA
COWNE, KATE E
CRAWFORD, LAUREN A
CRESCENZO, CATHARINE
CRISP, WILLIAM A
CRUZ, DIEGO A
CURTIS, CALLAN E
DABROWSKI, KIRA K
DAFFNER, ETHAN E
DEBERRY, KELSEY E
DELITTA, KAITLYN I
DILLON, BRIANNA N
DOHERTY, MADELEINE J
DORSCH, RYAN A
DUPREE-SOOD, CONNOR A
DUQUETTE, FRANCESCO O
EBLEN, JACKSON F
EYINCK, TIMOTHY C
ELLIOIT, CHRISTOPHER
ERR, MICHAEL S
EVANS, LYNDSAY K
FATZ, MITCHELL A
FEJIOO, WILLIAM A
FOSTER, DYLAN T
FRALEN, IAN J
FRITZ, KATHARINE M
FRIE, CAITLYN L
GAERIG, ALEXIS D
GEIS, NICOLE M
GIROUX, SYDNEY M
GOMEZ, JANIS M
GRAFTON, MADALYN L
GRANT, CARL N
GROS LOUIS, KELIANNE

GUILLEAUDE, ROBERT L
HALE, MARGARET E
Hale, Patrick M
HARPER, ANDREW T
HARRIS, GREGORY T
HARRIS, JONATHON R
HARRIS, MAX A
HARRISON PHILLIPS, DE
HEALY, POLLY R
HEIVILN, RUSSELLE J
HERBERT, ANDREW J
HINDMAN, MICHAEL C
Hoff, ADAM B
HOFFER, WILLIAM B
HUANG, JOCELYN Y
JEFFERY, MATTHEW B
JOHNSON, KIERSTEN A
JONES, KELLY M
JONES, AUSTIN L
JUNGLIES, KAILEE M
KANE, SARA E
KEIM, JOSEPH A
KENYON, JOSHUA M
KERSTANSKI, MARISA A
KIELY, CARSON B
KOESTER, JOSEPH W
KOPACK, MEGAN E
KROES, JACOB M
LAMOUREUX, BREA L
LEHART, BENEDICT A
LEBERTA, KAITLYN A
LEWIS, CLAIRE L
LEWIS, ELIJAH
LGAN, CHRISTIAN A
LORINCHAK, KAITLYN N
LOTT, STERNS B
LOVING, CONNER E
LYNCH, HALIE M
MAAD, HANNAH J
MACIELINSKI, ANNA L
MAGOFFIN, SEAN-PATRIC
MARSHALL, DYLAN M
MAY, EMILY A
MCCONNELL, DAVID Q
MCCUSKER, ANNE J
MCGOWAN, EMMA T
MCIVORY, MOLLY E
MCLAUGHLIN, SIERRA M
MCMAHON, HALEY M
MEED, NICHOLAS L
MENDONCA, ANNA LUIZA
MENGEL, ANDREW D
MILLER, CASEY F
MILLER, EDWARD G
MOSKAL, BRANDY N
MULLER, EVA E
MURPHY, TIMOTHY J
NESSERLODD, BRETT C
NICHOLS, DALE C
NORTHERN, MEGANE
O’REILLY, KATHLEEN E
O’REILLY, EMILY M
OSHMAN, NATHANIEL J
OTTSON, REECE C
O’BRIEN, GARRETT C
PACK, NATALIE E
PACKARD, BROOKE E
PANTALEO, JAKE R
PATTERSON, BETHANY N
PETRONE, COLLIN D
PFohl, CAROLINE C
PIERCE, CHASE E
POINDEXTER, WILLIAM C
POTTER, VIRGINIA A
POWELL, NOAH J
POWERS, ALISHA M
PRENDERGAST, RACHEL E
PRZYBYLOWICZ, KATARIN
QUINTERO, MARIAH C
RATCLIFF, HARLEIGH H
REESE, RACHEL A
REGAN, CHRISTOPHER B
REID, ABBY L
REIF, MELANIE P
RENNER, CATHERINE F
ROBINSON, ANDREW G
ROBOTTI, DYLAN N
ROHRER, JAZMYN F
ROLLINS, JASMINE A
ROMINE, KYLE T
ROMINSKI, JESSICA I
ROOT, STEPHEN S
RUMKE, JARID M
RUMKE, JORDAN N
SANTOS, NICOLAS H
SARGENT, KYLE R
SARGENT, LAUREN A
SCHROADER, AZURE L
SCHRYER, SARA A
SEGERDAHL, ADELAIDE G
SERRATORE, KAYLA R
SHAUGHNESSY, KENNETH
SHOLL, STEPHEN T
SIEGEL, JOSHUA L
SIVER, SCOTT W
SMETANA, ERIK J
SMITH, CHASE H
SMITH, KIRSTIN J
SONG, SHANNON N
SPEARS, HEINEL, MATTHE
STANLEY, COURTNEY E
STEVENS, DAKOTA C
STERNBERG, HAYLEIGH M
STRIKLAND, ELIZABETH
STUVA, GERSON
SULLIVAN, SHANNON G
SWANSON, BREANNA N
TABOD, BRENDA O
TAYLOR, HANNAH E
THOMAS, ABIGAIL M
THOMAS, HANNAH G
TIAGA, JOSHUA T
TIERNEY, JESSICA A
TOBIAS, BRYAN P
TOMPACH, TRAVIS C
TREFTON, DANIELLE A
UNDERWOOD, BRENNA L
URIE, BRAEDON R
VACCARI, LUCIANO S
VAN ALSTINE, AARON S
VASEL, SARAH E
VIRTS, JUSTIN D
WACKER, ASHLEY L
WALKER, DILLON M
WARNDE, MADELEINE M
WHITAKER, CAITLIN J
WHITEHEAD, AARON H
WHITFIELD, VICTORIA A
WILLIAMS, REBECCA A
WINKLER, CHRISTOPHER
WOLFORD, LEAH E
WONG, EDKA Y
WORKMAN, GRADY J
WRIGHT, MATTHEW P
YARD, SHANNON E
ZURSCHMEIDE, GRACIE D
If you would like to be in the loop and receive the latest athletic news and updates, please email Mr. Lowery, Athletic Director, Theodore.Lowery@lcps.org

