

WOODGROVE HIGH SCHOOL

NOVEMBER 2013

Woodgrove High School 36811 Allder School Road Purcellville, VA 20132

- Main Office-540-751-2600
- Attendance Office-540-751-2602
- Guidance Office-540-751-2607
- Athletic Office-540-751-2610
- Clinic 540-751-2606

William S. Shipp Principal

Daryl CummingsAssistant Principal

Renee Dawson Assistant Principal

Tim PanagosAssistant Principal

Geri FioreDirector of School
Counseling

Rusty Lowery
Athletic Director

Principal's Message

Dear Woodgrove families.

Many thanks to our SCA for organizing and orchestrating a week full of festivities for our Homecoming Week – the week was simply superb! The stairwells were splendidly decorated – the murals are outstanding, and each day brought forth very creative attire as students dressed as famous characters one day, for example, and imitated the fashion of their designated decade for another. Also many thanks to the students, staff and parents for their help with the homecoming dance. We had a large number of students and chaperones attend the dance, and from my observation and the feedback I received - I believe most everyone enjoyed the event.

As our year moves rapidly by, please remember that the first grading period ends Friday, November 1, and report cards will be distributed to students Wednesday, November 13. Please also note on your calendars that Monday, November 4, and Tuesday, November 5, will be student holidays/teacher workdays. If you have any questions regarding your child's classes, please contact his or her teachers.

And as we do turn the calendar to November, one can see many wonderful activities planned for the students, parents, and faculty and community members of the Woodgrove family. American Education Week is November 18 - 22. We have a number of activities scheduled for this week and I urge you to check the school calendar on our website and attend an event. Please be sure to join us!

School safety is in the forefront of our minds and it is of the utmost importance to all of us. As a reminder, please have your identification ready when you enter the school. All visitors must check in with the main office. Also on Tuesday, November 12, at our monthly PTSO meeting, Kristina Anderson, from LiveSafe, will present information about the company's mobile app that Woodgrove plans to begin utilizing in December. This is a mobile safety app which allows for immediate notification of any safety issues such as bullying, suspicious persons, threats, etc. Ms. Anderson, who is a survivor of the Virginia Tech shootings, will return to Woodgrove to speak to students on November 20 and we will host a parent /guardian meeting as well that evening beginning at 6:30 PM. We encourage all to attend. For more information regarding LiveSafe, you may go to www.livesafe.ly

Please remember to vote on Tuesday, November 5.

The year continues to be off to a great beginning! Students are working hard and the environment in the school is outstanding. I hope everyone can take some time during American Education Week to visit and celebrate with us the amazing experiences which take place at Woodgrove each and every day.

Sincerely,

William S. Shipp

The mission of Woodgrove High School is to enable all members of the school community to think critically and act responsibly, while preparing students for their futures.



Beliefs:

- We believe that critical thinking means using knowledge to make informed decisions and to solve problems, both independently and collaboratively.
- We believe that we must be responsible for achieving our own goals, for contributing to society, and for being effective global citizens of the world around us.
- In order to be successful, we all must work, honor, and strive.

Woodgrove High School Honor Code

The Woodgrove High School community strives to uphold standards of integrity, respect, cooperation, and trust; supported by interpersonal and intellectual honesty. We remind students daily to work, honor, and strive so that these core values can serve as a foundation for academic success and personal fulfillment throughout a student's life.

Woodgrove High School Honor Code is *On My Honor, I have neither given nor received unauthorized aid on this test, quiz, or assignment.**

All Woodgrove students will be required to view a presentation in regard to the Honor Code and to take an assessment. The assessment, along with a signed Honor Code statement, will be part of the student's academic file for reference purposes.

Cheating

Cheating includes the actual unauthorized use of any information other than one's own work and/or original thoughts. The purpose of assessments is to determine individual student mastery of the information presented. When cheating occurs, it is not a valid assessment of an individual's mastery. Examples include, but are not limited to, the following:

Copying from another person's (s') work or allowing another person to copy his/her work or assessment.

Talking/signing/texting during an assessment.

Relaying assessment content to students taking the assessment at another time.

Using study aids/notes/books/data/phones/electronic devices, etc., without the teacher's express permission to do so.

Plagiarism

Examples of plagiarism include, but are not limited to, the following:

Presenting as your own someone else's work in all or in part.

Copying of language structure, programming, computer code, ideas, and/or thoughts of another without proper citation or acknowledgement.

Copying word for word without using quotation marks or giving credit to the source of the material.

Failing to give the original source credit through documentation and bibliography. Having somebody else complete assignments, either partially or completely, which are then submitted as one's own work.

*Adapted from the University of Virginia Honor Code.

Woodgrove High School Honor Code... Page 2

Falsifying/Lying

Examples of falsifying/lying include, but are not limited to the following:

Making an untrue statement verbally or in writing.

Forging the signature of another.

Adding/deleting/manipulating information on academic work or assessments.

Tampering with official records, passes, or any other administrative document.

Lying or failing to give complete information to school personnel.

Stealing/Theft/Vandalism

Woodgrove students will respect the personal property of others. Stealing is the intentional taking of property belonging to others (including school property) without the owner's consent. This shall also include any damage to personal or school property.

Responsibilities

Students will...

Exercise academic honesty in all aspects of their work.

Prepare sufficiently for all types of assessments.

Seek extra help from teachers.

Use sources in the proper manner.

Follow the Honor Code and report any violations to school personnel.

Teachers will...

Develop, model, and sustain ethical practices within the classroom setting.

Report violations to counselor and administrator.

Discuss violations and consequences with the student or students.

Contact student's parent or guardian regarding a violation.

Record a failing grade for the assignment.

Parents will...

Discuss the Honor Code with their child to ensure understanding.

Encourage their child to maintain high standards with regard to integrity, honesty, and personal responsibility.

Support faculty and administration in enforcing the Honor Code.

Administrators will...

Ensure that all faculty, students, and parents receive the Honor Code.

Help contribute to the school wide environment that encourages adherence to the Honor Code.

Maintain accurate records of Honor Code violations.

Ensure that the Honor Code is being applied consistently throughout the school.

Woodgrove High School Honor Code... Page 3

Consequences:

Violations of the Honor Code accumulate throughout the student's high school career and across all courses.

First Offense (and all subsequent offenses):

Immediate referral to the student's administrator and director of school counseling or the individual student's counselor for information purposes and to be recorded in the student's permanent record.

Teacher or teacher and counselor will notify student's parents by phone of the violation and offer a conference with parents.

Teacher will send a written letter to the parents of the student for school documentation and communication purposes.

