Dear Woodgrove families,

October certainly left us with quite an impression. I hope that everyone was able to navigate through Hurricane Sandy safely!

Many thanks to our SCA for organizing and orchestrating a week full of festivities for our Homecoming Week – the week was simply superb! The stairwells were splendidly decorated – the murals are outstanding, and each day brought forth very creative attire as students wore neon clothing one day, for example, and western wear on another. Also many thanks to the students, staff and parents for their help with the homecoming dance. We had a large number of students and chaperones attend the dance, and from my observation and the feedback I received - I believe everyone enjoyed the event.

As our year moves rapidly by, please remember that the first grading period ends on Friday, November 2, and report cards will be distributed to students Wednesday, November 14. Please also note on your calendars that Monday, November 5, and Tuesday, November 6, will be student holidays/teacher workdays. If you have any questions regarding your child’s classes, please contact his or her teachers.

And as we do turn the calendar to November, one can see many wonderful activities planned for the students, parents, and faculty and community members of the Woodgrove family. American Education Week is November 12 – 16. We have a number of activities scheduled for this week and I urge you to check the school calendar on our website and attend an event. Please be sure to join us!

School safety is in the forefront of our minds and it is of the utmost importance to all of us. As a reminder, please have your identification ready when you enter the school. All visitors must check in with the main office.

Please remember to vote on Tuesday, November 6.

The year continues to be off to a great beginning! Students are working hard and the environment in the school is outstanding. I hope everyone can take some time during American Education Week to visit and celebrate with us the amazing experiences which take place at Woodgrove each and every day.

Sincerely,

William S. Shipp
Principal
# Table of Contents

<table>
<thead>
<tr>
<th>Page</th>
<th>Section</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Mr. Shipp’s Welcome Letter</td>
</tr>
<tr>
<td>2</td>
<td>Table of Contents</td>
</tr>
<tr>
<td>3</td>
<td>2012-2013 School Calendar</td>
</tr>
<tr>
<td>4</td>
<td>Bell Schedule</td>
</tr>
<tr>
<td>5</td>
<td>Bus Schedule Information (Link)</td>
</tr>
<tr>
<td>6</td>
<td>Absentee Process</td>
</tr>
<tr>
<td>7</td>
<td>PIMS (Parent Information Management System)</td>
</tr>
<tr>
<td>8</td>
<td>Dress and Grooming</td>
</tr>
<tr>
<td>9</td>
<td>Counselor Assignments</td>
</tr>
<tr>
<td></td>
<td>SAT/ACT Test Dates</td>
</tr>
<tr>
<td>10</td>
<td>Counseling Department</td>
</tr>
<tr>
<td></td>
<td>SAT Field Study</td>
</tr>
<tr>
<td></td>
<td>College Fair</td>
</tr>
<tr>
<td></td>
<td>Career Center Visits</td>
</tr>
<tr>
<td>11</td>
<td>Clarity (English)</td>
</tr>
<tr>
<td>12</td>
<td>Clarity (Spanish)</td>
</tr>
<tr>
<td>13</td>
<td>Athletic News/Updates</td>
</tr>
<tr>
<td>14</td>
<td>School Store</td>
</tr>
<tr>
<td>15</td>
<td>Student Scoop…Did you Know?</td>
</tr>
<tr>
<td></td>
<td>Class Sponsors</td>
</tr>
<tr>
<td>16</td>
<td>Senior Dues</td>
</tr>
<tr>
<td>17</td>
<td>Senior News</td>
</tr>
<tr>
<td>18</td>
<td>Pictures / Baby Ad / Yearbook Info</td>
</tr>
<tr>
<td>19</td>
<td>PTSO Letter</td>
</tr>
<tr>
<td></td>
<td>Woodgrove Weekly Sign-Up (Link)</td>
</tr>
<tr>
<td>20</td>
<td>PTSO Meeting Information</td>
</tr>
<tr>
<td></td>
<td>PTSO Membership Information</td>
</tr>
<tr>
<td>21</td>
<td>PTSO Assistive Technology</td>
</tr>
<tr>
<td>22</td>
<td>PTSO “Buy a tree and help the WHS PTSO”</td>
</tr>
<tr>
<td>23</td>
<td>PTSO WHS Marketplace</td>
</tr>
<tr>
<td>24</td>
<td>PTSO Rewards Program</td>
</tr>
<tr>
<td>25</td>
<td>PTSO Rewards Program</td>
</tr>
<tr>
<td>26</td>
<td>LEAP (Loudoun Education Alliance of Parents)</td>
</tr>
<tr>
<td>27</td>
<td>SEAC—Information</td>
</tr>
<tr>
<td>28</td>
<td>SEAC—Meetings and Presentations</td>
</tr>
<tr>
<td>29</td>
<td>WM&amp;AA Mattress Sale</td>
</tr>
<tr>
<td>30</td>
<td>WM&amp;AA David’s Cookies &amp; Yankee Candles</td>
</tr>
<tr>
<td>31</td>
<td>Minority Student Achievement Advisory Committee (MSAAC)</td>
</tr>
<tr>
<td>32</td>
<td>Clinic—Letter from Nurse</td>
</tr>
<tr>
<td>33</td>
<td>Sport Medicine</td>
</tr>
<tr>
<td>34</td>
<td>Reading Resource Room</td>
</tr>
<tr>
<td>35</td>
<td>The F.A.C.S. of Life</td>
</tr>
<tr>
<td>36</td>
<td>The F.A.C.S. of Life</td>
</tr>
<tr>
<td>37</td>
<td>The F.A.C.S. of Life</td>
</tr>
<tr>
<td>38</td>
<td>Lunch Menus for November</td>
</tr>
</tbody>
</table>
2012-13 SCHOOL CALENDAR
for Students

August 27            FIRST DAY OF SCHOOL FOR STUDENTS
September 3          Holiday (Labor Day)
October 8            Holiday (Columbus Day)
November 2           End of First Grading Period
November 5-6         Student Holiday (Planning/Records/Conference Days)
November 21-23       Holiday (Thanksgiving)
December 24-28/31    WINTER BREAK
January 1            Holiday (New Year’s) (Classes Resume January 2)
January 17           End of Second Grading Period
January 18           MOVEABLE STUDENT HOLIDAY**
                     (Planning/Records/Conference Day)
January 21           Holiday (Martin Luther King Jr. Day)
February 18          Holiday (Presidents’ Day)
March 22             End of Third Grading Period
March 25-29          SPRING BREAK
April 1              Student Holiday (Planning/Records/Conference Day)
May 27               Holiday (Memorial Day)
June 6               Last Day of School for Students/End of Fourth Grading Period

**Parents with child-care or other weekday scheduling concerns – The date of this MOVEABLE Planning/Records/Conference and Staff Development Day between first and second semesters may change, if the school calendar changes due to school closings for inclement weather or other emergencies. Parents with childcare or other scheduling concerns should be prepared.