Mr. Lowery will be happy to add you to the email distribution list.
Sports Injuries

Ganglions (cysts) of the Wrist

Finding a lump on your hand or wrist can be a frightening experience. But most of the time these are harmless ganglion cysts that will often disappear in time. Commonly, ganglion cysts grow on the top of the wrist (dorsal ganglions). But they can be found on the underside of the wrist (between the thumb and your pulse point), and at the joint or base of a finger. A ganglion grows out of a joint, and rises out of the connective tissues between bones and muscles. Inside the ganglion is a thick slippery fluid. Usually, the more active you are the larger the lump becomes. When you rest, the lump decreases in size.

No one knows what triggers the formation of a ganglion. Women are more likely to be affected than men, and ganglions are common among gymnasts, who repeatedly apply stress to the wrist. Because the fluid-filled sac puts pressure on the nerves that pass through the joint, some ganglion cysts may be painful. Large ganglions, even if they are not painful are unattractive.

Student-athletes will probably need to go to a physician to get an X-ray to rule out a bone tumor or sometimes an MRI if the ganglion cyst is hidden under the skin. The first course of treatment is non-surgical and conservative. Because the ganglion is not cancerous and may disappear in time the physician may recommend just waiting and watching. Since activity often causes the ganglion to increase in size, immobilization of the wrist may also be helpful. If the ganglion causes significant pain or severely limits activity, the physician may choose to have the cyst drained with a needle to remove the fluid.

These treatments leave the outer shell of the ganglion intact, so it may reappear. Outpatient surgery can remove the ganglion, but afterwards you may feel some tenderness, discomfort and swelling. You should be able to resume normal activities in 2-6 weeks.
Fitness

Ibuprofen and Exercise a Bad Mix?

For years, athletes have turned to ibuprofen as a pain reliever to combat muscle soreness, with some even taking the drug before exercise as a preemptive strike against tissue inflammation. However, in a new study, researchers report that taking ibuprofen and similar anti-inflammatory pain-killers before a workout yields no benefit, and instead may cause temporary intestinal damage. The study showed that the post-workout checkups found that blood levels of a protein indicating intestinal leakage were much higher when exercise was combined with ibuprofen than when the test subjects exercised without the drug or took it without exercising. The testing also revealed that the protein levels remained elevated several hours after exercise and ibuprofen consumption.