Forfeiture of credit for the work ("0" for numerical scale, "F" for letter grade)

Teacher will either make the student "redo" the mastery assignment or assign an alternative assignment to ensure student mastery of concepts. The highest grade the student can earn will be a 50%.

Student must retrain on the plagiarism and cheating PowerPoint and retake the assessment. (Student will be retrained during lunch in the in-school restriction room until the student has passed the mastery assessment on plagiarism and cheating.)

If the student is a member of any honor society, the administrator or director of school counseling will notify the sponsor of the society of the violation.

Second Offense

Immediate referral to the student's administrator and director of school counseling or the individual student's counselor for information purposes and to be recorded in the student's permanent record.

The teacher or teacher and counselor will notify student's parents by phone of the violation and arrange a conference. Attendees will be the student's administrator, the teacher, the counselor, the parent and the student.

The teacher will send a written letter to the parents of the student for school documentation and communication purposes.

Forfeiture of credit for the work ("0" for numerical scale, "F" for letter grade)

If the student is a member of any honor society, the administrator or the director of school counseling will notify the sponsor of the society of the violation. The society will decide consequences for the member according to the by-laws of the society.

The student will be assigned one day of in-school restriction.

Woodgrove High School Honor Code... Page 4

Third Offense and subsequent offenses:

- The administrator will immediately notify the student's parents and the student will be assigned two (2) days of in-school restriction. Alternative discipline may be assigned as well. Discipline for subsequent offenses will be administrator's discretion.
- The administrator will arrange a conference with the teacher, the counselor, the parent, the student and his/her administrator. Consequences for any additional violations of the Honor Code will be discussed at that time.
- The administrator will send a written letter to the parents of the student for school documentation and communication purposes.
- Forfeiture of credit for the work ("0" for numerical scale, "F" for letter grade)
- If the student is a member of any honor society, the administrator will notify sponsor of the society of the violation. The society will decide consequences for the member according to the by-laws of the society.

Adapted from South Lakes High School and Stone Bridge High School's Honor Codes.

Woodgrove High School Honor Code Acknowledgement and Receipt

I have read and acknowledge receipt of the Woodgrove High School honor code. I understand the actions which violate the code, the code responsibilities, and the consequences of code violations.

The	Woodgrove High School Honor Code is <i>On My Honor, I have nei</i> -
ther	given nor received unauthorized aid on this test, quiz, or assign-
men	t.*

Student printed name	Student signature	
Parent printed name	Parent signature	



2013-14 SCHOOL CALENDAR for Students

September 3 FIRST DAY OF SCHOOL FOR STUDENTS

October 14 Holiday (Columbus Day)
November 1 End of First Grading Period

November 4-5 Student Holiday (Planning/Records/Conference Days)

November 27-29 Holiday (Thanksgiving)
December 23-31 WINTER BREAK

January 1 Holiday (New Year's) (Classes Resume January 2)

January 20 Holiday (Martin Luther King Jr. Day)

January 24 End of Second Grading Period

January 27 MOVEABLE STUDENT HOLIDAY**

(Planning/Records/Conference Day)

February 17 Holiday (Presidents' Day)
March 28 End of Third Grading Period

March 31 Student Holiday (Planning/Records/Conference Day)

April 14-18 SPRING BREAK

May 26 Holiday (Memorial Day)

June 13 Last Day of School for Students/End of Fourth Grading Period

**Parents with child-care or other weekday scheduling concerns — The date of this MOVEABLE Planning/Records/Conference and Staff Development Day between first and second semesters may change, if the school calendar changes due to school closings for inclement weather or other emergencies. Parents with childcare or other scheduling concerns should be prepared.

9 Week Grading Period Ending Dates

November 1, 2013 January 24, 2014 March 28, 2014 June 13, 2014

Schedule subject to change based on possible school closing due to inclement weather.

Woodgrove High School 2013 – 2014 Bell Schedules

REGULAR A/B DAY SCHEDULE - 4 Lunch Shifts

A Day Green Day		B Day Blue Day	
8:55-9:03	Homeroom	8:55-9:03	Homeroom
9:08-10:34	1st Period	9:08-10:34	5 th Period
10:39-12:05	2 nd Period	10:39-12:05	6 th Period/Flex* (10:39 – 11:20) (11:25 – 12:05)
12:10-2:12	3 rd Period	12:10-2:12	7 th Period
Lunch 12:05-12:35 12:37-1:07 1:09-1:39 1:41-2:12	Shift I Shift II Shift III Shift IV	Lunch 12:05-12:35 12:37-1:07 1:09-1:39 1:41-2:12	Shift I Shift II Shift III Shift IV
2:17-3:43	4 th Period	2:17-3:43	8 th Period

REGULAR A/B DAY SCHEDULE – Open Lunch

A Day		<u>B Day</u>	
Green Day		Blue Day	
8:55 – 9:03	Homeroom	8:55-9:03	Homeroom
9:08-10:34	1 st Period	9:08-10:34	5 th Period
10:39-12:05	2 nd Period	10:39-12:05	6 th Period/Flex*
			(10:38 – 11:20) –
			(11:25 – 12:05)
12:05-12:43	Open Lunch	12:05-12:43	Open Lunch
	10,11,12 -	10,11,12 -	
	release	release	
	12:03	12:03	
12:48-2:12	3 rd Period	12:48-2:12	7 th Period
2:17-3:43	4 th Period	2:17-3:43	8 th Period

PIMS

Request Updates to Phone/Email Contact Info



The Parent Information Management System (PIMS) is an online tool that provides a convenient way for the primary parent/guardian of a student to manage changes to the phone and/or email information for the contacts in their child's record. When using PIMS you can review, at your convenience, the current contact information that exists for your child. If you need to update the current phone/email/emergency contact information, you can easily submit the update request online.

It's as Easy as:







- Access the PIMS link from the LCPS Public Internet site. <u>www.lcps.orq</u>. From the LCPS home screen, click on the PIMS link on the right-side under "Quick Links".
- You will be guided through a series of screens where you will be prompted to enter some identifying information, assert your relationship to the student and then enter updated contact information.
- Once the request has been submitted, your child's school will review the request before accepting.

Note: At this time only the parent/guardian listed as their child's First Contact will be able to request updates to phone numbers and emails for all contacts listed in their child's record, including the emergency contact. Parents may choose not to use the PIMS or may not have the means to do so. PIMS is simply a tool that will give those parents who so desire the ability to request changes to contact information online. This will not replace the hard-copy Emergency Card that is sent out to all families with requests for contact information updates — instead it is offered as a convenience *in addition* to the emergency card.