9 Week Grading Period Ending Dates
November 2, 2012
January 17, 2012
March 22, 2013
June 6, 2013

Schedule subject to change based on possible school closing due to inclement weather.
### A Day
#### Green Day
<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:55-9:03</td>
<td>Homeroom</td>
</tr>
<tr>
<td>9:08-10:33</td>
<td>1st Period</td>
</tr>
<tr>
<td>10:38-12:05</td>
<td>2nd Period</td>
</tr>
<tr>
<td>12:05-12:43</td>
<td>Open Lunch</td>
</tr>
<tr>
<td>12:48-2:13</td>
<td>3rd Period</td>
</tr>
<tr>
<td>2:18-3:43</td>
<td>4th Period</td>
</tr>
</tbody>
</table>

### B Day
#### Blue Day
<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:55-9:03</td>
<td>Homeroom</td>
</tr>
<tr>
<td>9:08-10:33</td>
<td>1st Period</td>
</tr>
<tr>
<td>10:38-12:05</td>
<td>2nd Period</td>
</tr>
<tr>
<td>12:05-12:43</td>
<td>Open Lunch</td>
</tr>
<tr>
<td>12:48-2:13</td>
<td>3rd Period</td>
</tr>
<tr>
<td>2:18-3:43</td>
<td>4th Period</td>
</tr>
</tbody>
</table>

### Flex Schedule:
- 10:38 (/10:39) – 10:55 – Drop Everything and Read (DEAR)
- 10:55 – 11:21 – Study
- 11:21 – 12:03 (/12:05) – Flex Class

### ONE HOUR
#### DELAY
#### OPEN LUNCH
<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:55-10:03</td>
<td>Homeroom</td>
</tr>
<tr>
<td>10:08-11:18</td>
<td>1st Period</td>
</tr>
<tr>
<td>11:23-12:35</td>
<td>2nd Period</td>
</tr>
<tr>
<td>12:35-1:13</td>
<td>Open Lunch</td>
</tr>
<tr>
<td>1:18-2:28</td>
<td>3rd Period</td>
</tr>
<tr>
<td>2:33-3:43</td>
<td>4th Period</td>
</tr>
</tbody>
</table>

### TWO HOUR
#### DELAY
#### OPEN LUNCH
<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:55-11:03</td>
<td>Homeroom</td>
</tr>
<tr>
<td>11:08-12:03</td>
<td>1st Period</td>
</tr>
<tr>
<td>12:08-1:05</td>
<td>2nd Period</td>
</tr>
<tr>
<td>1:05-1:43</td>
<td>Open Lunch</td>
</tr>
<tr>
<td>1:48-2:43</td>
<td>3rd Period</td>
</tr>
<tr>
<td>2:48-3:43</td>
<td>4th Period</td>
</tr>
</tbody>
</table>
THE BUS ROUTE SCHEDULE (PDF LINK) IS AVAILABLE ON THE MAIN PAGE OF OUR SCHOOL WEBSITE (left side under Announcements) OR CLICK ON THE FOLLOWING LINK:

CLICK HERE
ABSENTEE PROCESS

When a student is absent, parents need to call the Absentee Call Line at **540-751-2602** for EACH day the child will be absent. *Students may not call themselves in absent, including students 18 years of age and older.* For your convenience, this is a 24 hour answering machine. Please leave the following information when calling the Absentee line: **540-751-2602**

- Student's name-spelling the last name
- Your relationship to the student
  - Student's grade
  - Reason for absence

If a parent forgets to call on the day of the absence, the school will make a reasonable effort to contact you to verify the absence. If phone contact is not made, then you must send a note on the day he/she returns to school. Please provide doctor's notes every time your child sees a doctor so that we may keep them on file. This pertains to absences and tardies. Without a phone call or a note from the parent to confirm the absence, it will be considered unexcused and disciplinary action may be taken.

Specific information regarding early dismissals, tardies and other attendance information may be found on the Woodgrove High School website under-Administration--Attendance

**Please direct your attendance questions to Michelle Clark, Attendance Secretary 540-751-2600 or michelle.clark@lcps.org**
The Parent Information Management System (PIMS) is an online tool that provides a convenient way for the primary parent/guardian of a student to manage changes to the phone and/or email information for the contacts in their child’s record. When using PIMS you can review, at your convenience, the current contact information that exists for your child. If you need to update the current phone/email/emergency contact information, you can easily submit the update request online.

It’s as Easy as: 1 2 3

1. Access the PIMS link from the LCPS Public Internet site. www.lcps.org. From the LCPS home screen, click on the PIMS link on the right-side under “Quick Links”.
2. You will be guided through a series of screens where you will be prompted to enter some identifying information, assert your relationship to the student and then enter updated contact information.
3. Once the request has been submitted, your child’s school will review the request before accepting.

Note: At this time only the parent/guardian listed as their child’s First Contact will be able to request updates to phone numbers and emails for all contacts listed in their child’s record, including the emergency contact. Parents may choose not to use the PIMS or may not have the means to do so. PIMS is simply a tool that will give those parents who so desire the ability to request changes to contact information online. This will not replace the hard-copy Emergency Card that is sent out to all families with requests for contact information updates — instead it is offered as a convenience in addition to the emergency card.
Dress and Grooming

Students are expected to dress appropriately. Clothing which distracts others from learning or which endangers safety is unacceptable. **Clothing which exposes cleavage, midriffs, private parts, or exposes undergarments is unacceptable.** These include, but are not limited to, sagging or low-cut pants or skirts, tube tops, halter tops, backless shirts or shirts with only ties in the back, see-through shirts, extremely short shorts or skirts, muscle shirts, or low-cut necklines that show cleavage. Clothing with inappropriate images, statements, or inferences related to profanity, alcohol, drugs, tobacco, weapons, or messages which are sexual, threatening, harassing, or inflammatory are not permitted. **Hats and headgear are not allowed unless approved by the administration for special occasions.** It must be removed upon entering the building and placed in backpacks or lockers. No towels, shirts, or other like items may be draped over the neck. Chains and studded jewelry are not permitted as accessories.
**2012-2013 COUNSELOR ASSIGNMENTS**

<table>
<thead>
<tr>
<th>Counselor</th>
<th>Serving students with last names starting with:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mrs. Geri Fiore</td>
<td>Director of School Counseling</td>
</tr>
<tr>
<td>Ms. Astrid Willemsma</td>
<td>A-C</td>
</tr>
<tr>
<td>Mr. Steven Cohen</td>
<td>D-Hart</td>
</tr>
<tr>
<td>Mrs. Donna Kelly</td>
<td>Has-Mc</td>
</tr>
<tr>
<td>Mrs. Barbara Bell</td>
<td>Me-Scott</td>
</tr>
<tr>
<td>Mrs. Katharine Warehime</td>
<td>Se-Z</td>
</tr>
<tr>
<td>Ms. Teresa Holland</td>
<td>Administrative Guidance Secretary</td>
</tr>
<tr>
<td>Ms. Shannon Bak</td>
<td>Guidance Secretary (AM only)</td>
</tr>
<tr>
<td>Mrs. Jaime Jacobson</td>
<td>Career Center Assistant</td>
</tr>
</tbody>
</table>

**FAMILY CONNECTIONS**

**Don't wait, get connected!**

Learn more about this comprehensive program that will help navigate you and your student through the post-secondary process. Students' username and password should both be their 6-digit student ID number. Parent's login should be their email address that we have on record as the username and woodgrove (all lowercase) as the password.