These findings support similar results from another study where researchers found that runners at a 100-mile endurance run who were regular ibuprofen users had small amounts of colonic bacteria in their bloodstream post-race. Ironically, the runners who frequently used ibuprofen ended the race with higher overall levels of bodily inflammation after the race. They also reported the same amount of post-race soreness as runners who had not taken ibuprofen beforehand.

Based on these findings from these studies, researchers warned athletes that they should reconsider taking anti-inflammatory pain-killers, including ibuprofen and aspirin, before and during exercise. The idea that ibuprofen will help you train better and harder is simply not true. There is no scientifically valid reason to use ibuprofen before exercise and many reasons to avoid it.
Parents of 10th grade students should be aware of the up-coming Partners for Safe Teen Drivers Presentation. This 90 minute presentation is a required additional component to the 10th grade classroom driver education curriculum. Please note that students cannot be issued a Driver Education Classroom Completion Card until a presentation has been attended by both the student and parent or guardian. Students will be expected to sit with their parent or guardian during the entire presentation. Please bring a pen or pencil to complete required paperwork. Also, plan to arrive early, the presentations will begin promptly at 7pm.

Presentations at Woodgrove High School are September 24 and October 1 the auditorium.

Other Parent for Safe Teen Drivers Presentations are offered at the High Schools throughout Loudoun County listed. Dates for these presentations and other information can be found on the Woodgrove High School website main page and Health and Physical Education site.

THE FOLLOWING DATES ARE AVAILABLE:

Briar Woods High School January 13, 2014
Heritage High School December 4, 2013

Important:

1. Bring a pen to complete the paperwork.
2. Student and parent/guardian must sit together.
3. Cell phones should not be in use during the presentation (this includes parents – please lead by example!).
4. Plan to arrive early – no one one will be admitted inside the auditorium after the doors close at 7:05 pm.
5. Students in HPE 10 will receive an “Incomplete” grade for classroom Driver Education if they do not attend one of the 26 presentations above.
• The class of 2014 Senior Class Dues

• Get Involved!

Please pay your senior class dues of $84.00 through Balfour. Visit Balfour.com

- Type Woodgrove High School in the school selection
- Select the icon for graduation
- Click on individual products in blue in the upper left hand corner
- Under SHOP BY in the left hand column, choose CAP AND GOWN

These dues will cover your cap and gown, spring t-shirt, activities and food throughout the year and graduation expenses.

Please get involved with your senior class.
Meetings are held during club 3 and open lunch on Friday. Your class needs help decorating for homecoming, fundraising, designing t-shirts, planning and executing graduation, and much more!

Stop by room 307 with any questions! We look forward to an excellent year!

Sponsors,

Kelley Hines  Kelley.hines@lcps.org
Emily Stevens  Emily.stevens@lcps.org
Heidi McPhillips  Heidi.mcphillips@lcps.org
The library is looking for your help in expanding its magazine collection. If you would like to donate a magazine subscription to help support instruction, the library has a list of magazines that teachers have requested. If you adopt a magazine, a sticker recognizing your generosity will be attached to each issue and you will receive a letter acknowledging your donation for tax purposes.

Email robert.kane@lcps.org for details. Thank you for your consideration.

The Library would like to thank the following families for their generous donation of magazine subscriptions: the Blys, the Dillons, the Higginbothams, the Kanes and the Schuttes. We appreciate their contribution to the support of literacy here at WHS.
What makes a school succeed?

Involvement and commitment of the students, parents, faculty and staff make up the community, identity, and spirit of the school.

We have three organizations that support students, parents, faculty and staff:

![Woodgrove High School Support Organizations]

### How do I decide which are right for my students and family?

Are your students:

- **Musically or Fine Arts/Theater inclined?**
  - ⇒ Become a member of WM&AA, and check out the WM&AA’s website!

- **Athletically inclined or enjoy watching high school sports?**
  - ⇒ Get a Season Pass and membership to the WWABC. Check out the WWABC website for more information!

