**Loudoun County Public Schools Resources**

**School Counselors:** 571-252-1017  
http://www.lcps.org/page/1871

- Deliver the school counseling core curriculum that proactively enhances awareness of mental health; promotes positive, healthy behaviors; and seeks to remove the stigma associated with mental health issues
- Provide responsive services including internal and external referral procedures, short-term counseling or crisis intervention focused on mental health or situational (e.g., grief, difficult transitions) concerns with the intent of helping the student return to the classroom and removing barriers to learning
- Provide students with individual planning addressing their academic, career, and social/emotional (including mental health) needs
- Co-facilitate Positive Experiences in Educational Relationships (PEER)

**School Social Workers:** 571-252-1014  
http://www.lcps.org/page/2064

- Conduct mental health presentations to students, staff, and parents
- Provide link to community resources
- Serve as case manager for McKinney-Vento and foster care-placed students
- Provide special education individual and group support
- Provide individual and group support for other needs (anxiety, social skills, peer relationships, stress)
- Conduct sociocultural assessments
- Co-facilitate Positive Experiences in Educational Relationships (PEER)

**Parent Resource Center:** 571-252-2185  
http://www.lcps.org/page/76179

The Parent Resource Center provides parents with resources and support as they work with schools to meet their child’s learning needs. These needs include academic, social, emotional, developmental, and functional skills. The Center is available to all parents of students in pre-school through post-graduate programs.

**Loudoun County Public Schools Resources**

**School Psychologists:** 571-252-1013  
http://www.lcps.org/page/1836

- Conduct Depression Awareness and Suicide Prevention presentations for all ninth graders and targeted booster sessions
- Provide group counseling to special education students and individual or group counseling to emotionally at-risk regular education students
- Provide consultation with students, parents, teachers, and staff regarding mental health issues in youth
- Lead Functional Behavioral Assessments (FBA) for regular education students with persistent behavioral difficulties
- Conduct suicide screenings for students expressing suicidal ideation and assist in connecting them with appropriate community mental health providers
- Conduct psychological evaluations on students suspected of having an emotional or other disability

**Student Assistance Specialists:** 571-252-1014  
http://www.lcps.org/page/2064

- Present substance abuse and mental health presentations to students, staff, and parents
- Provide tobacco education
- Conduct alcohol and drug assessments and referrals
- Deliver individual and group support related to substance use concerns
- Facilitate three-day Insight class for students who violate the drug/alcohol policy or who voluntarily participate in the early intervention class
- Provide individual and group support to students attending the 30-Day Substance Abuse Education Program at Douglass School

**School Nurses:** 571-252-1017  
http://www.lcps.org/2019

- Communicate with parents and refer students to Student Counseling when mental health concerns are raised or suspected
- Develop Individualized Health Care Plans as appropriate
- Provide resources for social/emotional counseling
- Monitor students for medication side effects and communicate with parents when side effects are noted

**Loudoun County Department of Mental Health, Substance Abuse & Developmental Services (MHSADS) Community Services Board**

**School-based Services:**

**Student Referral for Assessment:**

- Students can receive up to three sessions with a clinician from Loudoun County Mental Health (MHSADS).
- To make a referral, parents need to contact the school counselor, social worker, psychologist, or student assistance specialist.
- Once the referral is made, a mental health clinician will provide a free assessment for students and families and provide recommendations.

**Prevention and Intervention:**

School and community-based programs and services to high risk youth ages 6-18: after school programs, support groups, summer camps, and ESL classes

**Substance Abuse and Mental Health Outpatient Services:**

- Substance abuse assessment and referral
- Screening and referral for detoxification and residential treatment
- Services for individuals with co-occurring mental health and substance use disorders
- Individual, group, and family therapy
- Relapse prevention
- Drug testing
- Case management
- Substance Abuse Education
- Intensive Community Treatment: Intensive mental health and substance abuse treatment. For these services, students must meet criteria of Youth at Risk or Seriously Emotionally Disabled.

**Loudoun County Crisis Intervention Team (CIT):**

You might need Emergency Services if you or someone you care about is:

- Struggling with a crisis and is not caring for basic needs
- Acting in a way that puts him/herself or others at risk of harm
- Expressing thoughts of suicide or of hurting other people
- Abusing alcohol and/or substances

**Loudoun County Developmental Services (MHSADS):**

- Provides comprehensive services to individuals with developmental disabilities. Provides services to people with intellectual disabilities, autism spectrum disorders, and other developmental needs.
- Individuals can receive services in a variety of settings, including the Community Services Board
- Services include supported employment, independent living skills, and family support services.

**Community Services Board (CSB):**

- Provides services to individuals with mental health or substance use disorders.
- Services include case management, peer support, and individual and group therapy.
- Individuals can receive services in a variety of settings, including community-based programs and residential treatment facilities.

**Prevention and Intervention:**

School and community-based programs and services to high risk youth ages 6-18: after school programs, support groups, summer camps, and ESL classes

**Outpatient Services:**

- Substance abuse assessment and referral
- Screening and referral for detoxification and residential treatment
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Contact Information

Loudoun MHSADS:

Student Referral for Assessment:
703-771-5177

Substance Abuse Outpatient and MHSADS Outreach:
703-771-5734 Direct
703-771-5155: Access Monday-Friday:
9:00 a.m.-5:00 p.m.

Loudoun County Crisis Intervention Team (CIT)
703-777-0320: 24 hours/7 days
Walk-In Assistance: Daily: 7:00 a.m.-11:00 p.m.

Community Partners:

Child Protective Services:
703-771-KIDS(5437)

PRS CrisisLink (24 hours/7 days):
703-527-4077: Phone
703-940-0888: Text

National Suicide Prevention Lifeline:
(800)273-TALK(8255)

Youth Crisis Hotline:
(800)HIT HOME(448-4663)

Children’s Regional Crisis Response:
844-627-4747

Alcoholics Anonymous - NOVA:
703-876-6166 or (800)208-8649

Narcotics Anonymous - Dulles Corridor:
(800)543-4670

Family Connections:
571-258-3071

HealthWorks for Northern Virginia:
703-443-2000 extension 4730, Leesburg
703-481-8161, Herndon

Department of Pupil Services
571-252-1200
http://www.lcps.org/page/877