by Destiny Colbert

Patriot Press staff members chose to take on a crucial social issue that affects all Americans, by wearing T-Shirts that promote the two major political candidates; Donald Trump and Hillary Clinton. Making sure the experiment was evenly balanced between genders and grade levels, Senior Liana Jackley-Angulo and Sophomore Kevin Acevedo, both wore Hillary T-Shirts while Senior Ibtisam Tora and Sophomore Samuel Gardner wore Trump T-Shirts. Both groups were to wear the shirts the day after the first political debate. In the week leading up to the big day, both groups did research by learning both candidates’ platforms and stances on many major social issues. With all of the necessary tools these Patriot Press members were up for the job.

One thing that might have been missing is mental preparation. At first they prepared for an almost joky and laugh off responses from staff and peers, but however it was the opposite. Facial expressions might actually be worth a thousand words at Park View. Tora shamefully said, “First thing I noticed when walking in was everyone staring at me and I felt so embarrassed. You know that feeling in your chest, when you know they’re looking at you, that’s what I felt.” For Acevedo it started earlier. While waiting for the bus he recalled, “A bunch of people started giving me dirty looks, even the bus driver noticed and smiled. I think she might have been pro-Hillary.”

What once was a task of seeing how many responses they could get, soon turned into how many responses they couldn’t get. It became less of a numbers game. The staffers became less interested in why, how and how many, into what they were truly representing. With wearing the shirts came the responsibility of completely standing behind the viewpoints of each candidate. Having someone else’s views that you don’t necessarily agree with became the ultimate conflict. Out of all the staffers, Gardner, wearing the Trump shirt, struggled with this the most. He recounted one particularly jarring experience, “I sat down on the bleachers and I was waiting there, and this girl sat next to me who wears a hijab. And the entire time I thought, and this registered with me, and will forever, what does she think I think of her.”

One major thing our staffers realized was there was a difference between Pro-Hillary and Anti-Trump. Jackley made a remarkable discovery while wearing the Hillary shirt and stated, “There’s a huge difference between people who are Pro-Hillary and Anti-Trump. Yes, they’re on the same side technically but there’s such a huge difference.” When the topic of why she was wearing her shirt and if she ultimately agreed with Hillary, she followed that with the question, “Are you going to vote for Trump?” And more then not they answered no.

This election year is being stapled and pegged as picking the “lesser of two evils”. Ultimately the goal of the social experiment was achieved. The Patriot Press gained valuable knowledge of what their fellow patriots really thought.

by Liana Jackley-Angulo

Park View High School is not a school that puffs its chest out and drones on and on about all the perks it holds, though there is always the exception to the rule. Park View is loud and proud when it comes to its diversity. A survey of over 400 students and staff was conducted on, “What country or countries are you and your family from?” The survey determined that Park View stretches across every habitable continent. There are a total of 196 countries in the world, out of the small portion of PVHS surveyed, they covered a total of 71 different countries. The top five countries of ethnicity were: El Salvador, Germany, Guatemala, Honduras, and the United States.
Yearbook releases cover on Social Media

by Jordan Landrum

The Park View High School Yearbook released the cover of the 2016-2017 yearbook on social media to gain traction with students and increase orders. This cover consists of a new senior class picture and individual portraits of people who represent different grade levels and characteristics of the Park View community including a teacher, Mr. Michael Vereb. The Yearbook staff released the cover to Twitter and Instagram on October 27th and previewed the cover in the morning announcements later on that week. By doing this the staff was aiming to get more attention for the 2016-17 yearbook. During the Yearbook Camp that was held in the summer the editors began working on putting together the cover and finished formatting it two weeks before releasing it to the public. “People don’t like to buy something without seeing it first,” said senior design editor, Jessica Smith. The cover highlights the theme for this year’s yearbook which is “I am me. We are Park View.” After taking into consideration the diversity of this school the yearbook staff members who worked on the cover made sure that it catered to the different ethnicities and races present in the Park View High School student/staff population. “It’s kind of a way to get people excited about seeing what else is going to be in the yearbook,” said Lauryn Helstrom, senior yearbook photographer and editor. “You know if the cover looks cool then they’re going to be interested to see what else is in it.”

New year, New look

by Kevin Acevedo

Last year, Park View High School started the bring your own technology (B.Y.O.T) policy, where students could bring their own technology and could use in school for classwork or anything their teacher assigned. B.Y.O.T is still being continued this year. Unlike the freshmen last year who received Dell tablets, this year they were given laptops. All of Park View got a tech refresh with new computers additionally, YouTube has been blocked, students were not provided with agendas, and even the announcements were moved to second block.

“The reason announcements were moved to second block was because students were using the time the announcements took up to be late to class,” said Assistant Principal Ms. Jennifer Piccolomini. Only parts of YouTube have been blocked and to so called “block YouTube.”

Deputy Hajdasz and Mr. Green talk safety

by Weini Obgagiorjis

With the ongoing violence that has been occurring between police officers and civilians, tension and distrust between the two groups have been rising all over the country. Protest and riots for justice have occurred in multiple cities across the country which include Charlotte, Ferguson, Baltimore, and many more. Due to the countless number of killings that have happened recently the question arises among young Americans, “Do I feel safe?”