ABSENTEE PROCESS

When a student is absent, parents need to call the Absentee Call Line at

540-751-2602

For **EACH** day the child will be absent. **Students may not call themselves in absent, including students 18 years of age and older.** For your convenience, this is a 24 hour answering machine. Please leave the following information when calling the Absentee line:

540-751-2602

Student's name-spelling the last name Your relationship to the student Student's grade Reason for absence

If a parent forgets to call on the day of the absence, the school will make a reasonable effort to contact you to verify the absence. If phone contact is not made, then you must send a note on the day he/she returns to school. Please provide doctor's notes every time your child sees a doctor so that we may keep them on file. This pertains to absences and tardies. Without a phone call or a note from the parent to confirm the absence, it will be considered unexcused and disciplinary action may be taken.

Specific information regarding early dismissals, tardies and other attendance information may be found on the Woodgrove High School website under-Administration--Attendance

Please direct your attendance questions to Michelle Clark, Attendance Secretary 540-751-2600 or

michelle.clark@lcps.org

Dress and Grooming

Students are expected to dress appropriately. Clothing which distracts others from learning or which endangers safety is unacceptable. Clothing which exposes cleavage, midriffs, private parts, or exposes undergarments is unacceptable. These include, but are not limited to, sagging or low-cut pants or skirts, tube tops, halter tops, backless shirts or shirts with only ties in the back, see through shirts, extremely short shorts or skirts, muscle shirts, or low-cut necklines that show cleavage. Clothing with inappropriate images, statements, or inferences related to profanity, alcohol, drugs, tobacco, weapons, or messages which are sexual, threatening, harassing, or inflammatory are not permitted. Hats and headgear are not allowed unless approved by the administration for special occasions. It must be removed upon entering the building and placed in backpacks or lockers. No towels, shirts, or other like items may be draped over the neck. Chains and studded jewelry are not permitted as accessories.

Woodgrove High School



School~wide

Positive
Behavioral
Interventions
and Supports

2013~2014

PBIS – HAVE YOU HEARD??

The 2013-2014 school year at Woodgrove High School marks our third year of Positive Behavioral Interventions and Supports (PBIS). PBIS is an approach for teaching students appropriate behavior and providing the supports necessary to sustain that behavior. The goal of PBIS is to reduce challenging student behavior through a proactive, positive, and consistent manner across all school settings *while also* improving academic achievement and social competence. PBIS is a nationwide program currently being implemented in 52 schools within Loudoun County.

PBIS provides a framework, but it is up to the schools to determine the focus and expectations. The three school-wide expectations for WHS are the following: <u>W</u>ork with Integrity, <u>H</u>onor Others, and <u>S</u>trive for Success. These expectations have been broken down into specific behaviors. Posters displaying the expectations and specific behaviors are visible throughout the school.

When students are seen demonstrating the school expectations, they can earn Champion Tickets. The Champion Ticket drawings occur weekly and students whose tickets are drawn earn various recognitions. Some recognitions come in the form of donations, but in order to effectively continue this system of acknowledgement, *we need more*. If you are interested in

donating something that could be used as a recognition for acknowledging students or faculty members who have exceeded expectations and help to create a positive environment, please contact Renée Dawson, WHS Assistant Principal. Donations could be in the form of tickets to sporting events, gift cards, etc.

WOODGROVE HIGH SCHOOL

School Counseling News

2013-2014 Counselor Assignments

	<u>Underclassmen</u>	<u>Seniors</u>
Ms. Astrid Willemsma	A-Day	A-C
Mr. Steven Cohen	Dean-Harr	D-Hart
Mrs. Donna Kelly	Has-McVey	Has-Mc
Mrs. Barbara Bell	Me-Sav	Me-Scott
Mrs. Katharine	Sc-Z	Se-Z

Warehime

Mrs. Geri Fiore Director of School Counseling Ms. Teresa Administrative Guidance

Holland Secretary

Mrs. Rachel Sutphin Career Center Assistant

Counselor Coffees & Cafes

We have scheduled two exciting events for parents of 12th grade students:

Counselor Coffee (11/5/13 7:45-8:45am) - We will be hosting another open lab session for seniors and their We will be available to help with parents. Naviance/Family Connections and college applications.

Counselor Café (Mondays 4:00-7:00p) - The School Counseling Office will be open until 7:00pm on Monday nights. Counselors will be available to assist seniors and their families with any questions pertaining to the college application process. Please call for an appointment or just stop by.

Visit the Counseling webpage for more helpful resources.

Upcoming Career Center Visits & Info

Visits this year will take place mainly during 6th Block Flex. Students must sign up for visits through Naviance. Those who are not on the list will not be permitted to attend. Attendees will receive a pass prior to the visit or can print their registration from Naviance to serve as a pass. Please visit Mrs. Sutphin in the Career Center with any questions.

University of Mary Washington
Indiana University of Pennsylvania
Longwood University*
U.S. Marine Corps Recruiter
Indiana Tech
U.S. National Guard Recruiter
Salisbury University
University of Alabama
West Virginia University
Radford University*

^{*}On-Site Admissions

Longwood University's On-Site Admissions Guidelines – November 8th at 12:15pm

- Nursing applicants CANNOT participate in On-Site They will have to submit their admissions. applications by the new deadline of December 1. 2013.
- Students should have either a 3.0 GPA or 1000 SAT (CR+M) or 22 ACT. If for example a student has a 2.9 GPA and a 980 SAT they can still participate. Just be prepared for a response of "pending" if the Admissions Counselor believes they can improve on their profile before March 1st.
- Students must have 4 years of English, 3 years of Math (including Algebra 2), 3 years of a Science, 3 years of History, 2 years of a Foreign Language and a Fine Art as the basic requirements for admission to Longwood.
- Students need apply online www.WhyLongwood.com by November 1st. They will need to turn in all documents (transcripts and test scores) to their counselor by November 4th.

Radford University's On-Site Admissions Guidelines - December 5th at 10:30am

In order to be considered, students must:

- Sign up via Naviance
- Submit your Online Application for Admission at www.radford.edu/apply by November 18th
- Request your High School Transcript be sent to RU by November 18th
- Have taken the SAT/ACT on or before October 2013

Questions, please contact: Doug Brady, Associate Director of Admissions, dpbrady@radford.edu

Virginia Governor's School Deadlines

VPA (Visual and Performing Arts)

November 4, 2013 - LCPS Auditions at John Champe High School

Academic Programs

December 16, 2013 - Applications are due to School Counselors for review

For more information about the program click here.