- **Interested in supporting Woodgrove HS overall, and keeping up to date with all the school news (including important School Counseling updates)?**
  - ⇒ Become a member of the PTSO, check out the PTSO website AND
  - ⇒ Sign up to get The Woodgrove Weekly e-newsletter!

Should I only be a member of one organization?

NO! If you’re interested in supporting the Woodgrove High School community overall — *Consider joining all three!*
You’re Invited!

Join your neighbors along with the staff & students of

Become a member of the 2013-2014 Woodgrove PTSO

Help SUPPORT the success of your school.

https://events.r20.constantcontact.com/register/eventReg?llr=lm67ludab&oeidk=a07e7vazs7g74fd9a49

Click on the link to become a member TODAY
Woodgrove PTSO: How we contribute to our school and community.

- Award academic scholarships to graduating seniors
- Established Grad NIGHT as popular event and work to sustain a yearly safe celebration alternative
- Fund teacher requests for curriculum and support materials
- Offer staunch support & sponsorship of various senior events
- Continuous contributors to staff appreciation functions
- Support our Parent Liaison to assist students in need and their families
- Provide volunteers for various WHS sponsored events

With your support, we will continue to:
- Work towards fulfilling the needs of our WHS learning community by supporting projects not funded by the school budget.
- Recognize and celebrate our school’s successes
- Publish the Woodgrove Weekly newsletter to keep you informed all WHS happenings
- Ask for your help and assistance in areas of need—our volunteers are very important to our school’s success.

Dues are only $25 a family or $10 for individuals and $5 for students and faculty.

MEMBERS NAME(S):__________________________________________________________
ADDRESS:______________________________________________________________
CITY:_____________________________________________________________________
STATE:_______________________ ZIP CODE:_______________________________
PHONE NBR:____________________ MEMBERSHIP AMT ENCLOSED:__________
EMAIL:__________________________________________________________________ ADDTL donations are WELCOME and are TAX FREE

Please return to the PTSO box in the main office.
From the PTSO President:

What are you thankful for? I am thankful for the dedicated staff we have here at Woodgrove and throughout LCPS, those parents that take the time to serve with me on the PTSO and my small little “ohana” at home that means the world to me.

Woodgrove is abuzz with holiday happenings. Kudos to our athletic teams who are extending their fall season and “break a leg” to our drama department with their current production of “An Ideal Husband.”

A big thank you to Karina Chiesa, Christy Hollar and Chris Vann for organizing some extra perks for Woodgrove teachers and staff during American Education Week.
I was thrilled to hear that at the conclusion of their breakfast at Woodgrove during AmerEd Week, the Purcellville Rotary Club presented Mr. Shipp with a $500 donation to be put towards the Class of 2014’s Grad Night Party sponsored by the PTSO.

We are up and running towards our goal to put together a safe and memorable evening for our seniors that even surpasses last year’s event. I would like to give a big shout out to the Lovettsville Protective Game Association, DiRenzo Family Dentistry, Hillsboro United Methodist Church, the Blue Ridge Eagles, Hoof and Paw Vet Service and Luray Caverns to date. There is a terrific amount of effort in planning and pulling together such an event but we feel our students are worth it and hope you feel the same. Take a moment to read my accompanying letter and help out in whatever way you can.

December 2nd is course selection night for 9th graders beginning at 6 pm and all other grades at 7. The PTSO will be manning a table in the cafeteria with snacks to entice you to join the PTSO, sign up for the Woodgrove Weekly, school reward programs and find out more about Grad Night.

We hope to see you there!

Thank you,

Susanne Kahler
Woodgrove High School PTSO President
WoodgrovePTSOPresident@gmail.com or (540) 751-9025

Woodgrove High School
Attn: Woodgrove PTSO
36811 Allder School Road
Purcellville, VA  20131
Dear Western Loudoun Businesses, Organizations, Partners and Parents:

Woodgrove High School celebrated the graduation of the Class of 2013 with our first ever Graduation Night Celebration held on site at the school itself. It was a resounding success, with over 125 students attending the festivities. This year, the Class of 2014 anxiously awaits their own celebration.

As word of our success travels and grows, so does our need for your continued assistance. This year we hope to reach an even greater number of students. The end of the school year promises freedom, independence, and the onset of adulthood to our children. It is also statistically a season of the highest teen auto fatalities and alcohol-related car crashes. Our Western Loudoun community is so tightly knit that one solitary loss affects us all. With the goal of keeping our seniors safe at the forefront of our minds and the students cherishing fond memories of their final evening as Wolverines the first goal in our hearts, the Woodgrove PTSO is in the process of planning this year’s after-grad night celebration and we need your help.

We truly appreciate the generosity you showed last year’s graduating class and we ask for your help through monetary donations once again in our fundraising efforts. Contributions in the form of services or gift certificates to give to our seniors as prizes are also welcomed. Please give in whatever way you can for this important cause. All contributions are tax deductible. Please make your check payable to the “Woodgrove High School PTSO” and notate in the memo that funds should be earmarked for GNP. Our tax ID number is 27-2800768.

Thank you so much for your continued support.

Sincerely,

Susanne Kahler,
Woodgrove High School PTSO President
WoodgrovePTSOPresident@gmail.com
(540) 751-9025
LEAP Learns Online Methods to Help Students

From the digital classroom to the way to select the right college, delegates of the Loudoun Education Alliance of Parents (LEAP) learned about the online tools helping students at their November 13th meeting. Loudoun County High School English teacher Nick Grzeda showed how he used the VISION program to “flip” his classroom. He places his lectures online for home viewing and uses class time for discussions and writing projects. This model was adopted after some teacher reflection on Grzeda’s part. “Where is the maximum amount of learning going to take place? What’s going to maximize learning?”

Grzeda said using VISION means his classroom is totally transparent to both students and teachers. Lectures, assignments, class calendars, objectives and homework are all online. Grzeda also has a one-way texting program that allows him to remind students of what’s coming up in class (such as tests) the next day. “The only excuse is the dog ate my Internet.” If students don’t have Internet access, Grzeda said he loads lessons on a flash drive that can be plugged into a home computer.

Among the things Grzeda has his students doing in class are practice SAT essays. Students can get instant feedback on why their essays are (or aren’t) up to par and what weaknesses they exhibit. Practice Advanced Placement tests also are available. Grzeda now grades essays on his laptop and posts his comments in real time, so that students can get quick feedback on their work.

Loudoun County Public Schools (LCPS) School Counseling Specialist Beth Doyle and Pupil Services Coordinator Tamara Christman detailed the Naviance program, which tracks student progress and steers students toward careers or colleges where they will be successful. As freshman, students take an assessment using Naviance that’s similar to a Myers-Briggs assessment. This pinpoints areas of interest and possible careers.

Seniors can use Naviance to get a clear picture of their chances of getting into a particular college. Naviance stores the applications of everyone in a high school who has applied to a particular college or university. After a student inputs the college of their choice into Naviance, the system places them on a “scattergram,” which shows where they stand in relation to other students from their high school who have applied to that institution and where they stand in relation to that college’s admissions standards.

Heritage Principal Jeff Adam spoke with parents about CLARITY, an online system that lets parents check their student’s grades, assignments, attendance and assessments. As students move into high school, Adam said it should be the student who is the primary person using CLARITY to check their progress and make sure they’re staying on task. He added CLARITY is similar to systems colleges require students to use to keep track of their course progress. Allowing a high school student to use CLARITY will help them develop adult skills when it comes to taking responsibility for their education.

As good as the online tools LCPS offers are, Adam cautioned that they are not a substitute for parents communicating with teachers. “As educators we are certainly in the business of people.”

For more information, please check the Woodgrove LEAP website

The next LEAP meeting will be on
Wednesday, December 11, 2013, 7:00 pm @ the LCPS Administration Building
The subjects will be STEM, one-to-one computing and Monroe Technology Center.
Members of the community are encouraged to attend LEAP meetings.
Parents and members of the community are always welcome to attend LEAP meetings.

2013 - 2014 Topics

September 11, 2013
School Security & Bullying

October 9, 2013
LCPS Board Member Update and Q&A Forum

November 13, 2013
Tools for Success (CLARITY, Vision, Homework Strategies)

December 11, 2013
Science, Technology, Engineering, and Math: STEM I (One-to-one computing, Monroe Technology Center)

January 15, 2014
Loudoun County Public Schools - The proposed 2014-2015 LCPS Budget

February 12, 2014
Cyber Safety

March 12, 2014
Science, Technology, Engineering, and Math: STEM II (Enrichment opportunities)

April 9, 2014
Parents’ Choice (A program parents plan)

May 14, 2014
Meet the new LCPS Superintendent/Town Hall Meeting

WHAT IS LEAP?