It is an extremely common occurrence to see a Student Resource Officer (SRO) in many schools. An SRO is a cop assigned by their department to a specific school in order to help maintain safety and be there in case of a dangerous situation. “We are not here to lock kids up; we are here for a primarily educational purpose. We are here to try and teach kids about risks and consequences,” Deputy Steve Hajdasz explained. He also expressed that most students and people have the misconception that SROs are just in schools for disciplinary purposes. Has the contemporary relationship between police and civilians effected students’ views on having cops in school? Does having an armed SRO officer truly make students more protected while at school? “I think they are necessary honestly, they shouldn’t be invasive but should be around just to protect us,” stated a senior, who requested to be kept anonymous. Although sophomore Alpha Kamara had something slightly different to add about the fact that school officers are armed. “I don’t really think it is necessary. There is no reason to have a gun in school.” He elaborated on his thought by explaining that the guns could possibly lead to a potential act of violence while in school. Senior Ailya Gillani similarly stated, “I saw some [officers] at Sterling Middle School, where my little brother goes, who were armed and I thought it was too excessive.” Senior Anand Wagner expressed that cops are not necessary in schools at all. “I feel like the only reason we have a cop is to intimidate. I don’t see it was something we have to have. It’s not necessary.” Wagner proceeded to explain that cops are “just chilling” in schools rather than keeping students safe. Although not within Park View High School, Deputy Hajdasz has noticed some people who look at law enforcement differently due to current events across the nation. “I’ve heard people make comments under their breath about how they dislike law enforcement and how law enforcement just want to kill people.”

Distrust in law enforcement is on a rise among many people nationwide. The multiple recent murders of African American men can be seen as one of the main causes of this distrust. The majority of students who expressed their views agreed that these killings were wrong but these events still did not sway those who believed that law enforcement should be in schools. “The stuff that’s been happening I don’t really agree with but I think it’s right [to have law enforcement in school] because if something were to happen they would be there to help us,” sophomore Haley Fletcher expressed.

Overall the students who were vocal about this topic unanimously agree that they do feel safe here at PVHS. “I haven’t had a reason to feel physically unsafe at school,” stated Gillani. “I feel safe because Mr. Green is here,” stated junior Layma Ayubi. The precautions and safety procedures and security officer, Teddy Green, add to the safe atmosphere of PV added Ayubi. These statements also display that common misconceptions about Park View and Sterling being unsafe otherwise. With whatever the near future holds for our country when it comes to policing and safety across the boards, the opinions of many could drastically change. Meanwhile one question remains relevant “Do you feel safe?”
Student Power lets voices be heard

by Aliyana Raja

Student Power, a new club formed this year, was created by students for students. The Student Power twitter page states that the main goal of the club is to create a platform where students can voice their opinions on contemporary social justice issues. This club does not associate with liberal nor conservative views, therefore creating a safe environment where your opinion can be expressed freely. Topics that have been discussed in the club so far are the Black Lives Matter movement and police brutality.

Starting this club has been really meaningful to club founder, Senior Hibba Khan. “It’s watching students be passionate about social injustices and watching them inform their peers and their friends about social injustices at Park View and the Sterling community. I think watching them do that is really beneficial and it’s really meaningful because I’m watching people learn more about problems not many people know about. We’re kind of shining light on issues that aren’t that popular,” she said.

“I really wanted students to be comfortable enough to share their issues that they have in school so that we can work on fixing them and making the school more accepting of all students,” Khan said. In the future, she hopes that the club moves on from being just discussion-based to working on more problems in the Sterling community. Khan was inspired to start this club when she noticed fellow students with issues she felt were not being addressed. “No one was really there to listen to their issues. I think students should have someone there to listen to them. You know, when you have an issue you really want your community to be aware of it and you want them to be understanding.” She also states that in previous years, a lot of people wanted this type of club to happen because “in school you don’t have time to talk about these issues.”

If this club could be described in one word, it would be accepting. “This club isn’t centered around one point of view or one political point of view,” stated Khan. “You come, you share your views and if no one agrees with you, you should have the intention to change other’s points of view for the better.”

Students vote Clinton over Trump on Twitter poll

by Josselyn Rodas

Out of 197 votes, Clinton took the poll by storm. With an 85% approval rating from the Park View student body, Clinton single-handedly won while Trump fell behind with a sad 15%.

With the community as big and diverse as it is, it could potentially be 50/50 votes for both Trump and Clinton in a poll open to everyone. According to the Loudoun County Primary Election results, the Republican party had 51,756 votes whereas the Democratic party had a total of 36,154. However, Clinton won Loudoun County with a whopping 21,180 votes and Trump with 14,427 loss.

PEER makes a difference

by Rebecca Thlang

Peer mentoring is a program available to Park View High School as a course that encourages friendship and socialization among their peers. During Peer, students go to the elementary and middle school to make relationships with students that need somebody to talk to. Contrary to the term “mentoring,” Peer is not academic based. High school students participating in Peer are able to help students who need special attention outside the classroom. The high school students learn to befriend the students and help them with their social skills. Mr. Mario Zangla said, “We want them to feel connected to the school and build relationships outside of the classroom.” As of today, there are 24 peer mentors at Park View.