Naviance/Family Connections

Don't wait get connected! Learn more about this comprehensive program that will help navigate you and your student through the post-secondary process. Students' username and password should both be their 6-digit student ID number. Parent's login should be their email address that we have on record as the username and woodgrove (all lowercase) as the password. For more information, go to the WHS School Counseling page or contact Rachel Sutphin at

rachel.sutphin@lcps.org

Main Office: (540) 751-2600 · Guidance: (540) 751-2607 · Athletics: (540) 751-2610

WOODGROVE HIGH SCHOOL

School Counseling News

It's Never Too Early to Start Thinking About Scholarships

Visit the <u>LCPS School Counseling</u> webpage for up-todate county scholarship postings:

Prudential Spirit of Community Award - Deadline 11/5/13

Interested in the Military?

Take the **ASVAB** (Armed Services Vocational Aptitude Battery) a comprehensive career exploration and planning program that includes multiple aptitude tests, an interest inventory, and various career planning tools designed to help students explore the world of work.

November 9, 2013 at 9:00am - Heritage High School March 1, 2014 at 9:00am - Loudoun Valley High School

If interested, you can sign up here.

2013-2014 SAT/ACT Test Dates

SAT www.collegeboard.com

November 2 (Registration deadline 10/3, late registration deadline 10/18)

December 7 (Registration deadline 11/8, late registration deadline 11/22)

January 25 (Registration deadline 12/27, late registration deadline 1/10)

March 8 (Registration deadline 2/7, late registration deadline 2/21)

May 3 (Registration deadline 4/4, late registration deadline 4/18)

June 7 (Registration deadline 5/9, late registration deadline 5/23)

ACT www.actstudent.org

December 14 (Registration deadline 11/8, late registration deadline 11/22)

February 8 (Registration deadline 1/10, late registration deadline 1/24)

April 12 (Registration deadline 3/7, late registration deadline 3/21)

June 14 (Registration deadline 5/9, late registration deadline 5/23)

Leadership Opportunities

Want to Give Back?

Piedmont Community Foundation's Forward Turn is a group of student grantmakers who fund youth-led charitable projects that take a "forward turn" to benefit communities in Fauquier and Loudoun Counties.

Forward Turn is funded by the S. Murray and Mary H.C. Rust Student Philanthropy Project of the Piedmont Community Foundation. For more information and to learn how to apply visit www.forwardturn.org.

Interested in Being a Mentor?

Check out the Mentor Program, a wonderful service club here at WHS. As a participant, students commit to helping an elementary student or a classroom teacher one morning a week prior to the beginning of the school day. Mentors may choose to be a classroom helper or work with an individual student as a tutor or role model. Many mentors choose to go to the school closest to their home or they enjoy volunteering in the elementary school they attended. Students may pick up an application in the Career Center from Ms. Hayba. Once completed and signed by a parent, an interview is scheduled and then the student is placed and ready to begin. WHS students log their volunteer hours and enjoy this opportunity to give back, and some may even decide to become teachers!

Upcoming Events

National College Fair

Wednesday, November 6, 2013 9:00am-12:00pm and 6:00-8:00pm at the Walter E. Washington Convention Center. This event is FREE to students and parents! To register click here and to register for the performing and visual arts fair click here.

Monroe Technology Shadowing Day

Shadowing brings the classroom to life! On Thursday, December 12, 2013, 9th and 10th graders will have the opportunity to visit two programs and attend an informational session on the benefit of Monroe and the application process. This is a half-day event and transportation is provided to and from your home school. Interested students can pick up an application form from the Career Center. All forms must be completed and turned into your school counselor by **November 13th**.

ECMC College Night

Thursday, November 14, 2013 6:00pm-8:00pm at Northern Virginia Community College Loudoun Campus. College Night assists families with understanding the importance of selecting the right college, paying for college, searching for scholarships and applying for financial aid. \$500 scholarships will be raffled. Please RSVP to Cathy Hall at cehall@nvcc.edu.

Main Office: (540) 751-2600 · Guidance: (540) 751-2607 · Athletics: (540) 751-2610

Congratulations Virginia Aerospace Science and Technology Scholars!



VASTS Juniors (now seniors) Advance to Summer Academy

Pictured above (left to right) with Delegate Joe May are Woodgrove Juniors (now seniors) LexieBleu Amundson, Josh Tiaga, Delegate May, Brydon Clark, Brandi Moskal, and Danny Lani. This group of five juniors earned two (2.0) college credits in an Online Course: MECH 195 Introduction to Aerospace Engineering Technology. They earned grades in the top 5% of the course **state-wide** and were invited to attend the VASTS Summer Academy at Langley Air Force Base where they earned an additional 2.0 college credits in MECH 197 Cooperative Education in Mechanical Engineering Technology.

Our students were placed into one of five teams; Mission Integration (B. Clark and D. Lani), Mission Transit, Human Factors (L. Amundson, J. Tiaga, and B. Moskal), Science and Surface Operations, and Strategic Communications (all five were members). These teams work collaboratively to design a feasible human mission to Mars. At the end of the week at NASA Langley Research Center, they presented details of their mission to NASA scientists, engineers, and technologists. In addition, the teams defended their mission to a Mission Design Review Panel which consisted of aerospace industry representatives, NASA administrators, state legislators, parents, and other VIPs at the closing ceremony.

We want to congratulate our 2014 seniors on successfully integrating Science, Technology, Engineering, and Mathematics (STEM) into their course of study here at WHS. For information on this VASTS (juniors only) program please contact Ms. Gina Bingaman (Georgina.Bingaman@LCPS.Org), Aerospace Engineering teacher here at Woodgrove.

WOODGROVE HIGH SCHOOL

Woodgrove High School Home of the Wolverines 36811 Allder School Road Purcellville, VA 20132 P:(540) 751-2600 • F: (540) 751-2601

NOVEMBER REMINDERS FROM THE HEALTH CLINIC

Hello from your School Nurse,

All 10th grade students will be screened for vision and hearing Thursday, November 14, and Friday, November 15, 2013 during their scheduled Physical Education class. Please remind your child if they wear eyeglasses or contact lens to bring them on their scheduled day PE day for the screening.

If your child does not meet the vision screening passing criteria I will be contacting you and mailing you a report of the eye examination. You will be advised to consult a Vision Professional and share the results of the screening. Please take the report to your Vision Professional and have them complete their section of the report. Please return the report form to me in the clinic.

If your child did not meet the passing criteria for the hearing screening our Speech language Pathologist will rescreen your child. I will follow up with you regarding the report of the hearing examination. After the second rescreen you may be advised to consult with your primary care physician and share the results of the screening. Please take the report to your physician for their completion of findings and treatments and return the form to me in the clinic.