For more information, go to the [WHS Guidance page](mailto:) or contact Jaime Jacobson at Jaime.jacobson@lcps.org.

**SAT /ACT 2012-2013 TEST DATES**

SAT Test Dates  [www.collegeboard.com](http://www.collegeboard.com)

- **December 1**  (Registration deadline 11/01, late registration deadline 11/16)
- **January 26** (Registration deadline 12/28, late registration deadline 01/11)
- **March 9**    (Registration deadline 02/08, late registration deadline 02/22)
- **May 4**     (Registration deadline 04/05, late registration deadline 04/19)
- **June 1**    (Registration deadline 05/02, late registration deadline 05/17)

ACT Test Dates  [www.actstudent.org](http://www.actstudent.org)

- **December 8** (Registration deadline 11/02, late registration deadline 11/16)
- **February 9** (Registration deadline 01/11, late registration deadline 01/18)
- **April 13**   (Registration deadline 03/08, late registration deadline 03/22)
- **June 8**     (Registration deadline 05/03, late registration deadline 05/17)

**SOL TESTING**

Standards of Learning tests (SOL’s) will be administered online when we return from Thanksgiving break. Students testing in this window include those students who have transferred to Woodgrove High School, have passed a course which awards verified credit, and now need to take the corresponding Standards of Learning End-of-Course test. In addition, also testing, are those students who previously did not pass an SOL End-of-Course test.

If your child is scheduled to test you should have received a letter home in the mail. You may also look for additional information on our website under Academics - SOL Testing.

If you need further assistance please contact Justine Jarvis, School Test Coordinator.
**Counselor Café**

We would like to announce, the counseling office will be open late on Monday nights to assist students and parents of seniors with the college application process. Students are encouraged to stop by and spend some time working on their applications with assistance available. Parents are welcome to schedule appointments or drop in to meet with counselors. The office will be open each Monday until 7 PM. Hope to see you there!

**COLLEGE NIGHT—NOVEMBER 7, 2012—7:00 pm**

Please join us on November 7th for our annual College Night. We will have representatives here from Virginia Tech, Longwood University and Bridgewater University to share helpful tips and strategies for college admissions process. All parents and students of all grade levels are welcome to attend.

**Upcoming Career Center Visits**

Visits this year will take place during 6th Block Flex and Open Lunch.

* Change in Career Center Procedure: Students must register for visits through Naviance. Those who are not on the list will not be permitted to attend. During FLEX, printing your registration will serve as a pass.

Please visit Mrs. Jacobson in the Career Center with any questions.

- Virginia Wesleyan College  Wednesday, 11/07 at 12:15
- US Air Force  Thursday, 11/08 at 11:15
- Longwood University  Monday, 11/12 at 10:30

---

**It's Not Too Early to Start Thinking about Scholarships**

Visit [LCPS Guidance Webpage](#) for up-to-date county scholarship postings:

- **Prudential Spirit of Community**: Deadline 11/6/12

---

**Interested in the Military?**

Take the [ASVAB](#) (Armed Services Vocational Aptitude Battery) a comprehensive career exploration and planning program that includes multiple aptitude tests, an interest inventory, and various career planning tools designed to help students explore the world of work.

Offered at Heritage H.S. on **Saturday, November 3, 2012**, from 9am-12pm. If interested, you can sign up using the following link:

[https://docs.google.com/spreadsheet/viewform?formkey=dEl0OXV6Q2ZlbU5JX1VlUEVfS1E1SWc6MQ#gid=0](https://docs.google.com/spreadsheet/viewform?formkey=dEl0OXV6Q2ZlbU5JX1VlUEVfS1E1SWc6MQ#gid=0)
CLARITY Parent Portal Login Request

Please complete this form for **each** child enrolled, and return it to the student’s corresponding school office, to request an account for the Loudoun County Public School’s Parent Portal.

| Student ID: |   |
| Student Name: |   |
| Student Address: |   |
| Student DOB: |   |

| Student ID: |   |
| Student Name: |   |
| Student Address: |   |
| Student DOB: |   |

Account access information will be mailed home in early October.

Data contained within the CLARITY Parent Portal is confidential and user accounts and passwords should not be shared. Upon verification that a CLARITY Parent Portal user ID or password has been compromised access through that account will be immediately disabled by designated school personnel.

Parent/Guardian Signature: ____________________________ Date: __________

Print Name: ________________________________________

*By signing this form, I acknowledge that I have read and understand this information.*

Please sign, date and return this page to the school at your earliest convenience.

---

**For School use only**

Legal Guardianship Verified: [ ] Student Information System [ ] CLARITY

Staff Person Verifying Parent/Guardian Authorization: ____________________________ Date: __________
Solicitud para Acceso al Portal de Padres en CLARITY

Por favor, rellene este formulario para cada niño matriculado y entreguélo a la oficina de la escuela correspondiente al estudiante para solicitar acceso al Portal de Padres de las Escuelas Públicas del Condado de Loudoun.

Número de identificación del estudiante: ____________________________________________
Nombre del estudiante: __________________________________________________________
Dirección del estudiante: ________________________________________________________
Fecha de nacimiento: ____________________________________________________________

Número de identificación del estudiante: ____________________________________________
Nombre del estudiante: __________________________________________________________
Dirección del estudiante: ________________________________________________________
Fecha de nacimiento: ____________________________________________________________

Información sobre el acceso a la cuenta se enviará a casa a principios de octubre.

Los datos contenidos en el Portal de Padres en CLARITY son confidenciales y las cuentas del usuario y contraseñas no deben ser compartidas. Tras la verificación que una cuenta de usuario o contraseña del Portal de Padres de CLARITY ha sido comprometida, acceso a través de esa cuenta será desactivada inmediatamente por el personal de la escuela designada.

Firma de padre/ guardián: __________________________________ Fecha: ______________

Escriba su nombre en letra imprenta: ____________________________________________

Al firmar este formulario, verifico que he leído y comprendido esta información.

Por favor firma, indique la fecha y devuelva esta página a la escuela lo antes posible.

For School use only

Legal Guardianship Verified: [ ] Student Information System [ ] CLARITY

Staff Person Verifying Parent/Guardian Authorization: ____________________________ Date: __________________
If you would like to be in the loop and receive the latest athletic news and updates, please email Mr. Lowery, Athletic Director, Theodore.Lowery@lcps.org

Mr. Lowery will be happy to add you to the email distribution list.
SCHOOL STORE:
The store is located in Room 401. See you there!

Attention Woodgrove Fans:

Are you looking for great deals on Woodgrove Spirit Wear? Stop by and visit the student associates at The Den (Woodgrove’s School Store). The Den is open to students during Open Lunch and morning hours will be coming soon. The store is open to the community at a number of home sporting events and by appointment. If you have any questions regarding The Den, please email: stacey.hobbs@lcps.org.
Club participation is an important and integral part of your education at Woodgrove High School. Most of our clubs meet during activity period which has been embedded into the FLEX Rotation; however, there are a few that will meet during open lunch. A complete listing can be found on our ACTIVITIES PAGE located on the Woodgrove High School website. Should you have any additional questions, please contact, Kelley Hines, Student Activities Coordinator.