Peer is remarkable program for students who wish to serve their community. Although there are no tangible rewards to being involved in Peer, students will be able to feel rewarded helping students who need a friend. Prior to being involved in Peer, students were given training in August and October. They learned to communicate with the middle and elementary school students who needed help by participating in games and activities and practicing empathy skills. There are plans to also work with the Intellectually Disabled (ID) students and Advancement via Individual Determination (AVID) students as well. They hope to start mentoring in November.

AP Classes: How much is too much?

by Rebecca Thlang

For upperclassmen, with graduation looming closer, many have opted to taking several Advanced Placement (AP) classes in order to be able to save money when they enroll into college. At Park View High School, there are many AP classes students are able to take. There is AP World History, US History, Biology, Language Composition, and Literature. The reason why AP classes are so popular is because of the many benefits students may have from taking an AP class.

Not only may students be able to earn college credit, the course on a high school transcript allows college admissions to know that the student is dedicated and hard-working. Studies show that admissions tend to look more at rigorous courses, rather than simply SAT scores in order to accurately evaluate a student’s hard work and ability to participate in a college setting.

With this in mind, students are pressured to take several classes in order to save money when attending college. Some students take as many as 5 AP classes during their senior year. However, this can be negative in affecting a student’s social life or emotions due to stress from the immense work load students take on. However, students will be able to be challenged by this type of workload. It is greatly encouraged to take enough AP classes so that you are doing all you can to save money for college, but you must also realize how many AP classes you can take on before committing yourself to taking these advanced classes.
North Korea: The Truth is Rarely Simple

Co-Editor-In-Chief

Kisha Lin

I am a strong believer in getting a good education and constantly feeding the brain. As the saying goes, “Knowledge is power.” The school system provides an appropriate environment to attain new information and an abundance of resources to help prepare students for the real world. Unfortunately, some students choose not to take advantage of these opportunities and do not progress.

Throughout middle school and high school, I have noticed a separation between my peers. Some students, like myself, are self-motivated and dedicated to their studies, while others are doing the bare minimum to survive. Then there is the third group, the students who do not show up to class and do zero in-class work and homework.

It is obvious that there are certain students that believe school is not for them, which brings up the topic of having the option to drop out. In Virginia, the dropout age is 18 years old. According to an article on the Loudoun Times Mirror, Loudoun County’s on-time graduation rate for the class of 2016 was 95.9 percent and the dropout rate was 2.6 percent. For Park View High School, the on-time graduation rate was 83.8 percent. Although these numbers seem impressive, it would be more of an achievement if the dropout rate decreased and the graduation rate increased county wide. I do not support the option of being able to decide whether you want to continue your education or not. Education is essential and will determine the rest of someone’s future. I would think that getting an education, as critical as it is, would be unarguable. I get it, the magic number of adulthood is 18, and you are able to finally make your own decisions, but why give a young adult the option to fail? Not only am I against dropping out of school, but I also despise the decision of not taking a chance at higher education after high school. It is undeniable that money is the biggest issue here, however, there are other options to cut the cost. An easy solution would be to study at a local community college. The in-state tuition for Northern Virginia Community College is $163.15, while the in-state tuition for James Madison University is $24,802. The gap of the costs is significant. The pros of getting a good education definitely outweigh the costs. Yes, it is expensive, but think about the better job opportunities that will arise. More skills lead to better jobs, and a college graduate will be able to pay off every little bit of their debt.

So it comes down to two real decisions: You either choose to succeed or you choose to fail.

Education: Your Key to Success

by Samuel Gardner

Or Ist Wieder Da, or ‘Look Who’s Back,’ is a 2014 German dark comedy in which Adolf Hitler awakens at the site of the Führer Bunker in Germany; however, the film carries a deeper and more serious message. I will caution that this movie is not a movie for those that are easily offended, dislike dark humor, or are not willing to think deeper about a movie. The movie plot revolves around Hitler waking up, surrounded by mist. Clad in his full Nazi uniform, Hitler is in the same mindset that he would have been in 1945. The movie follows the mishandling of Hitler and a filmmaker, Fabian Sawatzki. The two of them find themselves in an assortment of bizarre places. Hitler visits the contemporary NDP, draws portraits in a town square, and appears on national television.

Throughout the movie there are actual interviews with German people. Hitler conducts these interviews, often dressed in his full Nazi uniform. In these interviews, the people express a desire for change in the country, generally coupled with xenophobic or downright racist comments. Hitler says this feeling is reminiscent of the one he felt in 1930, and dubs it ‘political disenchantment.’ The film incorporates these interviews as mere interjections; however, they play a major role in the deeper meaning of the movie. This movie, I believe, portrays Hitler as the product of groupthink, or the mindset of a group versus that of an individual. This movie also warns against the combination of anger and apathy. The angry portion of the group will go to extremes, while the apathetic people will do nothing, as apathy causes people to do. The movie warns against the world’s proclivity for violence, and the stupidity of a group when compared to that of an individual. Throughout the movie, the characters either allow or encourage Hitler’s message, and write it off as edgy comedy. The movie warns that this can lead to more, as ideologies evolve, especially when thrust into the public eye, as Hitler was. This movie is a warning not to resort to the mindset and methods that inspired the events of the 1930s, and instead to come together as a people.
Beauty and 
The Beast of Social Standards

Valerie Knowles and Eric Armstrong become the subjects of Jackley-Angulo’s revealing photography.