To ensure your child's safe return to school, students who are returning to school after hospitalization (surgery or illness) or a procedure (fracture or tests) must have a release from the physician. The release should include the following information:

- *approval for the student to return to school
- *the activity level allowed
- *any current restrictions; the duration of those restrictions
- *all of the above should be updated by the physician after the follow up appointments
- *Students with fever (100.0 or >) should be kept home until free of fever for 24hours.

As always, if you have any questions or would like to discuss a health concern of your child, please give me a call at :

540-571-2606 (clinic)

Stephanie Lovasz, RN



ATHLETIC NEWS / UPDATES

If you would like to be in the loop and receive the latest athletic news and

updates, please email Mr. Lowery, Athletic Director,

Theodore.Lowery@lcps.org

Mr. Lowery will be happy to add you to the email distribution list.

WOODGROVE HIGH SCHOOL

Woodgrove High School Home of the Wolverines 36811 Allder School Road Purcellville, VA 20132 P:(540) 751-2600 • F: (540) 751-2601

WOLVERINE SPORTS MEDICINE

Volume 4, Issue 3 November, 2013

Sports Injuries

Compartment Syndrome

Compartment syndrome is a condition where shin pain develops suddenly; starting as a dull throb and quickly becomes excruciating. Then it disappears as fast as it came on, within minutes after you've stopped running. There is a layer of tissue called the fascia that surrounds the muscles of the lower leg. With exercise, the muscles will enlarge, and sometimes that envelope is too tight for a particular muscle group. If it is, then the pressure inside the muscle compartment can increase and cause damage to the tissues, specifically to the nerve and blood supply. This results in tingling, numbness and at worst, paralysis to the lower leg and foot.

Increased pressure can result from direct trauma, a bruise or fracture that causes bleeding into the compartment. It can also develop over a long period of time from exertion activity such as running. This condition is called exercise induced compartment syndrome.

The common symptom of compartment syndrome is leg pain that is most often centered in the big muscle group that is prominent along the front of the shin. The most helpful thing in diagnosing compartment syndrome is the history and presence of a tight and shiny skin appearance to the muscles of the shin. It's also important to take an X-ray alone or in combination with a bone scan to look for other injuries like stress fractures. However, to confirm the diagnosis of compartment syndrome, it's essential to measure the pressure in the muscle compartment. It's an invasive study that places a tiny catheter inside the muscle compartment and measures pressure before, during and after exercise.

Most of the time non-surgical treatments are not effective if the athlete wants to continue with their type of exercise. Generally, surgical treatment, which is a release of the muscle compartment so that there is more room for the muscle to function in, is the treatment of choice and provides good results.

Newsletter 4

WOODGROVE HIGH SCHOOL

Woodgrove High School Home of the Wolverines 36811 Allder School Road Purcellville, VA 20132 P:(540) 751-2600 • F: (540) 751-2601

Nutrition

Sports drinks geared more toward intense activity

You're headed to the gym or for a bike ride after work. Should you sip a sports drink (i.e., Gatorade, PowerAde) before, guzzle it afterward or stick with water? The answer, according to sports nutrition experts is...it depends.

Sports drinks provide water for hydration, energy in the form of carbohydrates and electrolytes that help the body retain fluids. Sports drinks are mostly water, important for any active individual. But a person's need for the added ingredients in the sports drinks (typically sodium, potassium and sugar, and in so-called recovery drinks, protein) varies depending on how hot it is outside and how long and how intense a workout is, say the experts.

Sports drinks typically provide about 15-18 grams of sugar. But for the average workout, people who are eating three square meals a day don't need the extra calories those carbs provide. The electrolytes sodium and potassium help keep a body hydrated, but most people don't become depleted in either mineral during a moderate workout. Sodium is already abundant in the American diet, and potassium is plentiful in lots of fruits and vegetables. The extra protein combined with the carbs and electrolytes in some recovery drinks can help rebuild muscle after a workout, but most people- are you beginning to see a pattern here?- can get all the protein they need by eating after a workout.

Sports drinks, however, also contain an often overlooked ingredient: flavoring! Taste may encourage people to drink more fluid than they would if it were only water. In fact, several studies have shown that children who play sports don't tend to drink as much water as their bodies need unless that water is flavored.

The bottom line: Sports drinks provide the most value to people who are exercising intensely for more than an hour and a half or for those who lose a lot of salt when they work out. For everyone else if you're just doing a half hour of exercise, water is just fine.

Future Quest 2013:

A FREE College and Career Forum for Students with Disabilities

Will be held Saturday, November 16, from 8:30 a.m. to 2:40 p.m. in the Johnson Center at George Mason University, Fairfax campus. Registration begins at 8:00 a.m.

Students with disabilities, their parents, educators, and professionals can learn about educational and career opportunities for life after high school. Speakers, workshops and displays will cover all aspects of transition from school to the real world, including the college application process, college life, accommodations, financial aid, strategies for success, supports and resources for college, career planning, career exploration, career/technical schools, career opportunities, and self advocacy.

Participants can attend more than 40 workshops and network with more than 50 representatives from colleges, technical schools, service-providing agencies, and other professionals.

Keynote speaker Andrew Feldman was diagnosed with Asperger syndrome in middle school and enjoys sharing his story with students, parents, educators, and professionals about how to increase the odds of success in school, college, and life. Andrew is a political professional and business owner, and he graduated *cum laude* from George Washington University. Join us on Saturday, November 16, 2013 at George Mason University, Johnson Center, Fairfax campus, to hear Andrew share his personal journey.

All Future Quest activities are free and open to students with disabilities, parents, and professionals. For more information, contact the special education department in your local school division, visit http://futurequest.gmu.edu/ or contact Co-Chairs:

Deborah Hammer, Arlington Public Schools, 703-228-2133, <u>deborah.hammer@apsva.us</u>, or Mary Young, Loudoun County Public Schools, 571-252-1054, <u>mary.young@lcps.org</u>.

Future Quest webpage http://futurequest.gmu.edu/

Follow Future Quest 2013







Read all about it on the following page:

FUTURE QUEST

COLLEGE AND CAREER FORUM

SATURDAY, NOVEMBER 16, 2013
GEORGE MASON UNIVERSITY
JOHNSON CENTER

8:30a.m. - 2:40p.m.

Resource Fair 8:00 - 2:00p.m.