---

**CLASS SPONSORS:**

**SCA (Student Council Association)**  
MELANIE NEUBAUM  
*and* JEFF SCHUTTE

**SENIORS**  
MARGARET CUCINELL,  
EMILY STEVENS  
*and* KELLEY HINES

**JUNIORS**  
RUSS THOMPSON  
*and* SAMANTHA ZOLLER

**SOPHOMORES**  
KAREN CASTELLI,  
PAM DARDEN  
*and* CAROLINA WELLS

**FRESHMEN**  
SHANNON RAINSBERGER,  
*and* RICH ROVANG
Dear Seniors (Psst, share this info with your parents):

We are excited about the possibilities that the future holds for you, and we want to make sure that you are able to enjoy all of the opportunities your senior year has to offer.

In order to simplify the process of planning various senior class events, we ask that students pay a one-time dues fee of $175. Paying these dues at the start of the year will allow the class council to budget for events more accurately, and will eliminate the need for students or parents to make multiple payments to the school over the course of the year for various items and activities.

Payment of your senior dues covers some of these expenses, but we need your help with fundraisers, etc. to make it all happen:

- Senior class spirit t-shirt (Homecoming week)
- Ah! It is Good To Be Senior! Day (October 2012)-(Cap/Gown Fitting, Activities, BBQ)
- Home Stretch Celebration (April 2013)
- Graduation t-shirt (May 2013)
- Senior trip to amusement park (May 2013)
- Transportation for Senior Trip (May 2013)
- Senior Assembly Day Lunch- Catered by Moe’s (June 2013)
- Graduation Apparel - Cap, Gown, Tassel and Stole
- Various Graduation Expenses- speaker, decorations, tickets, equipment rental
- Senior class gift

Payment turned into: Kelley Hines, Margaret Cucinell or Emily Stevens, Senior Class Sponsors

<table>
<thead>
<tr>
<th>Student Name</th>
<th>Student Birthdate:</th>
<th>Parent Name</th>
<th>(As a parent, I am available to volunteer at events)</th>
<th>Yes</th>
<th>NO</th>
</tr>
</thead>
<tbody>
<tr>
<td>Student Email:</td>
<td>Parent Email:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

___________ Paying Senior Dues in Full? Checks can be made out to: Woodgrove High School MEMO: Senior Class Dues

___________ Paying Senior Dues on Payment Plan? (due dates: 9/1, 10/1, 11,)

___________ Only purchasing cap, gown, stole, tassel (COST: $55.00)

This must still be purchased through Senior Class and NOT directly from Herff-Jones.
The Class of 2013 would like to say:

THANK YOU...

to all our parent volunteers for their support in the various activities that we have held to date. Without your help, none of these would be possible! The Reality Store event, held on October 17th, was especially well received by all students involved and we got numerous compliments from the Virginia Cooperative Extension.

During the week of November 7-9th, Gregg Miller from Herff-Jones will be here in order to provide information to seniors regarding Graduation Announcements and other graduation memorabilia. **Parents should expect to see a packet and order form. Please note that the cap and gown have already been ordered and are included in the senior dues.** If a senior has not paid their senior dues or the $55.00 in order to purchase their cap/gown, they must bring in a check payable to: Woodgrove High School and turn it in to either Mrs. Cucinell, Mrs. Hines or Mrs. Stevens.

**DO NOT order your cap/gown through Herff-Jones.**
YEARBOOK ORDERS:

Yearbooks are on sale now for a base price of $75.00 by visiting www.jostensyearbooks.com

Extra order forms are also available in the front office and in room 603.

SENIOR BABY ADS:

The deadline for these ads has been extended to

NOVEMBER 9TH

A copy of the form and more information is available on the yearbook page of the school website, which is listed under "Activities."

SENIOR YEARBOOK PICTURE:

Seniors who have not been photographed for the yearbook have one final opportunity on November 12th.

Seniors must see Mrs. Pyle in room 603 to make an appointment.
FROM THE PTSO:

A big thank you goes out to all the parents and students who volunteered to help meet the needs of the Lovettsville/Waterford Ruritans by helping with parking and traffic control at the Waterford Fair. The PTSO has had a busy couple of months providing volunteers for everything from the Senior BBQ and Reality Store to Homecoming. We welcome your involvement!

Sally Norton-Darr from Assistive Technology will be our featured speaker at the November 13th general membership meeting of the PTSO. If you haven’t visited Assistive Technology’s website at: http://www.lcps.org/Page/76607 you should! It is filled with a host of resources and creative ways to bolster your student’s learning particular learning style and strengths and she will be on hand to teach us some useful tricks and tips.

Coming up is American Education week and Woodgrove will be hosting business partners from the Western Loudoun community at a special breakfast November 14th at 7 a.m. On November 18th, Woodgrove will be kicking off the holidays by sponsoring the first-ever “Woodgrove Marketplace,” featuring a host of specialty vendors and craftspeople. I have also met with representatives of the senior class to better determine what they want to see in an all-night after grad party. They came up with some fantastic ideas and now the PTSO needs a chairperson to head up a committee dedicated to making their ideas happen. If you are interested, please contact me! You don’t have to have a senior to get in on the fun, pay it forward!

It is a very busy time of the year but please remember the PTSO is here to serve the needs or YOUR school. Every dollar we raise through membership or fund-raising goes back to the school in some way, shape or form. If you have any suggestions, volunteer needs, funding requests or ideas, please see our website links on the LCPS Woodgrove homepage under the dropdown menu: PARENTS/PTSO.

Thank you,
Susanne Kahler
Woodgrove High School PTSO President
WoodgrovePTSOPresident@gmail.com

2012-2013 Executive Board Members:
Jackie Erb, 1st Vice President
Tia Brierton, 2nd Vice President
Adrienne Lynne, Secretary
Lisa Hale, Treasurer

STAY IN THE LOOP...SUBSCRIBE TO THE WOODGROVE WEEKLY!!

The Woodgrove Weekly, a premier weekly email newsletter produced by your PTSO, will keep you informed on the latest school news, updates, announcements, events, and activities within all departments and areas of Woodgrove life. The Woodgrove Weekly is the best tool for students, families and staff to stay informed about all that’s taking place at WHS and within the Woodgrove community! The newsletter goes out via email on Mondays.

You do not have to join the PTSO in order to get the newsletter—it is a PTSO service for our entire school community. We will never share your contact information, and you can easily unsubscribe at any time. Just click on the image to sign up in a flash:

You’ll need to sign up again even if you received The Woodgrove Weekly last year. You’ll be sent an email and asked to update your profile and have the opportunity to sign up for the 2012-13 parent, student or faculty list—just choose whichever is appropriate.

The newsletter will come to you from this e-mail address:

WoodgroveWeekly@gmail.com

Remember to add this to your address book or trusted contacts so it doesn’t end up in your spam or junk folder!
HELP BUILD ON OUR SUCCESS...
JOIN THE WOODGROVE HIGH SCHOOL 2012/2013 PTSO

Dues are only $25 a family or $10 for individuals and $5 for students and faculty.