In genuineness. In that very second of realization the way I viewed the world changed dramatically. Where people saw ordinary, I saw beauty. Every laugh and smile from then on was more than just a laugh and smile, it was the way people’s faces brightened when seeing the light that visibly sparked when people talked passionately. It was beauty in its purest form. I was awestruck by how much of this beauty I was surrounded by. Photography became my obsession. I needed, needed, people to truly see what they were missing because if they grew up the way I did, where unrealistic ideologies of beauty were everywhere—within cartoons, magazines, movies, even dolls—then I knew they felt the same insecurities I did.

It is a shame really—how wrapped up we are with the concepts of beauty standards and the toil it takes on everyone’s self-esteem. Positive self-image is one of the biggest struggles people have growing up, and the media only encouraged the movement of changing one’s looks to fit in. The Princess Diaries was a favorite movie of mine, one scene is about the glamourous makeover the protagonist undergoes and it shaped my perception of what a pretty girl should look like. There was also the infamous Jessica Rabbit from Looney Toons who was long-legged, thin to the waist, and ozeyed suave with ever sashayed step. What girl did not want to possess that confidence in her own body? Then again what school girl realistically looked like them? I was expected to have a Barbie complex: tall, glowing blue eyes, platinum blonde hair, long legs, and a large girlish. Instead I had murky green swamps for eyes, dirty blond hair, and overall average build. As a kid I would hide behind my mom’s legs when we went out, but there are only so many years I could cower from the world and its chopping block of judgement. Perception takes time I discovered because despite my epiphany I could see beauty in everyone but myself. A friend of mine took a candid of me recently and I was appalled; I did not recognize the carefree girl in the picture with bright green eyes and smile illuminating her whole face. It ignited faith into my theory: when a person is being themselves and letting loose—allowing themselves to be happy—that is beauty. You may not be able to see it in yourself, but the rest of us see it, we all do. Take in and appreciate the moments of life that make your chest swell with exhilarating happiness because we are all capable of sharing this light, this beauty, with others.

With protests, deaths, and officers who are not given a fair punishment for their decisions, it has instigated a large movement that has impacted the news and points of views for many. It was based on the creation of Black Lives. But Black Lives have been deprived of our basic human rights and dignity,” such as Black poverty and genocide is state violence, how Black women bearing the burden of a relentless assault on their children and their families is state violence, how 2.8 million Black people are locked in cages in this country is state violence.

Trayvon Martin was a seventeen-year-old boy that had been shot by neighbor-

Brief Insight into Black Lives Matter

National organization working for the validity of Black life. We are working to (re)build the Black liberation movement.” The three people who helped found this movement are passionate about, “broadening the conversation around state violence,” for Black people. “We are talking about the ways in which Black lives are deprived of our basic human rights and dignity,” such as Black poverty and genocide is state violence, how Black women bearing the burden of a relentless assault on their children and their families is state violence, how 2.8 million Black people are locked in cages in this country is state violence.

This is not a MOVEMENT, but a Movement.

one of the protesters can be heard saying on CNN. This was not taken lightly by the Black Lives Movement. They took this as an insult, making them think that this was a sign of disrespect and that they did not care about the mistreatment and the lifestyle that Black people were raised in. On Real Time with Bill Maher, he expressed support for use of the, “Black Lives Matter” phrase, stating that, “All Lives Matter’ implies that all lives are equally at risk, and they’re not.” The New York Times said it best, “While Black Lives Matter doesn’t mean your life isn’t important— it means that Black lives, which are seen without value within the dominant culture, are important to your liberation.”
Football instills leadership, persistance in players

by Jordan Landrum

The Park View High School football team started its 2016 fall football season, with the current record of 2-4. Aside from the statistics of the game, this team gives players a reason to be motivated in their school and academic lives along with enabling them with high moral standards to upkeep.

“I love that football teaches me and many other people a variety of lessons like teaching players how to push themselves past the point that they think they can’t go,” said one of the team captains, defensive tackle and senior, Ken Coopwood. “Football also teaches players the importance of brotherhood and what it truly means to be a family.” The football team as a whole has set the goal of having a winning season.

Some players have set personal goals to receive an athletic scholarship, or an academic scholarship. Student athletes are required by the Loudoun County Public School system to take and pass at least five courses along with many other stipulations. To be a student athlete at PVHS, one must also arrive to school on-time, attend school on the day of a game, and abide by the training and school rules. “Football requires the players to meet certain standards in the classroom in order to play on Friday nights so actually it helps because it gives players a reason to try extra hard in school besides getting an academic scholarship,” said Coopwood. The requirements for the eligibility of LCPS athletes emphasize the importance of the word student in “student athletes” and make good grades mandatory for these students in order to play in their football games.

To be competitive in high school football, teams must be fully committed. That is why the football team is a year-round endeavor, Head Football Coach, Mr. Michael Mullins, starts off-season practices the day after the previous season ends. Behind the scenes, these football players get direction and have support from their many coaches: Michael Mullins, Brandon Lee, Andrew Johnson, Eleazar Anzoleaga, Joe Pittard, Eric Baltimore, said Coach Mullins. Team captains or “the leadership council” as the football team refers to them are Colin Mills, Niko Hopkins, Ken Coopwood, Evan Pittard, Adonay Cruz, AJ Walker, Jeremy Ramos, Adam Thorne, and Caleb Donofrio. The leadership council players are selected by their teammates; these players must attend a ten-week leadership class that is held during the off-season. They are also responsible for raising the morale, which means getting everyone motivated and “hyped” before and during a game. The PV football players participate in off-season practices five days a week, before and after school along with spring and summer practices, summer camps, and passing league camps during off-season weekends.

Overall the football team, coaches, managers, and others involved put in a tremendous amount of effort into enhancing the players’ skills and improving the performance of the team which shows their commitment and work ethic.

Crossing the Finish Line

by Andrea Guerrero

Sophomore Allison Armstrong and Junior Jared Monseur have excelled in cross country this season. Park View has greatly benefited from their combined successes on the cross country team. Jared Monseur has also stood out as an exceptional cross country teammate. In addition to Mr. Poth, the cross country team has Ms. Beata Bui as a new coach. “It’s been a great experience so far!” She said, “The kids are highly motivated and hardworking, and I’ve seen some of them make a lot of progress already.” We had a chance to interview Ms. Bui about the star athletes of the cross country team. In Ms. Bui’s own words, Armstrong is, Focused, driven and fast, Monseur on the other hand, is highly competitive and self-motivated, very fast. Ms. Bui said that a major achievement of Armstrong in her mind, is when she managed to finish Top 10 at one of the cross country meets. She was the only girl on the team to make Top 10. “It was such a thrill seeing her cross that finish line!” said Bui.

On October 26, 2016, Monseur qualified for regionals. The students of Park View High School are exceedingly excited by this news, since the cross country team hasn’t been to regionals in 25 years. Ms. Bui also commented saying, “For both of them, I always know that if anyone will be in Top 10 at a race, it’s definitely going to be them!”. All in all, it seems that Armstrong has found her match in Monseur. They will definitely give each other a run for their money.

Fall Sports Update

by Darlin Gonzales

Park View’s sports have been achieving great accomplishments this year. Cross Country’s, Junior Jared Monseur ran an astonishing time of 17:18 in Conference. Monseur placed top ten qualifying him for regionals. The varsity cheer team also qualified for regionals this year, placing third at conference. It had been awhile since either of these sports made it this far. Although they came up a little short and didn’t qualify for states, they will continue to work hard for next season.

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Athletes excel beyond school sports

by Jordan Landrum

In high school, athletes within the school sports programs are recognized constantly, whereas not much credit is given to those student athletes involved in travel leagues and fitness programs that are run outside of school. Many students are also involved in less recognized extracurricular activities such as dance, travel/out-of-school soccer, and basketball.

Boys Varsity soccer coach, Mr. Arturo Jimenez, has been running small-scale optional tournaments for the male soccer players at Park View who plan on trying out for the team in the spring season. The players separate into teams and scrimmage on either the turf field or the practice grass soccer fields. Senior, Christian Worx, who started playing soccer at the age of five, says he likes it and was happy for the boys. Most importantly, I was happy for the school.” If he could describe the event as a whole in one word, it would be “ecstatic.”

The rings are inscribed with the team’s name, the individual player’s last name. Interestingly, they were designed by the very own teammates. However, the rings prices’ varied and, fortunately, it was available for each team member to receive theirs. There was funding involved in obtaining the rings through the website GoFundMe.com.

Senior Cristian Chavez felt like it was more than just a ring. “The rings mean a lot to me. It’s an accomplishment because that was my dream, winning states,” said Chavez.

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The rings represent a huge accomplishment for the whole team. They represent their hard work, the days they pushed themselves at practice, and the moments of loss and wins shared with each other. The rings show the effort the team players put in and the reward they receive from all their determination, work, and energy.

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Cheerleaders teach elementary students how to “SPOT” positive behavior

by Meagan McDaniel

Senior varsity cheerleaders, Destini Thompson, Mario Hernandez, Katie Hessler, Gillian McIntyre, Veronica Portillo, and Meagan McDaniel went to Sterling Elementary School on September 9th to help children learn about positive behavior through a program called Positive Behavioral Instructional Support (PBIS).

The kids were excited to see the cheerleaders perform cheers and help spread the news about “SPOT” behavior, meaning that the students are safe, polite, on task and trustworthy. One of the cheer coaches, Kim Blankenship, works at Sterling Elementary and was happy to have the cheerleaders help encourage good behavior throughout the school. The students were engaged throughout the program.

The teachers were appreciative of the cheerleaders being there. It helped the young students understand what appropriate behavior looks like and what is expected of them during the school day. The cheer that was taught to them was “SPOT. We are S.P.O.T for all to see.” Which basically means have good behavior,” said Thompson.