- · Options After High School
- Career Planning
- Career/Technical Schools
- Employment Strategies
- College Application Process
- Supports and Resources in College

Sponsored by:





or more information and to register:

http://futurequest.gmu.edu

Sponsored by the Virginia Department of Education, Training & Technical Assistance Center and The Northern Virginia Transition Coalition www.novatransition.org

Partners For Safe

Teen Drivers Presentation



Parents of 10th grade students should be aware of the up-coming Partners for Safe Teen Drivers Presentation. This 90 minute presentation is a required additional component to the 10th grade classroom driver education curriculum. Please note that students cannot be issued a Driver Education Classroom Completion Card until a presentation has been attended by both the student and parent or guardian. Students will be expected to sit with their parent or guardian during the entire presentation. Please bring a pen or pencil to complete required paperwork. Also, plan to arrive early, the presentations will begin promptly at 7pm.

Presentations at Woodgrove High School are September 24 and October 1 the auditorium.

Other Parent for Safe Teen Drivers Presentations are offered at the High Schools throughout Loudoun County listed. Dates for these presentations and other information can be found on the Woodgrove High School website main page and Health and Physical Education site.

Partners for Safe Teen Driving Loudoun County Public Schools 2013-2014 All presentations will be held from 7:00-8:30 pm. See important notes below!

November 25, 2013	January 13, 2014
September 26, 2013	October 3, 2013
October 16, 2013	November 19, 2013
September 19, 2013	October 22, 2013
September 18, 2013	October 9, 2013
September 25, 2013	December 4, 2013
September 23, 2013	September 24, 2013
September 23, 2013	October 21, 2013
November 6, 2013	November 12, 2013
October 17, 2013	November 14,2013
October 1, 2013	October 8, 2013
September 18, 2013	October 15, 2013
September 24, 2013	October 1, 2013
	September 26, 2013 October 16, 2013 September 19, 2013 September 18, 2013 September 25, 2013 September 23, 2013 September 23, 2013 November 6, 2013 October 17, 2013 October 1, 2013 September 18, 2013

Important:

- 1. Bring a pen to complete the paperwork.
- 2. Student and parent/guardian must sit together.
- 3. Cell phones should not be in use during the presentation (this includes parents please lead by example!).
- 4. Plan to arrive early no one one will be admitted inside the auditorium after the doors close at 7:05 pm.
- 5. Students in HPE 10 will receive an "Incomplete" grade for classroom Driver Education if they do not attend one of the 26 presentations above.

SENIOR CLASS NEWS!



The class of 2014 Senior Class Dues

Get Involved!

Please pay your senior class dues of \$84.00 through Balfour. Visit Balfour.com

- -Type Woodgrove High School in the school selection
- -Select the icon for graduation
- -Click on individual products in blue in the upper left hand corner
- -Under SHOP BY in the left hand column, choose CAP AND GOWN

These dues will cover your cap and gown, spring t-shirt, activities and food throughout the year and graduation expenses.

Please get involved with your senior class.

Meetings are held during club 3 and open lunch on Friday. Your class needs help decorating for homecoming, fundraising, designing t-shirts, planning and executing graduation, and much more!



Stop by room 307 with any questions! We look forward to an excellent year!

Sponsors,

Kelley Hines Kelley.hines@lcps.org
Emily Stevens Emily.stevens@lcps.org
Heidi McPhillips Heidi.mcphillips@lcps.org

Woodgrove High School Debate Team News:

The nascent Woodgrove High School Debate Team is off and running with two new policy debate teams and at least six new Lincoln/Douglas debaters. Team captains Elijah Lewis and Keegan Duerr are doing an outstanding job assisting coach Samantha Purvis in the team's effort to recruit lower classmen, guaranteeing a competitive Woodgrove team for the future. Our goal is to train and groom debaters to the skill level needed to compete and win at the state and national levels. On Oct. 12th, four Lincoln/Douglass debaters competed at the first LD competition hosted by the Washington and Arlington Catholic Forensic League. Team members Keegan Duerr, Joe Ghiorzi, Max Harris, and Eric Ladd all won at least 2 of the 4 rounds in which they competed, excellent results for the group's first competition. Any Woodgrove student interested in competitive debating should contact team coach Samantha Purvis (room 606) or team captains Keegan Duerr and Elijah Lewis. Students who participate in competitive debate during their high school years have a much greater chance of being accepted by the college of their choice. It is possible to earn a debate scholarship based on participation in (and winningJ) debate tournaments at regional, state, or national levels. So, all you students who want to be free to disagree and engage in intelligent talk, join the Woodgrove HS Debate Team.



The library

is looking for your help in expanding its magazine collection. If you would like to donate a magazine subscription to help support instruction, the library has a list of magazines that teachers have requested. If you adopt a magazine, a sticker recognizing your generosity will be attached to each issue and you will receive a letter acknowledging your donation for tax purposes. Email robert.kane@lcps.org for details. Thank you for your consideration.

What makes a school succeed?

Involvement and commitment of the students, parents, faculty and staff that make up the community, identity, and spirit of the school.

We have three organizations that support students, parents, faculty and staff:



How do I decide which are right for my students and family? Are your students:

Musically or Fine Arts/Theater inclined?	⇒Become a <u>member of WM&AA</u> , and check out the <u>WM&AA's website</u> !
Athletically inclined or enjoy watching high school sports?	⇒Get a <u>Season Pass and membership</u> to the WWABC. Check out the <u>WWABC</u> website for more information!
Interested in supporting Woodgrove HS overall, and keeping up to date with all the school news (including important School Counseling updates)?	⇒Become a <u>member of the PTSO</u> , check out the <u>PTSO website</u> AND ⇒Sign up to get <u>The Woodgrove Weekly enewsletter!</u>

Should I only be a member of one organization?

NO! If you're interested in supporting the Woodgrove High School community overall — Consider joining all three!

You're Invited!

Join your neighbors along with the staff & students of



Become a member of the 2013-2014 **Woodgrove PTSO**

Help SUPPORT the success of your school.



https://events.r20.constantcontact.com/register/eventReg?llr=lm67ludab&oeidk=a07e7vazs7g74fd9a49

Click on the link to become a member TODAY



From the PTSO President: GETTING IN GEAR FOR THE HOLIDAYS

Welcome to the sugar coated days of Homecoming, Halloween and Holidays.

As we reach the end of the first grading period, I would grade the achievements of your Woodgrove PTSO an A+. Together we welcomed back staff and invited in a new class of freshmen. We helped with Homecoming, and the first Senior breakfast, provided convertibles and volunteers for all sorts of events and funded new classroom equipment, 500 subscriptions to "My Access," a web-based writing program targeted to 9th and 11th grade students, tools for work study student projects and are working together with Kaplan to host a practice ACT/SAT test in November. Also underway is planning for our Class of 2014's Grad Night Party, which promises to be even more spectacular than last years. Senior parents got a look at BTS night and seniors got to hear and see about what we have in store for them following the breakfast on October 16th. We hope that you are as excited as we are! I truly believe it takes a "village" to raise a child and in our case, several - Round Hill, Waterford, Hillsboro, Lovettsville, and beyond. All contribute to the Woodgrove community and we welcome the involvement of ALL in our planning efforts. If you have not already done so, please join us.