MEMBERS NAME(S):__________________________________________________________________________
ADDRESS:__________________________________________________________________________________
CITY:______________________________________________________________________________________
STATE:_________________________________          ZIP CODE:_______________________________
PHONE NUMBER:_____________________________________        MEMBERSHIP AMT ENCLOSED:____________
EMAIL(for Woodgrove Weekly):_________________________         ADDTL TAX FREE DONATION:_____________

Please return to the PTSO box in the main office.

**Past accomplishments:**
Funded construction of an outdoor nature trail and classroom
Funded teacher requests for books, materials and transportation
Awarded academic scholarships to graduating seniors
Sponsored the Senior Breakfast and Project Graduation
Contributed to staff appreciation week
Maintained a discretionary fund for students and families in need
Organized volunteers for special WHS events

**What we will continue to do:**
Work towards fulfilling the needs of our students, families and faculty in critical areas or special projects not funded by the school budget
Recognize and celebrate our successes
Keep you informed weekly of all the WHS happenings
Ask for your help and assistance in areas of need—our volunteers are very important to our success.

---

**Upcoming PTSO Meetings and Events**
All PTSO Meetings will be held in the Woodgrove High School Library at 7 p.m. unless otherwise noted.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nov. 13, 2012</td>
<td>7:00 pm</td>
<td>General Membership Meeting</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Guest Speaker: Sally Norton Darr</td>
</tr>
<tr>
<td></td>
<td></td>
<td>WHS Assistive Technology</td>
</tr>
<tr>
<td>Nov. 18, 2012</td>
<td>9:00—4:00</td>
<td>Woodgrove Marketplace</td>
</tr>
<tr>
<td>Dec. 11, 2012</td>
<td>7:00 pm</td>
<td>General Membership Meeting</td>
</tr>
</tbody>
</table>
ASSISTIVE TECHNOLOGY
AND THE UNIVERSAL DESIGN FOR LEARNING
FEATURING SALLY NORTON-DARR
NOVEMBER 13TH, 7 P.M.

SPONSORED BY THE WOODGROVE PTSO
Woodgrove High School PTSO & Moose Apple Christmas Tree Farm Fund Drive

Buy a tree and help the Woodgrove High School PTSO

For every tree sold at Moose Apple Christmas Tree Farm, Woodgrove High School PTSO will get a donation of $5.00. So check out this wonderful family owned tree farm at http://www.mooseapplechristmastreefarm.com

Print a copy of this flyer for a friend, family member, or co-worker.

Extra copies of the flyer are available in the main office.

Remember, you must present a copy of this flyer when you pay for your tree in order for Woodgrove High School to get credit for the sale!

Christmas Trees  Tree Stands  Wreaths  Pine Roping  Crafts

U cut it, We shake it clean, drill it, bale it, & help load it.
Saws provided. Please no chainsaws.

Tree Prices:

Pre-cut Fraser Firs  Other Spruces & Firs  Pines
$65 any size  $55.00 up to 12 ft  $40.00 up to 12 ft

Tree Sizes: Table Top to 12 ft.

20,000 Trees to CHOOSE FROM!

Farm Hours:
Open weekends beginning Oct 6 for tagging trees &
early Christmas shopping.
Open 7 days a week beginning
Nov 17
9 AM til Dusk Sat-Sun
10 AM til Dusk M-F

Directions--From Purcellville
West on Route 7 over the Blue Ridge
Mountain & Shenandoah River –
R on Shepherds Mill RD –
R on Wickliffe RD to Tree Farm on Left.
OR: Use street address for GPS or
MapQuest.

2425 Wickliffe RD
Berryville, VA
22611
540-955-2450

Follow Us on Facebook for Farm Updates!
www.MooseAppleChristmasTreeFarm.com
farmer@MooseAppleChristmasTreeFarm.com
Woodgrove Marketplace will be presenting a wide variety of original, high-quality handcrafted items and art, including jewelry, clothing, artisan foods, home furnishings and accessories, artwork, toys, gifts, ceramics, pottery, stationery, linens, and more.

Join us for some unique holiday shopping!

November 18
9AM-4PM
Woodgrove High School

SPONSORED BY:
THE WHS PTSA
36811 Alder Street
Purcellville, VA

Phone:
540-751-2600

Email:
woodgroveptsofundraising@gmail.com
Harris Teeter
School code: 1613
https://www.harristeeter.com/other/my_harris_teeter/login_page.aspx

Target Reward Program
School ID 152094
Target’s Take Charge of Education Program
Woodgrove High School is still participating in Target’s Take Charge of Education Program. Join now and help us raise money for our school. Here’s how it works: visit https://www-secure.target.com/redcard/tcoe/home or call 1-800-316-6142 to designate our school. Woodgrove’s school ID is 152094. Use your REDcard(Target Visa Credit Card, Target Credit Card, or Target Check Card) whenever you shop and Target will donate up to 1% of your purchases back to Woodgrove. Don’t have a REDcard? It’s easy to apply. Get started in person at any Target store or go to Target.com/redcard. Relatives, friends & neighbors are all welcome to participate in this program. The more people involved the more money raise for our school. Check our school’s progress anytime at Target.com/tcoe.

Any questions please email woodgroveptsofundraising@gmail.com.
Thanks for your support!
Giant, Food Lion, Harris Teeter & Target Reward Programs

Help Woodgrove earn money to supplement the school’s educational needs. The school is now registered with Giant’s A+ School Rewards Program, and Food Lion’s Classroom Rewards Program. You can sign up online any time. (We are in the application process for Harris Teeter’s Together in Education Program.)

The earlier you register, the sooner Woodgrove can start earning credit toward purchasing needed equipment and supplies to benefit our students and teachers. Please follow the directions listed below to sign up for either one of both of the programs online. Please be sure to enter the school code when you sign up.

**Giant**
School ID 09152
Feel like you have already done this? Giant cards must be re-enrolled each year!
https://www.giantfood.com/our_stores/bonus_bucks/designate_school.htm?execution=e1s1

**Food Lion**
School ID 219558
WHAT IS LEAP?

The Loudoun Education Alliance of Parents (LEAP) is a non-partisan network that promotes interaction between parents, teachers, School Board members and members of the Loudoun County Public Schools Administrative Team. The mission and objectives of LEAP are promoted via monthly meetings held during the school year on the second Wednesday of the month at the LCPS Administration Building in Ashburn, Virginia.

Each program features a panel discussion on topics of interest to parents and members of the community at large, followed by a Question and Answer session and an update from LCPS Superintendent Edgar B. Hatrick III.

Delegates are elected from each Loudoun County Public School's PTA, PTO or PTSO group to attend the monthly LEAP meetings. Parents and members of the community are also always welcome to attend LEAP meetings.

2012 - 2013 Topics

November 14, 2012 – Homework Strategies

December 12, 2012 – Internship Possibilities

January 9, 2013 – The proposed 2013-2014 LCPS Budget

February 13, 2013 – Technology in the Classroom

March 13, 2013 – Testing: SOL’s and SAT’s

April 10, 2013 – Cyber Safety

May 8, 2013 – Town Hall Meeting and Delegate’s Choice – a subject that delegates identify during the year
The Loudoun County Public Schools Special Education Advisory Committee (SEAC) works with the school board, administrators, parents and teachers who are responsible for students receiving special education services.

