

Characteristics of a Visual Learner:



- Reader/observer
- Scans everything; wants to see things, enjoys visual stimulation
- Enjoys maps, pictures, diagrams, and color
- Needs to see the teacher's body language/facial expression to fully understand
- Not pleased with lectures
- Daydreams; a word, sound or smell causes recall and mental wandering
- Usually takes detailed notes
- May think in pictures and learn best from visual displays

Make your Learning Style work for you!

Visual Learners:

- Have a clear view of your teachers when they are speaking so you can see their body language and facial expression
- Use color to highlight important points in text
- Illustrate your ideas as a picture and use mind maps
- Use multi-media such as computers or videos.
- Study in a quiet place away from verbal disturbances
- Visualize information as a picture to aid learning
- Make charts, graphs and tables in your notes.
- Participate actively in class—this will keep you involved and alert
- When memorizing material, write it over and over
- Keep pencil and paper handy so you can write down good ideas.



Characteristics of an Auditory Learner:

- Interpret the underlying meanings of speech through listening to tone of voice, pitch, speed and other nuances
- Prefers directions given orally
- Seldom takes notes or writes things down
- Prefers lectures to reading assignments
- Often repeats what has just been said; talks to self

Make your Learning Style work for you!

Auditory Learners:

- Think aloud and talk to yourself
- Participate in class discussions/debates
- Make speeches and presentations
- Read text out loud—especially when proofreading or when tired
- Create musical jingles and mnemonics to aid memorization
- Use a tape recorder
- Discuss your ideas verbally with a friend or small group
- Use verbal analogies
- When doing math computations by hand, use graph paper to help you keep your columns aligned
- Recite information over and over to better memorize material
- You may want to sit near the side or back of the classroom where there is less visual stimulation

Characteristics of a Tactile/Kinesthetic Learner:

- The "Do-er"
- Needs to touch, handle, manipulate materials and objects, especially while studying or listening
- Counts on fingers and talks with hands
- Good at drawing designs
- Often doodles while listening, thus processing information
- Good at sports, mechanics, using appliances and tools
- Often adventurous
- May find it hard to sit still for long periods
- May become distracted by their need for activity and exploration

Make your Learning Style work for you!

Tactile/Kinesthetic Learners:

- Take frequent study breaks and vary your activities
- Make studying more physical—work at a standing desk, chew gum, pace while memorizing, read while on an exercise bike, mold a piece of clay, squeeze a tennis ball
- Use bright colors to highlight reading material
- Dress up your work space with posters and color
- Play music in the background while you study
- When reading, first skim through the whole thing to get a feel for what it's about, then read the chapter carefully
- Use spatial note taking techniques such as mind mapping
- Visualize complex projects from start to finish before beginning—this will allow you to keep the big picture in mind