The Woodgrove PTSO is proud to announce their first ever Hill High Holiday Pie Fall Fundraiser, featuring some of the yummiest choices in pies just in time for Thanksgiving.

Please take a look at our link here to pick your favorites:

http://www.lcps.org/Page/120358

We are also joining efforts with Papa John's pizza to offer you a win-win situation. For only \$15, you receive a PJ's discount card (takeout only) which gives you one FREE LARGE PIZZA for every large pizza you order FOR AN ENTIRE YEAR! Of that \$15, \$10 will go directly to YOUR SCHOOL! Can't beat this deal!

https://events.r20.constantcontact.com/register/eventRegoeidk=a07e87i32di427de51e&oseq=&c=&ch=

Thank you,



Susanne Kahler
Woodgrove High School PTSO President
WoodgrovePTSOPresident@gmail.com or (540) 751-9025

Woodgrove High School Attn: Woodgrove PTSO 36811 Allder School Road Purcellville, VA 20131

WHS PTSO

HOLIDAY PIE FUNDRAISER

DELICIOUS PIES

(AND OTHER BAKED GOODS)

DELIVERED

IN TIME

FOR THANKSGIVING!

FROM HILL HIGH ORCHARD

PLACE YOUR ORDER BY NOVEMBER 15

PICKUP WILL BE MONDAY, NOVEMBER 25

IN THE WOODGROVE CAFETERIA

FROM 4:00 - 7:00PM

*******PLEASE TAKE NOTE OF THE DELIVERY DATE AND TIMES. ******

****PIES NOT PICKED UP MONDAY WILL BE DONATED TO THE LOCAL FOOD PANTRY. ****

******* NO REFUNDS WILL BE GIVEN FOR PIES NOT PICKED UP******



Harris Teeter

School code: 1613 Harris Teeter



Target Reward Program

School ID 152094

Target's Take Charge of Education Program

Woodgrove High School is still participating in Target's Take Charge of Education Program. Join now and help us raise money for our school.

Here's how it works: visit https://www-secure.target.com/redcard/tcoe/home or call 1-800-316-6142 to designate our school. Woodgrove's school ID is 152094. Use your REDcard(Target Visa Credit Card, Target Credit Card, or Target Check Card) whenever you shop and Target will donate up to 1% of your purchases back to Woodgrove. Don't have a REDcard? It's easy to apply. Get started in person at any Target store or go to Target.com/redcard. Relatives, friends & neighbors are all welcome to participate in this program. The more people involved the more money raise for our school. Check our school's progress anytime at Target.com/tcoe.

Any questions please email woodgroveptsofundraising@gmail.com.
Thanks for your support!

Giant, Food Lion, Harris Teeter & Target Reward Programs

Help Woodgrove earn money to supplement the school's educational needs. The school is now registered with Giant's A+ School Rewards Program, and Food Lion's Classroom Rewards Program. You can sign up online any time. (We are in the application process for Harris Teeter's Together in Education Program.)

The earlier you register, the sooner Woodgrove can start earning credit toward purchasing needed equipment and supplies to benefit our students and teachers. Please follow the directions listed below to sign up for either one of both of the programs online. Please be sure to enter the school code when you sign up.



Giant

School ID 09152

Feel like you have already done this? Giant cards must be re-enrolled each vear!

Giant



Food Lion

School ID 219558
For this program to work we need to have at least 25 people register!
Food Lion

Dear Western Loudoun Businesses, Organizations, Partners and Parents:

The end of the school year promises freedom, independence, and the onset of adulthood to our children. It is also statistically a season of the highest teen auto fatalities and alcohol-related car crashes.

Our Western Loudoun community is so tightly knit that one solitary loss affects us all very deeply. With the goal of keeping our seniors safe at the forefront of our minds and the students cherishing fond memories of their final evening as Wolverines the first goal in our hearts, the Woodgrove PTSO is in the process of planning this year's after-grad night celebration. We need your help.

Woodgrove High School celebrated the graduation of the Class of 2013 with our first ever Graduation Night Celebration held on site at the school itself. It was a resounding success, with over 125 students attending the festivities. This year, the Class of 2014 anxiously awaits their own celebration.

As word of our success travels and grows, so does our need for your assistance. This year we hope to reach an even greater number of students. We are asking for your help through monetary donations in our fundraising efforts.

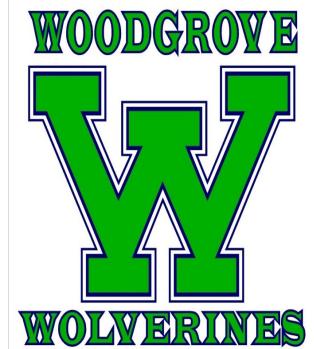
Contributions in the form of services or gift certificates to give to our seniors as prizes are also welcomed. Please give in whatever way you can for this important cause.

All contributions are tax deductible. Please make your check payable to the "Woodgrove High School PTSO" and notate in the memo that funds should be earmarked for GNP. Our tax ID number is 27-2800768.

Thank you so much for your support.

Sincerely,

Susanne Kahler Woodgrove PTSO President WoodgrovePTSOPresident@gmail.com



Take an SAT/ACT Combo Practice Test at Woodgrove High School

Deciding between the SAT or ACT? Take Kaplan's combo test to choose which one is right for you!

Saturday, November 16 - 8:00am-12:00pm

Cost \$15, \$10 for additional family members • DEADLINE: Monday, November 11th
**You can also register on-line at http://www.lcps.org/Page/88704

Please bring 2 sharpened #2 pencils and a calculator!

Please return for a complimentary, individual, 30 min. consultation with a Kaplan test expert to review results and test-taking strategies.

The evening of Tuesday, December 3rd (sign-up to follow)

Sponsored by:

Woodgrove High School PTSO

1-800-KAP-TEST | kaptest.com



FFC01900 * SAT is a registered trademark of the College Entrance Examination Black which was not involved as the production of, and does not entorse, this product. ACT is a registered trademark of ACT, inc.

REGISTER ONLINE HERE



STAY IN THE LOOP... SUBSCRIBE TO THE WOODGROVE WEEKLY!!