All children can learn if appropriate support is available, there are no acceptable losses.

What are the functions of SEAC?
- Advise LCPS of the needs in the education of students with disabilities.
- Participate in the development of priorities and strategies for meeting the identified needs of students with disabilities.
- Submit periodic reports and recommendations to the superintendent for communication to the school board.
- Assist LCPS in interpreting plans to the community for meeting the special needs of students with disabilities for educational services.
- Review the policies and procedures for the provision of special education and related services prior to submission to the school board and the Virginia Department of Education.
- Participate in the review of the school division's annual plan.

Who serves on the SEAC, and may I join?
The position is a voluntary, two-year term, and the SEAC is limited to 21 members. The majority of the committee is comprised of parents of children with disabilities and of community members. Membership must also include one teacher. Membership inquiries may be directed to the SEAC Vice Chair of Membership – go to www.lcps.org, click on PARENTS, select SEAC, then click Vice Chair Membership.

The SEAC usually meets the third Tuesday of the month during the school year from 7:00-9:00 p.m. at the LCPS Administration Building (Ashburn, VA). Check the meetings and presentation schedule at www.lcps.org, click on PARENTS, then select SEAC, to confirm meeting dates and presentation topics.
Meetings and Presentations

Meetings are held at the LCPS Administration Building, 21000 Education Court, Ashburn, VA from 7 to 9 PM.

<table>
<thead>
<tr>
<th>DATE</th>
<th>TOPIC</th>
</tr>
</thead>
<tbody>
<tr>
<td>September 18, 2012</td>
<td>Superintendent’s View On Special Education</td>
</tr>
<tr>
<td>October 16, 2012</td>
<td>Inclusive Schools: How To Support, Develop, And Maintain Peer Mentor Programs</td>
</tr>
<tr>
<td>November 13, 2012 (2nd Tuesday)</td>
<td>Autism Spectrum Disorders In Our School District: Prevalence, Projected Growth, And The Role Of The Autism Coordinator</td>
</tr>
<tr>
<td>December 18, 2012</td>
<td>Determination Of Least Restrictive Environment And ESY Participation With Non Disabled Peers In Extracurricular Activities And Non Academic Activities</td>
</tr>
<tr>
<td>January 15, 2013</td>
<td>Diploma Options/Paths: Including New Provisions For Students With Disabilities Due To The Elimination Of The Modified Standard Diploma</td>
</tr>
<tr>
<td>February 19, 2013</td>
<td>Family Life Education (FLE) And The Special Education Student</td>
</tr>
<tr>
<td>March 19, 2013</td>
<td>The Hidden Curriculum And Other Social Skills Programs</td>
</tr>
<tr>
<td>April 16, 2013</td>
<td>Student Led IEPs: I’m Determined</td>
</tr>
<tr>
<td>May 21, 2013</td>
<td>Behavior Support And Modifications In The General Education Environment</td>
</tr>
</tbody>
</table>

ADDITIONAL SEAC EVENTS

SEAC Representative Orientation
Tuesday, October 16, 2012
6 to 7 PM, Room 101, LCPS Administration Building, Ashburn, VA

Town Hall  Date Tentative April 18, 2013 – Check Back
SEAC hosts a Town Hall Meeting every other year for all stakeholders who would like the opportunity to speak with our district administration about special education resources and how they affect educational opportunities.

Recognition for Excellence In Supporting Special Education
For individuals who teach, care for, and inspire our children
Nomination Deadline and Ceremony Dates To Be Determined – Check Back
To: All Woodgrove High School Fine Arts Families  
From: Bill Strickler- Fine Arts Department Head  
Re: Woodgrove High School Fundraiser  
Date: Saturday, November 10th, 2012 10am-5pm  

1ST ANNUAL MATTRESS SALE FUNDRAISER  

Woodgrove High School is pleased to host a one-of-a-kind fundraising event for our Fine Arts Department. This event has been very successful in schools nationally the last 4 years including right here in our area.  

If you think you might need a new mattress or, know family or friends who might need of one mark this date in your calendar!  

Basic info about the sale:  
• Beautiful Showroom: 20 models with Specialty Hotel Beds  
• Savings: Up to 50% below retail to you and our community  
• Sets From: Twin $199; Full $289; Queen $299; Kings $499  
• Brand New: Consumer Digest Best Buy, Factory warranties  
• All Styles: PillowTop, Firm, Memory Foam, Latex, GEL BEDS  
• Name Brands: Southerland & Restonic, Protect A Bed  
• Other Products: Mattress Protectors & Bed Frames  
• Payment Options: Credit cards, checks, cash, free lay away  
• Delivery or Pick-up: Available 2-3 weeks after the sale  
• No pressure: Just savings up to 50% off to our community!  

Products You Can Trust  

It is a pleasure to be able to find a way to help our students while providing cost savings to our community. We very much appreciate your support of our fundraiser. I hope that you would be able to help our band spread the word to neighbors, co-workers, families, and friends.  

Thanks,  

Bill Strickler  
Fine Arts Department Head  

Questions about the sale? Email us at SpiritFundraising@gmail.com
Thank you for participating in the WMAA’s David’s Cookies/Yankee Candle Fundraiser.

Yankee Candle orders can be picked up Friday, November 2nd from 3:30—4:30.

*Thank you for supporting Woodgrove’s Fine Arts.*
**MSAAC AT WOODGROVE**

The **Minority Student Achievement Advisory Committee (MSAAC)** works in partnership with Loudoun County Public Schools staff, parents, and community to further the academic, social, and cultural development of every student and to ensure that the needs of all minority students are met.

General Body Meetings are held the 3rd Wednesday of every month, 7 PM at the LCPS Administration Building in Ashburn. The first meeting of the school year included the following topics:

- Acting on a communication strategy to ensure timely communication is disseminated to parents and schools about programs available to increase minority participation and involvement;
- Discussing targeted goals and objectives for the 2012-2013 school year;
- Identifying ways to increase parent participation and advocacy for minority children in Loudoun County.

All parents, students, staff and interested community members are encouraged to attend. Please visit MSAAC’s website at: [http://www.lcps.org/Page/1494](http://www.lcps.org/Page/1494) for more information.

The parent delegate for Woodgrove High School is Nichelle Watts-Rivera. Please contact Nichelle at nwattsrivera@yahoo.com with questions or for more information about MSAAC.
Hello from your School Nurse.

All 10th grade students will be screened for vision and hearing on Thursday, November 15, and Friday, November 16, 2012 during their scheduled Physical Education class. Please remind your child if they wear eyeglasses or contact lens to bring them on their scheduled PE day for the screening.

If your child does not meet the vision screening passing criteria, I will be contacting you and mailing you a report of the eye examination. You will be advised to consult a Vision Professional and share the results of the screening. Please take the report to your Vision Professional and have them complete their section of the report. Please return the report form to me in the clinic.

If your child did not meet the passing criteria for the hearing screening, our Speech Language Pathologist will rescreen your child. I will follow up with you regarding the report of the hearing examination. After the second rescreen you may be advised to consult with your primary care physician and share the results of the screening. Please take the report to your physician for their completion of findings and treatments and return the form to me in the clinic.