The cheerleaders were glad to lend a hand. For the cheerleaders. It reminded them of when they were in elementary school. The reaction of the young children was exciting to see. “It made me really happy to see how excited they were to see us and how energized they were,” said senior Destini Thompson.

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TRAVELING BACK HOME

by Destiny Colbert

Visiting your home country should be a part of everyone’s summer goals. Taking part in your culture and what makes you who you are seems like a great vacation, right? Many students at Park View get to go on this trip. To many it’s not even like a vacation, more like coming home.

Learning things like culture, traditions, food, daily occurrences and more is an experience many take. At Park View every student is not only culturally aware at school, they also take it with them over break. Summer vacation for many is time of relaxation, but when paired with all that and more it’s an experience no one would decline.

Junior Valery Nolasco says, “When I went to Honduras the first thing I noticed was how everyone lived and how different it was.” She talks about how it’s different in many ways, many negative, but the pride is unstoppable. With poverty and crime rates surrounding the country many would think that would stop pride, and almost create shame. But in fact it’s the opposite. “Everyone there was really nice and proud, to be an Honduran.”

While being out of the country sightseeing is probably on everyone’s list of things to do. Seeing beautiful things and taking it is almost a necessity. For senior Vanessa Campos, her summer in her home country was filled with adventures. “When I first got there we at traditional food, and then we went up the mountains and you can actually go zip lining.” But just as important as seeing amazing things are, visiting family is just as important. “I spent a lot of time with my family, doing little things and eating. At the end of the day we were always eating and hanging out.”

Family is the one reason you get to visit the country. Senior Amera Saber said, “I visited my family definitely, but it’s more then that, the people there are amazing. You can truly feel the vibe of people and how they represent Egypt.”

Learning culture, pride, and amazing sights were a major part of our fellow patriots summer experience.

RECIPE: BALEADAS

Junior Valery Nolasco visited Honduras over the summer. Nolasco shared her favorite Honduran dish, Baleadas.

Ingredients:
- 1) Flour tortillas
- 2) Refried black beans
- 3) Teaspoon of grated cheese
- 4) One half of an avocado
- 5) Teaspoon of mantequilla

1) Heat up a griddle. Place refried beans in a sauce pan and heat them.

2) Scramble two eggs in a sauce pan.

3) Place the tortilla on the griddle. Heat it up on both sides to soften it up. Do not leave it on for too long or the tortilla will harden and break when you fold it.

4) Cut an avocado in half. You will only use one half. Cut it into apple slices.

5) Place the tortilla on a plate. Smeared the beans on one half of the tortilla and place the scrambled eggs on top. Sprinkle the grated cheese over and smear mantequilla. Place two slices of avocado inside

6) Fold the tortilla over the fillings and serve.

Handcuffed to Technology

by Kisha Lim

Phone alarms going off in the mornings, tablets being lugged around in backpacks, and students surfing the web to catch up on the latest current events for class are all habits of today’s high school students. It is apparent that students are surrounded by, and utilizing, technology throughout the entire day. With everything that has been created to make lives and jobs more efficient, our world will continue to be reliant on technology. Sophomore Helene Nguyen, admits that she is not able to live without all of the technological advancements due to what it is used for. “I use it (technology) for school, for when I get bored, before sleeping, and as a distraction,” listed Nguyen.

The development of cellular devices has had a huge impact on everyone around the globe. Senior Ken Coopwood believes that “without it (technology), communication with people miles away from you would be virtually impossible.” A world without cell phones and computers seems unimaginable in today’s society. Contrary to the popular opinion, junior Ashley Wagner is convinced that she is able to live without such devices. “There are other things to do than just being on your phone and looking up answers to everything,” said Wagner.

The 21st century has created an abundance of technological advancements and has proceeded to engage people in technology every day.
by Nabeeha Ahmed

As students, we often make the mistake of assuming administrators don’t have as much of a tightly packed schedule; that most of their day consists of standing around and watching over the students and staff rush the halls, dealing with problems every now and then. I had the privilege of shadowing our very own Park View principal, Mr. Kirk Dolson on September 30.

Mr. Dolson started off the school day at around 8:00 a.m. with the staff about the block schedules. Afterwards he stood in the hall, at the very spot we all commonly see him watching over in the mornings – the hall that leads to the cafeteria and library, at the spot in which the two halls next to the cafeteria intersect. Mr. Dolson would greet students and class changes. This is a fact that this is usually the only activity students see. There are many new teachers who were surprised but delighted by the donuts, but really all were thrilled to be offered a treat and be appreciated for their work.

The most interesting part of my day was after the announcements, when Mr. Dolson and another staff member interviewed four people who applied for one of the three available positions: study hall, biology, and special education. Sitting in his office chair, while he and Ms. Esther Seuss interviewed the candidates, I listened to four very different people who still had unique characteristics and experiences that were valuable assets in terms of being a staff member at our school. In order for the applicants to be able to describe what they could bring to Park View, Mr. Dolson and Ms. Seuss gave them some background information about the students. Mr. Dolson told the first candidate that many boys are in need of a positive male role model. “Many are living with other families – lots of multi-family households – and some have been left in their home countries, returning to the U.S. after ten years.” Here are some more facts that were laid out. Thirty-five percent of Park View’s students are in ELL, and many have had interrupted education. Many people bash Park View for tests scores and academics in general, but that’s because they’re evidently oblivious to other people’s worlds. Many students are trying to support their families, trying to work as much as they can. On top of this and all their personal problems, they have their education to worry about. “Compared to where I live, in Leesburg,” Dolson chuckled to one of the applicants, “most of the students here are exceedingly polite. They don’t feel entitled.”

