### Heritage High School Distance Learning Schedule

<table>
<thead>
<tr>
<th>Monday</th>
<th>9:15 - 12:15</th>
<th>12:45 - 3:45</th>
</tr>
</thead>
<tbody>
<tr>
<td>SH; Organize and Plan</td>
<td>CTE</td>
<td></td>
</tr>
<tr>
<td>Tuesday</td>
<td>English</td>
<td>HPE</td>
</tr>
<tr>
<td>Wednesday</td>
<td>Math</td>
<td>Resource &amp; Fine Arts</td>
</tr>
<tr>
<td>Thursday</td>
<td>Science</td>
<td>World Languages</td>
</tr>
<tr>
<td>Friday</td>
<td>Social Science</td>
<td>Fac. &amp; Dept. Meetings</td>
</tr>
</tbody>
</table>

The schedule is to help benefit our students, families, and teachers to give some structure to the week, while still allowing for some flexibility to account for the realities of the present situation.

*Please note the following:*

- Students could engage in the asynchronous activities for each class at any day or time, but they could also use this schedule to help plan their week (i.e. dedicate the specific time to the subject. (Example: On Thursday, complete work for Social Science and World Language Class)

- We may have to adjust/change depending on feedback/conflicts.

### Heritage Teachers will...

- Plan and post weekly learning plan in Google Classroom each Monday using Hyperdoc format.*
- Plan any synchronous learning activities during time designated for each discipline.*
- Establish Office Hours/Communicate with parents/students*
- Send one Class-wide email per week with pertinent information to help plan for the week.
### What is My Role in Distance Learning? From the [LCPS Continuity of Education Plan](#)

| **Teachers** | • Plan synchronous and asynchronous learning for students aligned to school and division guidelines  
• Schedule check in for student support  
• Collaborate with school administration to connect with families not engaging in distance learning  
• Collaborate with other teachers and colleagues to provide appropriate accommodations and support to all students  
• Respond to communication from school and families on a consistent basis  
• Participate in school level meetings and division professional learning as available |
| **Students** | • Establish daily routines for learning  
• Identify a space in your home where you can learn comfortably  
• Check your Google Classroom and LCPS email daily  
• Participate in synchronous learning opportunities  
• Be a good digital citizen  
• Communicate with your family, teacher and/or school counselor if you feel you need additional resources or are feeling overwhelmed |
| **Parents/Families** | • Help your child establish routines  
• Identify a space in your home where your child can learn comfortably  
• Encourage physical activity and exercise  
• Support your child’s digital citizenship  
• Communicate with your child’s teacher, school counselor or administrator if you feel your child needs additional resources or is feeling overwhelmed |