To ensure your child’s safe return to school, students who are returning to school after a hospitalization (surgery or illness), or a procedure (fracture or tests) must have a release from the physician. The release should include the following information:

* approval for the student to return to school
* the activity level allowed
* any current restrictions and the duration of those restrictions
* all of the above should be updated by the physician after the followup appointments.

*Students with fever (100.0 or >) should be kept home until free of fever for 24 hours.

As always, if you have any questions or would like to discuss a health concern of your child, please give me a call at 540-571-2606 (clinic)

Stephanie Lovasz, RN
How much off-season training is too much?

Recently, kids have found another way to emulate their favorite athletes: getting sidelined with injuries that were once mostly reserved for professionals. Physicians, therapists and athletic trainers are seeing a rise in sports-related injuries among children and young adults. This trend has led to a campaign called STOP (Sports Trauma and Overuse Prevention) Sports Injuries (www.stopsportsinjuries.org).

As youth sports have become less recreational and more competitive, kids are playing more games and there is more emphasis on playing at a higher level. And while kids once moved from sport to sport depending on the season, there is also more emphasis being placed these days on concentrating on one sport year-round. Many experts believe those reasons, particularly specializing in one sport, are contributing to increased injuries.

Single-sport athletes risk overuse injuries that arise when tissue becomes damaged when an athlete repeats the same motions over a long period of time. Some of the sports where overuse injuries are common are baseball, cheerleading, dancing, running, swimming and tennis.

It is also important to have an off-season. Experts encourage young athletes to take at least two weeks off from all activity after the end of the season. Provided there are no serious injuries that need more extensive treatment, this break will give their bodies time to recuperate.

Because most athletes don’t have access to an athletic trainer until they reach high school, it is up to the parents and youth coaches to watch over them. Younger athletes may have trouble verbalizing any physical problem they may be experiencing, while older kids may try to hide an injury because they don’t want to be held out of competition.

Parents should know that they don’t have to keep up with the Joneses and it’s OK for their kids to slow down a little bit and enjoy an off-season.

**WOLVERINE SPORTS MEDICINE**

**Sport Injuries**

**Burners and Stingers**

When the bundle of nerves (brachial plexus) that run from the back of your neck down into your arm is stretched or pinched, you can get a “burner” or “stinger”. You feel an instant sharp pain or what feels like an electric shock from your shoulder down into your arm to the fingertips, as if you stuck your finger in an electric socket. Your arm may feel numb or too weak to lift from your side into a throwing position. Usually burners or stingers resolve within a few minutes.

Burners or stingers are a common injury among football players and athletes in other contact sports such as wrestling, rugby, and hockey. When you get hit on the top part of your shoulder and your neck if driven one way and your arm the other way, the nerve gets stretched. You may also get burners or stingers in a car crash, by carrying a backpack that is too heavy or cradling a telephone under your neck while reaching for something.

Seek immediate medical attention if both of your arms are affected, you have neck pain or you lose consciousness. If you’ve had burners or stingers on several occasions, it is important to see a physician to make sure your burning sensation is not a result of a more serious condition such as a slipped disk or spinal cord stenosis.

You should have normal strength and no pain in your neck or arm before you return to sports. If you return too quickly, you are more likely to be re-injured.

Ways to prevent getting a burner or stinger include:

- Make sure you’re using correct sports techniques such as proper tackling.
- Strengthen your neck, back and shoulder muscles.
- Consider using protective equipment such as a “cowboy collar” for football players.
- If you carry a heavy backpack, lighten the load or use both straps.

**Fitness**

**How much off-season training is too much?**

Recently, kids have found another way to emulate their favorite athletes: getting sidelined with injuries that were once mostly reserved for professionals. Physicians, therapists and athletic trainers are seeing a rise in sports-related injuries among children and young adults. This trend has led to a campaign called STOP (Sports Trauma and Overuse Prevention) Sports Injuries (www.stopsportsinjuries.org).

As youth sports have become less recreational and more competitive, kids are playing more games and there is more emphasis on playing at a higher level. And while kids once moved from sport to sport depending on the season, there is also more emphasis being placed these days on concentrating on one sport year-round. Many experts believe those reasons, particularly specializing in one sport, are contributing to increased injuries.

Single-sport athletes risk overuse injuries that arise when tissue becomes damaged when an athlete repeats the same motions over a long period of time. Some of the sports where overuse injuries are common are baseball, cheerleading, dancing, running, swimming and tennis.

It is also important to have an off-season. Experts encourage young athletes to take at least two weeks off from all activity after the end of the season. Provided there are no serious injuries that need more extensive treatment, this break will give their bodies time to recuperate.

Because most athletes don’t have access to an athletic trainer until they reach high school, it is up to the parents and youth coaches to watch over them. Younger athletes may have trouble verbalizing any physical problem they may be experiencing, while older kids may try to hide an injury because they don’t want to be held out of competition.

Parents should know that they don’t have to keep up with the Joneses and it’s OK for their kids to slow down a little bit and enjoy an off-season.
**News from the Reading Resource Room**

**Reading and Study Strategies Website**

Useful strategies for reading textbooks and studying are posted on the Woodgrove High School website.

*Go to the Woodgrove High School Website*

Click on the Academics tab
Click on Reading and Study Strategies
Click on any of the study strategies or textbook reading tips.

**Parent Volunteers are needed to laminate and prepare instructional materials**

Parent volunteers are needed to laminate, cut, and prepare instructional materials that will be used for cooperative learning activities. Please contact Jane.Haugh@lcps.org if you are interested in preparing instructional materials in your home or at school.

**BATTLE OF THE BOOKS TEAM NEEDS PARENT VOLUNTEERS**

**Create trivia questions for the Battle of the Books competition**

If you like to read and enjoy competition, we need you! Parent volunteers are needed to read the books selected for the Battle of the Books competition and prepare trivia questions that our team will use to prepare for the spring LCPS high school competition. Our Battle of the Books team is striving to answer the most trivia questions and win the Golden Book Award. Please contact Jane.Haugh@lcps.org if you are interested in reading the selected books and preparing trivia questions for our team. THANKS

**Help plan, prepare, and manage the Battle of the Books luncheon**

Volunteer parents are needed to help our team plan, prepare, and manage a luncheon for the students participating in the Semi-Final Battle of the Books Competition to be held at Woodgrove High School on Wednesday, March 20th. Please contact Jane.Haugh@lcps.org if you are interested in helping our team plan, prepare, and coordinate this luncheon. THANKS
How Many Of You Are There?

Identity theft is becoming one of the most prevalent crimes of the new millennium. With a person's full name, date of birth and social security number, a person's identity can be stolen. This can lead to months, if not years of time trying to sort through the wake of crime to reclaim your identity.

What are the most common ways to commit identity theft or fraud?

Many people do not realize how easily criminals can obtain our personal data without having to break into our homes. In public places, for example, criminals may engage in "shoulder surfing" watching you from a nearby location as you punch in your credit card number or listen in on your conversation if you give your credit number over the telephone to a hotel or rental car company.