By the time the interviews were finished, it was lunchtime and Mr. Dolson already had sixty unread emails. At 1 p.m., he went to lunch duty, where I learned that he played basketball and baseball in high school. Afterwards, he dropped into English classes to fill out a Park View LCPS Walkthrough form. This way, the teachers get feedback based on what he observes in their classes. “All of the staff members here – we’re all a lot like family mainly...”

Other than anyone can imagine. The teachers work hard as well. They’re not here simply to get paid, but to guide students because no matter what other people may say, they genuinely care. I’ve had friends and acquaintances talk to me about the staff members who have helped them through hard times – whether as a coach or a teacher. Always keep in mind that the staff here – they’re human too, and, just like you and I, have personal problems, pain, vulnerabilities, and the desire to make the world a better place.

by Meagan McDaniel

Mr. Timothy DeHaas, the new Physics teacher, was a Muppeteer for the 1984 film, The Muppets Take Manhattan. Before becoming a teacher, Mr. DeHaas was the Muppeteer for the Muppet, Scooter. His acting career began when he did puppet shows for nursing homes and churches. The Muppets Scooter was very popular around this time, “It began behind the couch at my next door neighbor’s house when my neighbor and I did puppet shows for our families,” said Mr. DeHaas.

Being an actor was fun and challenging for Mr. DeHaas. He was a kid from a small town in Maine suddenly finding himself working for The Muppets. The very first scene that was done in The Muppets Take Manhattan was the most difficult for him. “It was a brief scene that took place in a producer’s office where Kermit the Frog was playing a banjo. Jim [Henson] was doing Kermit’s body and his strumming hand and I was pulling the string on the banjo to make the fingering hand go up and down,” said Mr. DeHaas.

Mr. DeHaass’ other hobbies include reading, listening to music and playing with his cat. His cat, Marble, thinks he is a dog and likes to play fetch. He also enjoys writing short science fiction stories. “[The stories are] like the movie, The Sixth Sense,” said Mr. DeHaas.

He likes working with the students and is having a good time with them this year. Before coming to Park View, he was a teacher at Potomac Falls High School. “My approach is to try to make every day here a memorable experience. It’s what kept me going for 32 years in this business” said Mr. DeHaas.
Filippini exemplifies brotherhood

by Weini Ogbagbiogis

Halfway through Gabriel Filippini’s sophomore year he came up with an extraordinary idea to create a prosthetic arm for his six-year-old brother, Lucas, who was born without a left hand. “He was always able to do everything he wanted to do, and if he had a hand, he could do it too. That’s why I wanted to help him,” Filippini stated.

After coming up with the idea, Filippini approached his study hall teacher, who also happens to be the PV technology education teachers, Mr. Kurt O’Connor for assistance with the actual construction of the hand. “When he came up and asked I was a bit unsure of the goal but I was happy he asked and I was happy to assist him,” stated O’Connor.

Filippini and O’Connor used a website called Enable.com in order to generate the blueprints needed to start off the process. From there they used the school’s new 3D printer, which was new to both Filippini and Mr. O’Connor, to construct the hand. “To print it probably took around a week and a half, but trying to assemble it and trying to figure out the joints and the tendons, it took around two to three months to actually make,” said Filippini. The project was completed towards the end of June 2016.

Lucas along with Filippini’s parents were both amazed and happy to see the final results. “They were filled with joy and excitement and to give something like that to someone in need it was definitely a rewarding experience,” stated O’Connor.

More recently, Gabriel explained that his brother is still getting used to the prosthetic hand, and with time it will be easier for Lucas to use. Overall, the construction was successful, their goal was accomplished the hand works correctly, and it opens and closes like it is supposed to. What started out as hope for his younger brother to experience new things became a reality with determination and patience.

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Trump: Reality Star or President?
by Nabeeha Ahmed

American businessman, television personality, and now politician began his presidential campaign on June 16, 2016. He announced his selection of Indiana Governor Mike Pence as his running mate a month later on July 15. November 8th is fast approaching and Americans are hearing more about scandals and exaggeration of perceived policy through media rather than actual facts.

Trump wants to create an economy that would build 25 million new jobs over the next decade, reform policies with a pro-growth tax plan, an America-first trade policy, and boost growth to 3.5% on average per year. He wants to reduce taxes especially on the middle class, reduce the cost of childcare, eliminate interest loopholes, and make business tax rates more competitive to keep jobs in America. He wants the rich to pay their fair share, but not to the point they leave the country.

For education, Trump wants to add billions of dollars in federal investment towards school choice, make sure universities are making efforts to reduce costs and debt for federal tax breaks and tax dollars, and that the opportunity for two or four year college, technical and vocational education will be easier to access and finish.