My name is Renee Quinn and I am the new Editor of the Woodgrove Weekly Newsletter. The Woodgrove Weekly newsletter is a premier weekly email newsletter produced by your PTSO that will keep you informed on the latest school news, updates, announcements, events, and activities within all departments and areas of Woodgrove life. The Woodgrove Weekly is the best tool for students, families, and staff to stay informed about all that is taking place at WHS and within the Woodgrove community! The newsletter goes out via email on Mondays.

You do not have to join the PTSO in order to get the newsletter—it is a PTSO service for our entire school community. We will never share your contact information, and you can easily unsubscribe at any time.

You can sign up in a flash by putting this address into your web browser:

http://tinyurl.com/getwoodgroveweekly

You will NOT need to sign up again even if you received the Woodgrove Weekly last year. You'll be sent an email and asked to update your profile and have the opportunity to sign up for the 2013-14 parent, student or faculty list—just choose whichever is appropriate.

The newsletter will come to you from this e-mail address:

WoodgroveWeekly@gmail.com

Remember to add this to your address book or trusted contacts so it does not end up in your spam or junk folder!



School Board Tells LEAP about Future Plans

The Loudoun County School Board described the work before it during the October 9th, meeting on the Loudoun Education Alliance of Parents (LEAP). Topics such as budget, boundaries and class size were discussed in answering questions from LEAP delegates during a meeting at the Loudoun County Public Schools (LCPS) Administrative Offices in Ashburn.

School Board members also spoke about the progress their committees are making in relation to goals set at a board retreat last May:

Chairman Eric Hornberger (Ashburn District): The Health, Safety, Wellness and Transportation Committee is looking at the expansion of the Positive Behavior Interventions and Supports (PBIS) to all Loudoun schools in an effort to standardize behavior protocols. The committee also is looking at ways to make expanded walk zones safer and school meals more nutritious. Homberger also said the main thing facing the board in the coming months will be the hiring of a new superintendent for the first time in 23 years.

Tom Reed (At-Large): The 19-member Discipline Task Force has made 38 recommendations for changes to School Board policies, five of which would mean a change in state law. The other 33 will be considered by the Discipline Committee to see if they should be incorporated into School Board policy.

Brenda Sheridan (Sterling District): The Legislative and Policy Committee's work has centered around Policy §8-20, which allows expanded school choice and Policy §5-65, which governs charter schools. Much of the work on the charter school policy has been done to reflect changes in the Code of Virginia.

Bill Fox (Leesburg District): The Personnel Services Committee has been revising the evaluation system for teachers and principals to conform to the Code of Virginia "There are elements of it that improve the process. There are other elements that we are doing more begrudgingly because they are required by state law."

Jeff Morse (Dulles District): "Tell [Supervisors] why you want the budget supported. Tell them what programs are important to you that you want to make sure are funded. Tell them the impact of not having that program funded upon you and your family. The generic statement of 'give 'em what they want' is going to get deleted. They're not going to pay attention to that."

For more information, please check the LEAP website at http://www.lcps.org/Page/95902

The next LEAP meeting will be on
Wednesday, November 13, 2013, 7:00 pm @ the LCPS Administration Building
The subject will be "Tools for Success,"
Online tools that parents can use to check students' progress (CLARITY, VISION and more).

Members of the community are encouraged to attend LEAP meetings.



Parents and members of the community are always welcome to attend LEAP meetings.

2013 - 2014 Topics

September 11, 2013 School Security & Bullying

October 9, 2013 LCPS Board Member Update and Q&A Forum

November 13, 2013
Tools for Success (CLARITY, Vision, Homework Strategies)

December 11, 2013
Science, Technology, Engineering, and Math: STEM I (One-to-one computing, Monroe Technology Center)

January 15, 2014

Loudoun County Public Schools - The proposed 2014-2015 LCPS Budget

February 12, 2014 Cyber Safety

March 12, 2014
Science, Technology, Engineering, and Math: STEM II (Enrichment opportunities)

April 9, 2014Parents' Choice (A program parents plan)

May 14, 2014
Meet the new LCPS Superintendent/Town Hall Meeting

WHAT IS LEAP?

The **Loudoun Education Alliance of Parents (LEAP)** is a non-partisan network that promotes interaction between parents, teachers, School Board members and members of the Loudoun County Public Schools Administrative Team. LEAP holds monthly meetings on the second Wednesday of the month at the LCPS Administration Building in Ashburn, Virginia.

Each program features a panel discussion on topics of interest to parents and members of the community at large, followed by a Question and Answer session and an update from LCPS Superintendent Edgar B. Hatrick III. Delegates are elected from each Loudoun County Public School's PTA, PTO or PTSO group to attend the monthly LEAP meetings.



The Minority Student Achievement Advisory Committee (MSAAC) is dedicated to work in partnership with the Loudoun County Public Schools (LCPS), parents and community to further the academic, social and cultural development of every student and to ensure that the needs of all minority students are met.

MSAAC supports School Board and staff initiatives, and parent efforts to ensure that our school community becomes culturally competent, providing the corner stone to ensure fair and equitable instruction to all LCPS students.

We encourage the development of school cultures where every minority student is afforded the opportunity to achieve his or her full potential, feels welcome and is recognized as an integral member of the student body. All meetings are held at the Loudoun County Public School Administration Building in the School Board Meeting Room.

For questions, please contact the Outreach office directly at (571) 252-1460.

Day and Date	Location	Time
Wednesday, September 18, 2013	LCPS Administration Building: School Board Mtg. Room	7:00pm
Wednesday, October 16, 2013	LCPS Administration Building: School Board Mtg. Room	7:00pm
Wednesday, November 20, 2013	LCPS Administration Building: School Board Mtg. Room	7:00pm
Wednesday, January 15, 2014	LCPS Administration Building: School Board Mtg. Room	7:00pm
Wednesday, February 19, 2014	LCPS Administration Building: School Board Mtg. Room	7:00pm
Wednesday, March 19, 2014	LCPS Administration Building: School Board Mtg. Room	7:00pm
Wednesday, April 23, 2014	LCPS Administration Building: School Board Mtg. Room	7:00pm

Please visit MSAAC's website at: http://www.lcps.org/Page/1494 for more information.

2013-2014 BUS ROUTE SCHEDULE

THE BUS ROUTE SCHEDULE (PDF LINK) IS AVAILABLE ON THE MAIN PAGE OF OUR SCHOOL WEBSITE (left side under Announcements) OR CLICK ON THE FOLLOWING LINK:





LCPS MENUS ARE ONLINE AND CAN BE ACCESSED BY CLICKING HERE