The Loudoun Education Alliance of Parents (LEAP) is a non-partisan network that promotes interaction between parents, teachers, School Board members and members of the Loudoun County Public Schools Administrative Team. LEAP holds monthly meetings on the second Wednesday of the month at the LCPS Administration Building in Ashburn, Virginia. Each program features a panel discussion on topics of interest to parents and members of the community at large, followed by a Question and Answer session and an update from LCPS Superintendent Edgar B. Hatrick III. Delegates are elected from each Loudoun County Public School's PTA, PTO or PTSO group to attend the monthly LEAP meetings.
The Minority Student Achievement Advisory Committee (MSAAC) is dedicated to work in partnership with the Loudoun County Public Schools (LCPS), parents and community to further the academic, social and cultural development of every student and to ensure that the needs of all minority students are met.

MSAAC supports School Board and staff initiatives, and parent efforts to ensure that our school community becomes culturally competent, providing the corner stone to ensure fair and equitable instruction to all LCPS students.

We encourage the development of school cultures where every minority student is afforded the opportunity to achieve his or her full potential, feels welcome and is recognized as an integral member of the student body. All meetings are held at the Loudoun County Public School Administration Building in the School Board Meeting Room.
For questions, please contact the Outreach office directly at (571) 252-1460.

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<tr>
<th>Day and Date</th>
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<tr>
<td>Wednesday, September 18, 2013</td>
<td>LCPS Administration Building: School Board Mtg. Room</td>
<td>7:00pm</td>
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<td>Wednesday, October 16, 2013</td>
<td>LCPS Administration Building: School Board Mtg. Room</td>
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<td>Wednesday, November 20, 2013</td>
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<td>Wednesday, January 15, 2014</td>
<td>LCPS Administration Building: School Board Mtg. Room</td>
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<td>Wednesday, February 19, 2014</td>
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<td>Wednesday, March 19, 2014</td>
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<td>Wednesday, April 23, 2014</td>
<td>LCPS Administration Building: School Board Mtg. Room</td>
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Help Woodgrove earn money to supplement the school’s educational needs. The school is now registered with Giant’s A+ School Rewards Program, and Food Lion’s Classroom Rewards Program. You can sign up online any time. (We are in the application process for Harris Teeter’s Together in Education Program.)

The earlier you register, the sooner Woodgrove can start earning credit toward purchasing needed equipment and supplies to benefit our students and teachers. Please follow the directions listed below to sign up for either one of both of the programs online. Please be sure to enter the school code when you sign up.

**Giant**

School ID 09152

Feel like you have already done this? Giant cards must be re-enrolled each year!

[Link to Giant program]

**Food Lion**

School ID 219558

For this program to work we need to have at least 25 people register!

[Link to Food Lion program]
Woodgrove High School is still participating in Target’s Take Charge of Education Program. Join now and help us raise money for our school.

Here’s how it works: visit https://www-secure.target.com/redcard/tcoe/home or call 1-800-316-6142 to designate our school. Woodgrove’s school ID is 152094. Use your REDcard (Target Visa Credit Card, Target Credit Card, or Target Check Card) whenever you shop and Target will donate up to 1% of your purchases back to Woodgrove. Don’t have a REDcard? It’s easy to apply. Get started in person at any Target store or go to Target.com/redcard. Relatives, friends & neighbors are all welcome to participate in this program. The more people involved the more money raise for our school. Check our school’s progress anytime at Target.com/tcoe.

Any questions please email woodgroveptsofundraising@gmail.com.
Thanks for your support!
2013-2014 BUS ROUTE SCHEDULE

THE BUS ROUTE SCHEDULE (PDF LINK) IS AVAILABLE ON THE MAIN PAGE OF OUR SCHOOL WEBSITE (left side under Announcements) OR CLICK ON THE FOLLOWING LINK:

CLICK HERE
LCPS MENUS ARE ONLINE AND CAN BE ACCESSED BY CLICKING HERE