Even the area near your home or office may not be secure. Some criminals engage in "dumpster diving" going through your garbage cans or a communal dumpster or trash bin— to obtain copies of your checks, credit card or bank statements, or other records that typically bear your name, address, and even your telephone number. These types of records make it easier for criminals to get control over accounts in your name and assume your identity.

If you receive applications for "preapproved" credit cards in the mail, but discard them without tearing up the enclosed materials, criminals may retrieve them and try to activate the cards for their use without your knowledge. (Some credit card companies, when sending credit cards, have adopted security measures that allow a card recipient to activate the card only from his or her home telephone number but this is not yet a universal practice.) Also, if your mail is delivered to a place where others have ready access to it, criminals may simply intercept and redirect your mail to another location.

In recent years, the Internet has become an appealing place for criminals to obtain identifying data, such as passwords or even banking information. Many people respond to "spam" that promises them some benefit but requests identifying data without realizing that in many cases the requester has no intention of keeping his promise. In some cases, criminals have used computer technology to obtain personal data, a RFID scanner is one such item. View this video clip on YouTube to see how easy it is to get information from an unsuspecting individual.

With enough identifying information about an individual, a criminal can take over that individual's identity to conduct a wide range of crimes: for example, false applications for loans and credit cards, fraudulent withdrawals from bank accounts, fraudulent use of telephone calling cards, or obtaining other goods or privileges which the criminal might be denied if he were to use his real name. If the criminal takes steps to ensure that bills for the falsely obtained credit cards, or bank statements showing the unauthorized withdrawals are sent to an address other than the victim's, the victim may not become aware of what is happening until the criminal has already inflicted substantial damage on the victim's assets, credit, and reputation.

What can I do about identity theft and fraud?

To victims of identity theft and fraud, the task of correcting incorrect information about their financial or personal status, and trying to restore their good names and reputations, may seem as daunting as trying to solve a puzzle in which some of the pieces are missing and other pieces no longer fit as they once did. Unfortunately, the damage that criminals do in stealing another person's identity and using it to commit fraud often takes far longer to undo than it took the criminal to commit the crimes.
What Should I Do To Avoid Becoming A Victim Of Identity Theft?

To reduce or minimize the risk of becoming a victim of identity theft or fraud, there are some basic steps you can take. For starters, just remember the word "SCAM".

S  Be STINGY about giving out your personal information to others unless you have a reason to trust them, regardless of where you are:

At Home.

1. Start by adopting a "need to know" approach to your personal data. Your credit card company may need to know your mother's maiden name, so that it can verify your identity when you call to inquire about your account. A person who calls you and says he's from your bank, however, doesn't need to know that information if it's already on file with your bank; the only purpose of such a call is to acquire that information for that person's personal benefit. Also, the more information that you have printed on your personal bank checks -- such as your Social Security number or home telephone number -- the more personal data you are routinely handing out to people who may not need that information.

2. If someone you don't know calls you on the telephone and offers you the chance to receive a "major" credit card, a prize, or other valuable item, but asks you for personal data -- such as your Social Security number, credit card number or expiration date, or mother's maiden name -- ask them to send you a written application form.

3. If they won't do it, tell them you're not interested and hang up.

4. If they will, review the application carefully when you receive it and make sure it's going to a company of financial institution that's well-known and reputable. The Better Business Bureau can give you information about businesses that have been the subject of complaints.

On Travel.

1. If you're traveling, have your mail held at your local post office, or ask someone you know well and trust (another family member, a friend, or a neighbor) to collect and hold your mail while you're away.

2. If you have to telephone someone while you're traveling, and need to pass on personal financial information to the person you're calling, don't do it at an open telephone booth where passersby can listen in on what you're saying; use a telephone booth where you can close the door, or wait until you're at a less public location to call.

C  CHECK your financial information regularly, and look for what should be there and what shouldn't:

What Should Be There.

1. If you have bank or credit card accounts, you should be receiving monthly statements that list transactions for the most recent month or reporting period.

2. If you're not receiving monthly statements for the accounts you know you have, call the financial institution or credit card company immediately and ask about it.

3. If you're told that your statements are being mailed to another address that you haven't authorized, tell the financial institution or credit card representative immediately that you did not authorize the change of address and that someone may be improperly using your accounts. In that situation, you should also ask for copies of all statements and debit or charge transactions that have occurred since the last statement you received. Obtaining those copies will help you to work with the financial institution or credit card company in determining whether some or all of those debit or charge transactions were fraudulent.

What Shouldn't Be There.

1. If someone has gotten your financial data and made unauthorized debits or charges against your financial accounts, checking your monthly statements carefully may be the quickest way for you to find out. Too many of us give those statements, or the enclosed checks or credit transactions, only a quick glance, and don't review them closely to make sure there are no unauthorized withdrawals or charges.

2. If someone has managed to get access to your mail or other personal data, and opened any credit cards in your name or taken any funds from your bank account, contact your financial institution or credit card company immediately to report those transactions and to request further action.

A  ASK periodically for a copy of your credit report.

Your credit report should list all bank and financial accounts under your name, and will provide other indications of whether someone has wrongfully opened or used any accounts in your name.

M  MAINTAIN careful records of your banking and financial accounts.

Even though financial institutions are required to maintain copies of your checks, debit transactions, and similar transactions for five years, you should retain your monthly statements and checks for at least one year, if not more. If you need to dispute a particular check or transaction
especially if they purport to bear your signatures, your original records will be more immediately accessible and useful to the institutions that you have contacted. Even if you take all of these steps, however, it’s still possible that you can become a victim of identity theft. Records containing your personal data — credit-card receipts or car-rental agreements, for example — may be found by or shared with someone who decides to use your data for fraudulent purposes.

Issues such as identity theft and fraud are taught in 2 F.A.C.S. classes — Independent Living and Personal Finance. These classes also teach skills in money management and investments.

The information for this newsletter was taken, in part, from the Department of Justice website, www.usdoj.gov. More information on identity theft can be found at the following organization’s websites:

- American Association of Retired Persons
- Better Business Bureau - Alert
- Better Business Bureau -- Eastern Massachusetts/Maine/Vermont
- Center for Democracy and Technology
- National Association of Attorneys General
- National Consumers League
- National Fraud Information Center
- Privacy Rights Clearinghouse

---

**PINK PUMPKIN PALOOZA!**

FCCLA members raised money in October to support Breast Cancer Awareness through a Pink Pumpkin Palooza event. Students registered to decorate their own pumpkin and then put it on display. Students, faculty, staff and administration were invited to vote on the best pumpkin with money. All money collected through voting was donated to Susan G. Koman for the Cure in an effort to help fight breast cancer.

We want to thank WEGMYER FARM in Hamilton, VA for their enthusiasm and support with our Pink Pumpkin Palooza event.

---

**FEA Competition!**

FEA members will be competing in this year’s annual FEA State Competition at Briarwoods High School! We wish them well as they compete with members of several school districts from across the Commonwealth!

Interested in learning more about FEA or becoming a member of this national organization? Learn more at futureeducators.org. Contact Mrs. Bohnsack or Dr. Curtis for membership details!
LCPS MENUS ARE ONLINE AND CAN BE ACCESSED BY CLICKING HERE: