Spring 2016 After School Activities Program (ASAP)

Registration Begins Thursday March 3rd @ 8:00 pm

Online registration will open at 8:00 p.m. on Thursday March 3rd, 2016 and will close at 8:00 p.m. on Sunday March 13th, 2016. A first-come, first-serve registration process will be used for all ASAP sessions. Fully completed registration forms with payment must be submitted and received by end date. LATE REGISTRATIONS WILL NOT BE PROCESSED UNDER ANY CIRCUMSTANCE.

Beginning the week of March 3rd, please visit the Selden’s Landing website under the PTA ASAP tab for a full list of classes and descriptions.

http://seldenslanding.my-pta.org

Session Information:

• All classes are six-week sessions from 2:45pm – 3:45pm unless noted. Most classes will begin the week of, Monday April 18, 2016. Coding Class begins March 15th. Please mark your calendars with your class dates once enrollment confirmation has been received.

• Students must be picked up by a designated adult at the class location no later than 3:45 p.m. It is imperative that children be picked up promptly; failure to do so may lead to the student being removed from the ASAP Class.

Hard copies of the Spring Packet 2016 packet will be available at the SLES Front Office for your convenience.
## ASAP SPRING 2016 SCHEDULE OF CLASSES

<table>
<thead>
<tr>
<th>Day</th>
<th>Class Title</th>
<th>Grades</th>
<th># of Weeks</th>
<th>Maximum Enrollment</th>
<th>Instructor</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon</td>
<td>Creative Snacking*</td>
<td>1-5</td>
<td>6</td>
<td>30</td>
<td>Mrs. Brosnan, Mrs. Williams</td>
<td>$100</td>
</tr>
<tr>
<td>Mon</td>
<td>Advanced Lego Robotics</td>
<td>2-5</td>
<td>6</td>
<td>20</td>
<td>Mr. Eldridge</td>
<td>$110</td>
</tr>
<tr>
<td>Mon</td>
<td>Run with Us (Girls only)</td>
<td>2-5</td>
<td>6</td>
<td>30</td>
<td>Mrs. James Mrs. Franz</td>
<td>$100</td>
</tr>
<tr>
<td>Tue</td>
<td>Art Club Jr.</td>
<td>K-2</td>
<td>6</td>
<td>24</td>
<td>Mr. Loya</td>
<td>$90</td>
</tr>
<tr>
<td>Tue</td>
<td>Drama Kids</td>
<td>1-5</td>
<td>6</td>
<td>24</td>
<td>Drama Kids</td>
<td>$125</td>
</tr>
<tr>
<td>Tue</td>
<td>Studio Bleu Hip Hop</td>
<td>1-5</td>
<td>6</td>
<td>15</td>
<td>Studio Bleu</td>
<td>$90</td>
</tr>
<tr>
<td>Tue</td>
<td>Edible Engineering*</td>
<td>2-5</td>
<td>6</td>
<td>25</td>
<td>Mrs. James Mrs. Haskins</td>
<td>$90</td>
</tr>
<tr>
<td>Tue</td>
<td>BSAP Coding Club † (before school, starts Mar 15th)</td>
<td>2-3</td>
<td>6</td>
<td>30</td>
<td>Mrs. Springer-Post Mrs. Lewis</td>
<td>$90</td>
</tr>
<tr>
<td>Wed</td>
<td>Run with Us (Girls only)</td>
<td>2-5</td>
<td>6</td>
<td>30</td>
<td>Mrs. James Mrs. Franz</td>
<td>$100</td>
</tr>
<tr>
<td>Wed</td>
<td>Clay Club</td>
<td>2-5</td>
<td>6</td>
<td>24</td>
<td>Mr. Loya</td>
<td>$90</td>
</tr>
<tr>
<td>Wed</td>
<td>Shooting Stars Soccer</td>
<td>K-2</td>
<td>6</td>
<td>24</td>
<td>Overtime Athletics</td>
<td>$100</td>
</tr>
<tr>
<td>Wed</td>
<td>PE Games Overtime</td>
<td>1-5</td>
<td>6</td>
<td>30</td>
<td>Mr Willingham</td>
<td>$90</td>
</tr>
<tr>
<td>Wed</td>
<td>BSAP Coding Club † (before school, starts Mar 15th)</td>
<td>4-5</td>
<td>6</td>
<td>30</td>
<td>Mrs. Springer-Post Mrs. Lewis</td>
<td>$90</td>
</tr>
<tr>
<td>Thu</td>
<td>Group Music Fun!!!</td>
<td>2-5</td>
<td>6</td>
<td>25</td>
<td>Learn Now Music</td>
<td>$145</td>
</tr>
<tr>
<td>Thu</td>
<td>Minecraft Programming Jr.</td>
<td>1-3</td>
<td>6</td>
<td>12</td>
<td>C3 Cyber Club</td>
<td>$145</td>
</tr>
<tr>
<td>Thu</td>
<td>Minecraft Programming</td>
<td>4-5</td>
<td>6</td>
<td>12</td>
<td>C3 Cyber Club</td>
<td>$145</td>
</tr>
<tr>
<td>Thu</td>
<td>Shooting Stars Soccer</td>
<td>3-5</td>
<td>6</td>
<td>24</td>
<td>Overtime Athletics</td>
<td>$100</td>
</tr>
<tr>
<td>Fri</td>
<td>Creative Crafting*</td>
<td>2-5</td>
<td>6</td>
<td>20</td>
<td>Mrs. Brosnan</td>
<td>$90</td>
</tr>
<tr>
<td>Fri</td>
<td>Art Club Sr.</td>
<td>3-5</td>
<td>6</td>
<td>24</td>
<td>Mr. Loya</td>
<td>$90</td>
</tr>
</tbody>
</table>

* Additional fee will be collected for materials on the first day of class. See class description for details.

† BSAP (Before School Activity Program) Coding class is held before school at starting March 15th at 6:30 a.m. See class description for details

These classes are offered through the Seldens Landing Elementary PTA Fundraiser Program. Classes are offered after school hours at a time when health services are not available through the school. The school cannot provide health information to ASAP instructors. It is the responsibility of parents to notify instructors of any health or medical needs. Participants are expected to follow the LCPS Student Code of Conduct. We reserve the right to remove, for the remainder of the session, any student whose inappropriate behavior disrupts the program. If an ASAP class is cancelled, parents will be notified by 1:00 p.m. The school will follow the regular dismissal plan unless the parent notifies the school office of a change.

**CONTACT INFORMATION:** If you have any questions, please contact the ASAP Coordinators at seldensasap@aol.com. All registration materials can also be found at [http://seldenslanding.my-pta.org/content.asp?PageID=14](http://seldenslanding.my-pta.org/content.asp?PageID=14).
Girls In Technology, LOUDOUN

Leading the Way in

Science Technology Engineering Mathematics

Sharing Our Success
April 14, 2016  5pm – 7:45pm

Develop a clearer picture of the future of STEM education for Girls. Students are invited to be hands on with STEM and network with guest speakers and professionals during the Girls in Technology (GIT) Sharing Our Success event on April 14th at Telos 19886 Ashburn Road, Ashburn.

Fun demonstrations and exhibits are planned for girls in grades 3rd to 12th grade including robotic competitions, forensic sciences, 3D printing, and rocketry! Parents, Teachers, and Guidance Counselors welcome too!

More information and to register visit:
https://womenintechnology.wufoo.com/forms/girls-in-technology-sharing-our-successloudoun/

Questions Contact: staff@womenintechnology.org

Register early, space is limited.

*Sharing Our Success* is offered by Women in Technology’s (WIT’s) Girls in Technology (GIT) Committee and is sponsored by the WIT Foundation. This program is free for students.

Programs are made possible by professional women who donate their time, energy and passion as well as companies that provide the space and resources. Special thanks to WIT Education Foundation for funding this program and Telos Corporation for hosting this event.
In real life: Beyond screen time

Today's children—and parents—are spending more and more time in front of computers, tablets, smartphones, and TVs. And that means fewer opportunities to interact as a family. Try these steps for cutting back on screen time and increasing the amount of time you enjoy together.

1. Track habits
A little screen time here and there really adds up. For one week, have each person carry a small notebook to log usage. Every bit counts—your youngster might write "Music video on laptop, four minutes," and you could write "Facebook on phone, two minutes."

2. Set ground rules
Share your logs to see how you spent your screen time. Then, come up with rules to help you cut back, and ask your child to write them down. Her rules might include doing homework first, turning off screens an hour before bed, and not using devices in the car. A whole-family rule could be no screens during meals.

3. Brainstorm alternatives
Together, think of screen-free activities for home and on the go. Examples: Fly kites, play hangman on restaurant napkins, read aloud to each other from magazines in the doctor's office.
Tip: Post the list. Have your child refer to it regularly—and add ideas to it, too.

RE+ MANIA

Encourage your youngster to explore word parts and sounds by making his own rebuses, or puzzles that use pictures, symbols, and letters to represent words and phrases.
Take turns making rebuses for each other to figure out. For instance:

\[
\begin{align*}
\text{tree house} & : \text{tree} + \text{house} \\
\text{I love you} & : \text{I} + \text{love} + \text{you}
\end{align*}
\]
Suggest that your youngster say words aloud to get ideas. He will hear word parts that may help, such as arrow in wheelbarrow:

\[\text{arrow} = \text{a} + \text{rrow}\]
Mention that he can subtract letters, too! What does he think this one means?

Answer: unlock

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Q: Can a kangaroo jump higher than the Empire State Building?
A: Of course. The Empire State Building can't jump!
How to talk about report cards

Report cards are one way that teachers communicate with parents about how their youngsters are doing. Use these ideas to discuss grades with your child.

Start out positive. First, ask your youngster to tell you about his report card. Have him show you something he is proud of, such as maintaining a good grade in writing or bringing up his social studies mark. Then, point out something positive you noticed.

Focus on the future. If your child gets a low grade, or a grade that drops from last quarter, discuss ways he could improve. He may need to get help from his teacher, or he might have to put in more study time. Pay attention to effort grades, too. Maybe your youngster’s math grade stayed the same but his effort grade went up. He’ll appreciate hearing, “You’re really trying in math. Keep up the good work.”

Note: Avoid paying your child or giving him prizes for grades. Instead, help him focus on the built-in rewards of doing his best. (“Your reading grade improved—soon you’ll be able to read that new series you saw at the library!”)

Understanding state tests

Q: My daughter will be taking “performance-based” tests this month. What are these, and how can I help her prepare?

A: These tests ask students to perform tasks based on information they’re given. For instance, your daughter may have to read a graph, answer questions about it, and then create her own graph. Or she might need to read two nonfiction articles on the same topic and compare the facts in them.

The best way for your child to prepare is by working hard in school each day and by reading regularly for pleasure. If the teacher sends home a test review packet or a practice test, look it over together when your youngster has finished — this will give both of you an idea of what to expect.

Pin the magnet on the map

Where in the world is Iceland? How about South Africa? This version of Pin the Tail on the Donkey will help your youngster learn locations on a map.

Hang a world map on the refrigerator, and stand with your backs to it. One person names a continent or an ocean. Each player takes a turn closing her eyes, spinning around, and trying to place a refrigerator magnet on the correct location. Variation: Call out countries or states, and have players “pin” small sticky notes onto them.

Who came the closest? Let your child use a length of string or a ruler to measure the distance from each person’s magnet to the place. Older students could use the map’s scale to calculate how many miles away it is. The person who wins that round picks the next spot.

Parent volunteering: A first-time experience

I recently changed to the second shift at work, and the first thing my son Tony said was that now I could be a classroom volunteer like some of his friends’ parents. I figured it was too late in the year, but I sent a note to the teacher anyway. I was glad when he called and said he’d love to have my help.

It turns out that my ability to speak Spanish and my sewing skills have come in handy. First, I worked with a group of Spanish-speaking students who are learning English. Now I’m sewing costumes for the class play.

Mr. Brown told me that even if my hours at work change again, he has ways for me to lend a hand. Tony was happy to see me at school, and he and his classmates are excited about wearing the costumes in the play.
Academic Symposium
 Putting Educational Equity First

A Framework for Erasing the Opportunity Gap

Keynote Speaker
Paul Gorski, Founder EdChange & the Multicultural Pavilion, Associate Professor, Integrative Studies, George Mason University

Administration Building, 21000 Education Court, Ashburn, VA, Wednesday, March 16, 2016 6PM–9:30PM

Join in with parents, students, teachers, and administrators to learn about academic gaps and how best to close them.

www.facebook.com/loudounmsaac
Potty trained (no pull-ups or diapers) to age 11
We cannot take more than 60 children

This is a great opportunity to have a night out on the town or to just stay in! All this without their children. Some of Riverside’s Educators Rising Members will be providing an evening of fun and entertainment for the children. We will watch a movie, play games, and bake and decorate cupcakes.

Saturday, March 5th
5 p.m. to 9 p.m.
Riverside High School
Hosted by: Educator’s Rising

We ask that the children wear comfortable clothing and not be dressed in skirts or dresses. Absolutely no Heeley’s (or any type of roll-y shoes)!

1. Print and fill out the registration form from the Riverside website (see instructions below) and bring it when you drop off your child, along with $15. Checks should be made out to RVHS. With “parents night out” in the memo. Or…feel free to drop off the registration and fee with one of the secretaries at Riverside High School.
2. Send children with a bagged lunch (dinner). Snacks, water, and juice boxes will be provided.
3. Drop-off starts at 4:45 p.m. at the back of the school at door D3 – by the playground.
4. Pick up is between 9 p.m. and 9:30 p.m. There will be a $5 charge for every 5 minutes you are late after 9:30.

Please Print Clearly
Contact Person: Deborah Kelley 19019 Upper Belmont Place, Leesburg, VA 20176
#304-433-2354

Registration Forms can be found by going to Riverside’s home page (www.lcps.org/riverside) and click on the “For Parents” tab and choose Preschool Lab Program, locate the Parents Night Out option on the left side of the screen and click on it. Then open the link to the registration form, print it out.