Clinton: Is the U.S. ready for a female president?
by Hibba Khan

Hillary Clinton is this year’s nominee for the democratic party. She is former first lady, senator, secretary of state, and a two-time presidential contender. Clinton selected Tim Kaine to be her running mate on July 22, 2016. Kaine is one of the few people in history to have served as US senator, mayor, and governor. Clinton has advocated for equal rights and opportunities for women, since the beginning of the campaign; she strongly defends the Affordable Care Act, affordable child care for families, and fighting to close the pay gap. In her time as a senator, Clinton introduced the Paycheck Fairness Act—a bill focused on fighting gender discrimination in the workplace.

As president, Clinton wants to make college debt-free, to all Americans. She’ll strengthen trade enforcement and support small businesses. In addition, Clinton supports the abortion-rights movement, also known as the pro-choice movement. The movement supports the view that a woman should have the legal right to an elective abortion.

In regards to immigration reform, Clinton and Republican presidential nominee, Donald Trump, have a wall between them. Clinton has defended President Obama’s executive actions on Deferred Action for Parents of Americans (DAPA) and Deferred Action for Childhood Arrivals, whereas Trump wants to increase immigration and customs enforcement. Clinton believes the five million people eligible for DAPA, and DREAMers, should be protected under executive actions.

Johnson and Stein seek
Third Party vote
by Hibba Khan

Candidate Gary Johnson is a presidential candidate on behalf of the libertarian party and he was former governor of New Mexico. Johnson does not believe in politicians driving environmental regulations, instead he believes the individual is more effective. In regards to immigration reform, Johnson believes in creating a system of incentives for immigrants to pay their taxes, obtain proof of employment, and assimilate.

Johnson believes the federal Department of Education should be eliminated, and the state government should take more control over educational policies.

Stein represents the Green party and the main pillars that hold up her campaign are ecology, social justice and democracy. The candidate advocates for investing in 100% renewable energy, guaranteeing economic human rights, allowing full access to reproductive rights, and free public education. In such ways, the candidate is following the footsteps of former candidate, Bernie Sanders. Although dissimilar from Sanders, Stein argues to stop U.S. financial and military support to countries with heavy human rights affairs, countries such as Israel, Saudi Arabia, and Egypt. Steins leftist platform has a light drain on Clintons campaign.

Illustration by Kaleb Morris
The Homecoming dance was on Saturday, October 1 and tons of people in the Sterling community actively participated to make this Disney themed dance possible. Homecoming is not only centered around the actual dance, but it also includes the homecoming football game, court, and decorations of different grade levels’ hallways.

Student Council Association (SCA) is the main reason why homecoming is possible. Thanks to the SCA, students of all grades were able to work together to achieve the Walt Disney effect. Michael Vereb who runs SCA, stated that there had been about 50 to 60 students who helped out every Wednesday for three weeks with decorating, offering ideas, and support. Mr. Vereb said, “We [SCA] thought Disney would be fun and we’re nostalgic for Disney movies.” Homecoming was a success, with over 700 students attending.

The homecoming game is the most popular football game of the season. Sophomore, junior varsity football player, Quintin Van Sickle explained, “It’s right before homecoming and everyone’s happy for homecoming and having their football team play.” Park View High School played against Loudoun County High School. Park View lost 47-27. During the football game, the homecoming court was announced. Representing the freshmen class was Alyssa Bondy, Rixie Gallegos-Carcamo, Josiah Dentu, and Drake Williams. The sophomore class elected Helene Nguyen, Marylynn Nguyen, Teo Blazquez, and Luis Gamboa. The junior homecoming court consisted of Judith Gonzales, Jennifer Nunez, Kelly Schaefer, Caleb Donofrio, Saboor Malik, and David Rivera. The senior homecoming court included Ester Alvarez, Tiffany Gomez, Liana Jackley, Iris Le, Kisha Lim, Weini Ogbagiorji, Aliz Ordonez, Jeovanny Gonzalez, Colin Mills, Khiem Nguyen, Edwin Sanchez, and Carlos Urbina. Roach won homecoming king and Lim won homecoming queen.

Festive colors filled the halls as hallway decorations hyped up the homecoming environment. Each grade level selected their favorite Disney movies and decorated according to their selection. According to Mr. Vereb, one of the main reasons for choosing Disney was the flexibility available with the theme. Freshmen decided to go with The Little Mermaid and decorated the hallways primarily with balloons. Sophomores selected Beauty and the Beast and set up a dining table with cutlery. Juniors chose Sleeping Beauty and made elaborate drawings on posters of iconic quotes from the movie. Lastly, the seniors went with Peter Pan and set up various decorations including cardboard cut outs of the famous characters from the movies. Each grade level put in a tremendous amount of work and made the hallways look amazing. Freshmen won third place, Seniors won second place, and the Juniors won the competition.

The homecoming pep rally was a loud, hectic environment. The walls were filled with posters representing each grade. Some alumni were present for the homecoming pep rally. Homecoming court skits consisted of homecoming proposals and other clever ideas. Freshmen, sophomores, juniors and seniors were all hyped up for a fun-filled weekend. All these events lead up to a memorable Homecoming dance.